

| Pl | Name | Zeit | | | | | | | | | | | | | | |
|----------------------------|---|--------------|-----------------------------|------------------------------|------------------------------|-------------------------------------|--|--|--|-------------------------------------|--|--|--|--|-------------------------------------|--|
| OL Lang Herren (47) | | | | | | | | | | | | | | | | |
| | | | 3.0 km | 70 Hm | 27 P | 6(45) | 7(46) | 8(47) | 9(61) | 10(48) | 11(50) | 12(59) | 13(57) | 14(53) | | |
| | | | 1(35) | 2(38) | 3(39) | 4(41) | 5(42) | 6(45) | 7(46) | 8(47) | 9(61) | 10(48) | 11(50) | 12(59) | 13(57) | 14(53) |
| | | | 15(55) | 16(83) | 17(78) | 18(79) | 19(80) | 20(68) | 21(65) | 22(81) | 23(82) | 24(71) | 25(77) | 26(73) | 27(75) | Ziel |
| 1 | Andreas Kyburz OLK Fricktal | 17:12 | 0:47 0:47 7:55 | 1:10 0:23 9:16 | 2:02 0:52 10:01 | 2:21 0:19 10:52 | 2:50 0:29 11:29 | 3:25 0:35 12:05 | 3:38 0:13 12:43 | 4:09 0:31 13:15 | 4:29 0:20 14:42 | 4:45 0:16 15:02 | 5:32 0:47 16:25 | 6:14 0:42 16:46 | 7:04 0:50 17:03 | 7:14 0:10 17:12 |
| 2 | Renato Winteler OLG Welsikon | 19:01 | 0:46 0:46 8:37 | 1:09 0:23 10:00 | 2:08 0:59 10:45 | 2:29 0:21 11:44 | 3:09 0:40 12:27 | 3:45 0:36 13:07 | 4:03 0:18 13:45 | 4:33 0:30 14:27 | 4:53 0:20 16:06 | 5:11 0:18 16:28 | 6:13 1:02 18:07 | 6:55 0:42 18:32 | 7:40 0:45 18:51 | 7:51 0:11 19:01 |
| 2 | Jonas Brüttsch OLG Schaffhausen | 19:01 | 0:46 0:45 8:37 | 1:09 0:21 9:55 | 2:08 0:51 10:39 | 2:29 0:21 11:33 | 3:09 0:36 12:17 | 3:45 0:37 12:59 | 4:03 0:14 14:06 | 4:33 0:31 14:41 | 4:53 0:20 16:18 | 5:11 0:18 16:40 | 6:13 0:48 18:10 | 6:55 0:50 18:33 | 7:40 0:59 18:51 | 7:51 0:12 19:01 |
| 4 | Lukas Lombriser OLG Basel | 19:25 | 0:49 0:49 9:12 | 1:14 0:25 10:32 | 2:16 1:02 11:17 | 2:39 0:23 12:19 | 3:24 0:45 13:03 | 4:00 0:36 13:43 | 4:16 0:16 14:22 | 4:52 0:36 14:53 | 5:14 0:22 16:43 | 5:31 0:17 17:05 | 6:19 0:48 18:36 | 7:23 1:04 18:58 | 8:13 0:50 19:15 | 8:25 0:12 19:25 |
| 5 | Corsin Spinatsch thurgorienta | 19:30 | 0:47 0:44 8:44 | 1:20 1:05 10:12 | 0:45 2:03 11:02 | 1:02 2:26 12:09 | 0:44 3:05 12:54 | 0:40 3:43 13:38 | 0:39 3:59 14:19 | 0:31 4:26 14:54 | 1:50 4:49 16:36 | 0:22 5:07 16:58 | 1:31 5:59 18:36 | 0:22 6:48 19:02 | 0:22 7:41 19:20 | 0:17 7:53 19:30 |
| 6 | Valentin Fritschi OLG Welsikon/OLC | 20:09 | 0:51 1:13 9:32 | 1:28 1:38 10:59 | 0:50 2:40 11:48 | 1:07 3:03 12:47 | 0:45 3:35 13:33 | 0:44 4:15 14:12 | 0:41 4:30 14:59 | 0:35 5:08 15:33 | 1:42 5:33 17:22 | 0:22 5:50 17:44 | 1:38 6:43 19:14 | 0:26 7:37 19:39 | 0:18 8:25 19:58 | 0:10 8:36 20:09 |
| 7 | Marcel Tschopp OLG Dachsen | 20:48 | 0:50 0:50 9:27 | 1:18 0:28 11:15 | 2:19 1:01 12:01 | 2:41 0:22 13:01 | 3:22 0:41 13:44 | 4:01 0:39 14:25 | 4:23 0:22 15:10 | 4:50 0:27 15:50 | 5:13 0:23 17:54 | 5:32 0:19 18:16 | 6:23 0:51 19:54 | 7:14 0:51 20:18 | 8:12 0:51 20:36 | 8:28 0:16 20:48 |
| 8 | Andrin Knöpfli OLG Welsikon | 21:41 | 0:59 0:49 10:12 | 1:48 1:13 11:55 | 0:46 2:17 12:53 | 1:00 2:42 13:58 | 0:43 3:16 14:46 | 0:41 4:01 15:29 | 0:45 4:16 16:16 | 0:40 4:50 16:55 | 2:04 5:14 18:46 | 0:22 5:33 19:09 | 1:38 6:27 20:49 | 0:24 8:12 21:12 | 0:18 8:55 21:32 | 0:12 9:13 21:41 |
| 8 | Philip Bruggmann OL Amriswil | 21:41 | 0:51 0:51 10:30 | 1:16 0:25 12:31 | 2:17 1:01 13:19 | 2:40 0:23 14:19 | 3:12 0:32 15:04 | 3:56 0:44 15:50 | 4:14 0:18 16:33 | 4:44 0:30 17:00 | 5:08 0:24 18:49 | 5:26 0:18 19:12 | 6:18 0:52 20:49 | 8:21 2:03 21:12 | 9:26 1:05 21:31 | 9:39 0:13 21:41 |
| 10 | Rolf Reubi thurgorienta | 22:14 | 0:51 1:06 10:26 | 2:01 1:31 12:03 | 0:48 2:34 12:55 | 1:00 2:57 13:56 | 0:45 3:35 14:42 | 0:46 4:17 15:49 | 0:43 4:39 16:39 | 0:27 5:11 17:07 | 1:49 5:34 19:07 | 0:23 5:54 19:32 | 1:37 6:48 21:12 | 0:23 7:55 21:40 | 0:19 8:58 22:02 | 0:10 9:19 22:14 |
| 11 | Livio Matteo Müller thurgorienta | 22:22 | 1:07 0:47 9:39 | 1:37 1:18 12:06 | 0:52 2:15 12:57 | 1:01 2:40 14:07 | 0:46 3:18 14:57 | 1:07 3:55 15:41 | 0:50 4:13 16:39 | 0:28 4:47 17:16 | 2:00 5:12 19:20 | 0:25 5:33 19:52 | 1:40 6:28 21:29 | 0:28 7:18 21:53 | 0:22 8:17 22:12 | 0:12 8:31 22:22 |
| 12 | Simon Seger-Bertsc OL Regio Wil / thur | 22:32 | 1:02 1:02 10:33 | 1:38 0:36 12:12 | 2:45 1:07 13:03 | 3:08 0:23 14:13 | 3:44 0:36 15:05 | 4:30 0:46 15:56 | 4:49 0:19 16:44 | 5:23 0:34 17:23 | 5:49 0:26 19:29 | 6:11 0:22 19:53 | 7:11 1:00 21:37 | 8:15 1:04 22:01 | 9:14 0:59 22:21 | 9:27 0:13 22:32 |
| 13 | Thomas Müller OL Amriswil | 22:37 | 1:06 0:50 10:49 | 1:39 1:33 12:15 | 0:51 2:35 13:10 | 1:10 2:59 14:20 | 0:52 3:41 15:06 | 0:51 4:24 16:00 | 0:48 4:48 16:54 | 0:39 5:23 17:32 | 2:06 5:46 19:32 | 0:24 6:05 19:57 | 1:44 7:08 21:38 | 0:24 8:38 22:05 | 0:20 9:39 22:26 | 0:11 9:55 22:37 |
| 14 | Thomas Rusch OL Regio Wil | 22:41 | 0:54 1:06 10:36 | 1:26 0:28 12:40 | 0:55 1:04 13:28 | 1:10 0:22 14:29 | 0:46 0:40 15:40 | 0:54 0:40 16:29 | 0:54 0:18 17:16 | 0:38 0:36 17:48 | 2:00 0:24 19:44 | 0:25 0:17 20:07 | 1:41 0:53 21:46 | 0:27 1:32 22:11 | 0:21 1:06 22:30 | 0:11 0:15 22:41 |
| 15 | Severin Moser - | 23:43 | 0:53 0:53 11:27 | 2:09 1:16 12:54 | 3:10 1:01 13:50 | 3:33 0:23 15:00 | 4:17 0:44 15:52 | 5:03 0:46 17:20 | 5:27 0:24 18:02 | 6:06 0:39 18:31 | 6:32 0:26 20:49 | 6:49 0:17 21:15 | 7:44 0:55 22:47 | 8:54 1:10 23:12 | 9:51 0:57 23:31 | 10:08 0:17 23:43 |
| 16 | Andreas Herzog OLG Schaffhausen | 24:14 | 0:48 0:48 10:23 | 1:12 0:24 12:18 | 2:19 1:07 13:17 | 2:47 0:28 14:40 | 3:32 0:45 15:33 | 4:16 0:44 16:29 | 4:39 0:23 17:24 | 5:10 0:31 18:18 | 5:37 0:27 20:28 | 5:59 0:22 20:57 | 7:01 1:02 23:09 | 8:04 1:03 23:39 | 9:04 1:00 24:02 | 9:20 0:16 24:14 |
| 17 | Elias Ammann OL Regio Wil | 24:22 | 1:03 1:02 10:46 | 1:55 0:29 13:02 | 0:59 1:14 14:07 | 1:23 0:26 15:20 | 0:53 0:43 16:15 | 0:56 0:47 17:08 | 0:55 0:19 18:03 | 0:54 0:40 18:52 | 2:10 0:27 21:05 | 0:29 0:22 21:32 | 2:12 1:05 23:23 | 0:30 0:56 23:51 | 0:23 0:58 24:12 | 0:12 0:19 24:22 |
| 18 | Patrick Strasser OLG Schaffhausen | 25:01 | 0:59 1:06 11:35 | 2:16 0:31 13:21 | 1:05 1:11 14:14 | 1:13 0:28 15:24 | 0:55 0:45 16:15 | 0:53 0:43 17:10 | 0:55 0:20 18:03 | 0:49 0:46 18:48 | 2:13 0:26 21:20 | 0:27 0:21 21:50 | 1:51 0:26 23:53 | 0:28 1:01 24:24 | 0:21 1:17 24:48 | 0:10 0:17 25:01 |

| Pl | Name | Zeit | | | | | | | | | | | | | | | |
|----------------------------|--|--------------|---------------------|--------|--------|--------|--------|-------------|--------|--------|-----------------|--------|--------|--------|--------|--------|------|
| OL Lang Herren (47) | | | 3.0 km 70 Hm | | | | | 27 P | | | (Forts.) | | | | | | |
| | | | 1(35) | 2(38) | 3(39) | 4(41) | 5(42) | 6(45) | 7(46) | 8(47) | 9(61) | 10(48) | 11(50) | 12(59) | 13(57) | 14(53) | |
| | | | 15(55) | 16(83) | 17(78) | 18(79) | 19(80) | 20(68) | 21(65) | 22(81) | 23(82) | 24(71) | 25(77) | 26(73) | 27(75) | Ziel | |
| 19 | Peter Grollmann OL Regio Wil | 25:17 | 1:08 | 1:40 | 2:48 | 3:11 | 3:50 | 4:41 | 4:57 | 5:37 | 6:10 | 6:30 | 7:34 | 8:36 | 9:46 | 10:01 | |
| | | | 1:08 | 0:32 | 1:08 | 0:23 | 0:39 | 0:51 | 0:16 | 0:40 | 0:33 | 0:20 | 1:04 | 1:02 | 1:10 | 0:15 | |
| | | | 11:05 | 13:37 | 14:36 | 15:49 | 16:41 | 17:41 | 18:29 | 19:11 | 21:51 | 22:20 | 24:13 | 24:43 | 25:06 | 25:17 | 0:11 |
| | | | 1:04 | 2:32 | 0:59 | 1:13 | 0:52 | 1:00 | 0:48 | 0:42 | 2:40 | 0:29 | 1:53 | 0:30 | 0:23 | 0:23 | 0:11 |
| | | | | 21:22 | | | | | | | | | | | | | |
| 20 | Urs Wegmüller thurgorienta | 26:18 | 1:03 | 1:35 | 2:55 | 3:24 | 4:13 | 5:02 | 5:25 | 6:12 | 6:44 | 7:08 | 8:14 | 9:20 | 10:36 | 10:52 | |
| | | | 1:03 | 0:32 | 1:20 | 0:29 | 0:49 | 0:49 | 0:23 | 0:47 | 0:32 | 0:24 | 1:06 | 1:06 | 1:16 | 0:16 | |
| | | | 11:58 | 13:47 | 14:50 | 16:08 | 17:14 | 18:28 | 19:21 | 19:58 | 22:39 | 23:07 | 25:10 | 25:41 | 26:04 | 26:18 | 0:14 |
| | | | 1:06 | 1:49 | 1:03 | 1:18 | 1:06 | 1:14 | 0:53 | 0:37 | 2:41 | 0:28 | 2:03 | 0:31 | 0:23 | 0:14 | |
| | | | | | | | | | | | | | | | | | |
| 21 | Emanuel Hörnlman OL Regio Wil | 26:21 | 1:00 | 1:44 | 2:54 | 3:20 | 4:05 | 4:51 | 5:16 | 6:02 | 6:30 | 6:53 | 7:59 | 9:27 | 10:46 | 11:01 | |
| | | | 1:00 | 0:44 | 1:10 | 0:26 | 0:45 | 0:46 | 0:25 | 0:46 | 0:28 | 0:23 | 1:06 | 1:28 | 1:19 | 0:15 | |
| | | | 12:11 | 14:10 | 15:09 | 16:36 | 17:40 | 18:36 | 19:34 | 20:28 | 22:49 | 23:20 | 25:19 | 25:48 | 26:10 | 26:21 | 0:11 |
| | | | 1:10 | 1:59 | 0:59 | 1:27 | 1:04 | 0:56 | 0:58 | 0:54 | 2:21 | 0:31 | 1:59 | 0:29 | 0:22 | 0:11 | |
| | | | | | | | | | | | | | | | | | |
| 22 | Peter Frischknecht OLK Rafzerfeld | 26:43 | 0:58 | 1:33 | 2:44 | 3:09 | 3:55 | 4:43 | 5:18 | 5:59 | 6:25 | 6:47 | 7:49 | 9:17 | 11:26 | 11:41 | |
| | | | 0:58 | 0:35 | 1:11 | 0:25 | 0:46 | 0:48 | 0:35 | 0:41 | 0:26 | 0:22 | 1:02 | 1:28 | 2:09 | 0:15 | |
| | | | 12:41 | 14:22 | 15:16 | 16:29 | 17:29 | 18:26 | 19:40 | 20:25 | 23:24 | 23:51 | 25:41 | 26:08 | 26:31 | 26:43 | 0:15 |
| | | | 1:00 | 1:41 | 0:54 | 1:13 | 1:00 | 0:57 | 1:14 | 0:45 | 2:59 | 0:27 | 1:50 | 0:27 | 0:23 | 0:12 | |
| | | | | | | | | | | | | | | | | | |
| 23 | Michael Lüchinger OLC Winterthur | 27:13 | 1:18 | 1:59 | 3:13 | 3:45 | 4:36 | 5:26 | 5:54 | 6:29 | 6:58 | 7:21 | 8:42 | 10:19 | 11:47 | 12:06 | |
| | | | 1:18 | 0:41 | 1:14 | 0:32 | 0:51 | 0:50 | 0:28 | 0:35 | 0:29 | 0:23 | 1:21 | 1:37 | 1:28 | 0:19 | |
| | | | 13:18 | 15:14 | 16:20 | 17:40 | 18:38 | 19:33 | 20:33 | 21:39 | 23:54 | 24:21 | 26:11 | 26:38 | 27:01 | 27:13 | 0:12 |
| | | | 1:12 | 1:56 | 1:06 | 1:20 | 0:58 | 0:55 | 1:00 | 1:06 | 2:15 | 0:27 | 1:50 | 0:27 | 0:23 | 0:12 | |
| | | | | | | | | | | | | | | | | | |
| 24 | Christian Gysin thurgorienta | 27:19 | 0:58 | 3:39 | 5:03 | 5:32 | 6:18 | 7:07 | 7:31 | 8:11 | 8:51 | 9:13 | 10:13 | 11:18 | 12:24 | 12:38 | |
| | | | 0:58 | 2:41 | 1:24 | 0:29 | 0:46 | 0:49 | 0:24 | 0:40 | 0:40 | 0:22 | 1:00 | 1:05 | 1:06 | 0:14 | |
| | | | 13:57 | 15:39 | 16:39 | 17:55 | 18:48 | 19:42 | 20:39 | 21:25 | 24:03 | 24:29 | 26:19 | 26:46 | 27:07 | 27:19 | 0:12 |
| | | | 1:19 | 1:42 | 1:00 | 1:16 | 0:53 | 0:54 | 0:57 | 0:46 | 2:38 | 0:26 | 1:50 | 0:27 | 0:21 | 0:12 | |
| | | | | 2:56 | | | | | | | | | | | | | |
| 25 | Werner Jäckle thurgorienta | 28:06 | 1:06 | 1:35 | 2:52 | 3:20 | 4:01 | 4:57 | 5:29 | 6:15 | 6:45 | 7:07 | 8:16 | 9:34 | 10:42 | 11:10 | |
| | | | 1:06 | 0:29 | 1:17 | 0:28 | 0:41 | 0:56 | 0:32 | 0:46 | 0:30 | 0:22 | 1:09 | 1:18 | 1:08 | 0:28 | |
| | | | 12:26 | 14:19 | 15:22 | 16:50 | 18:49 | 19:53 | 21:11 | 22:00 | 24:25 | 24:54 | 27:01 | 27:30 | 27:55 | 28:06 | 0:11 |
| | | | 1:16 | 1:53 | 1:03 | 1:28 | 1:59 | 1:04 | 1:18 | 0:49 | 2:25 | 0:29 | 2:07 | 0:29 | 0:25 | 0:11 | |
| | | | | | | | | | | | | | | | | | |
| 26 | Didier Grieb OLG St. Gallen/App. | 28:16 | 1:15 | 2:17 | 3:39 | 4:10 | 5:00 | 6:16 | 6:45 | 7:32 | 8:02 | 8:28 | 9:40 | 11:18 | 12:38 | 12:57 | |
| | | | 1:15 | 1:02 | 1:22 | 0:31 | 0:50 | 1:16 | 0:29 | 0:47 | 0:30 | 0:26 | 1:12 | 1:38 | 1:20 | 0:19 | |
| | | | 14:14 | 16:23 | 17:47 | 19:11 | 20:55 | 21:51 | 22:32 | 23:01 | 25:12 | 25:37 | 27:19 | 27:45 | 28:06 | 28:16 | 0:10 |
| | | | 1:17 | 2:09 | 1:24 | 1:24 | 1:44 | 0:56 | 0:41 | 0:29 | 2:11 | 0:25 | 1:42 | 0:26 | 0:21 | 0:10 | |
| | | | | | | | | | | | | | | | | | |
| 27 | Jack Ott OL Regio Wil | 28:35 | 1:11 | 1:56 | 3:20 | 3:49 | 4:39 | 5:31 | 5:55 | 6:33 | 7:01 | 7:24 | 8:30 | 11:21 | 12:39 | 12:59 | |
| | | | 1:11 | 0:45 | 1:24 | 0:29 | 0:50 | 0:52 | 0:24 | 0:38 | 0:28 | 0:23 | 1:06 | 2:51 | 1:18 | 0:20 | |
| | | | 14:08 | 16:56 | 17:58 | 19:08 | 20:10 | 21:13 | 22:22 | 22:58 | 25:10 | 25:39 | 27:30 | 27:59 | 28:22 | 28:35 | 0:13 |
| | | | 1:09 | 2:48 | 1:02 | 1:10 | 1:02 | 1:03 | 1:09 | 0:36 | 2:12 | 0:29 | 1:51 | 0:29 | 0:23 | 0:13 | |
| | | | | | | | | | | | | | | | | | |
| 28 | Martin Stamm OLG St. Gallen/App. | 28:47 | 1:12 | 1:48 | 3:08 | 3:39 | 4:34 | 5:28 | 5:57 | 6:37 | 7:10 | 7:35 | 8:45 | 10:15 | 11:29 | 11:43 | |
| | | | 1:12 | 0:36 | 1:20 | 0:31 | 0:55 | 0:54 | 0:29 | 0:40 | 0:33 | 0:25 | 1:10 | 1:30 | 1:14 | 0:14 | |
| | | | 12:53 | 15:07 | 16:14 | 17:43 | 18:49 | 19:50 | 20:50 | 21:36 | 24:26 | 24:59 | 27:29 | 28:02 | 28:30 | 28:47 | 0:17 |
| | | | 1:10 | 2:14 | 1:07 | 1:29 | 1:06 | 1:01 | 1:00 | 0:46 | 2:50 | 0:33 | 2:30 | 0:33 | 0:28 | 0:17 | |
| | | | | | | | | | | | | | | | | | |
| 29 | Peter Grau OLG Zürich | 29:22 | 1:12 | 1:55 | 3:23 | 3:55 | 4:57 | 5:51 | 6:21 | 7:19 | 7:51 | 8:17 | 9:28 | 10:43 | 12:21 | 12:35 | |
| | | | 1:12 | 0:43 | 1:28 | 0:32 | 1:02 | 0:54 | 0:30 | 0:58 | 0:32 | 0:26 | 1:11 | 1:15 | 1:38 | 0:14 | |
| | | | 13:58 | 15:55 | 17:04 | 18:31 | 19:30 | 20:42 | 21:50 | 22:59 | 25:39 | 26:10 | 28:13 | 28:43 | 29:09 | 29:22 | 0:13 |
| | | | 1:23 | 1:57 | 1:09 | 1:27 | 0:59 | 1:12 | 1:08 | 1:09 | 2:40 | 0:31 | 2:03 | 0:30 | 0:26 | 0:13 | |
| | | | | | | | | | | | | | | | | | |
| 30 | Heinz Ammann OL Regio Wil | 29:28 | 1:19 | 1:48 | 3:11 | 3:39 | 4:30 | 5:24 | 5:52 | 6:50 | 7:25 | 7:47 | 9:10 | 10:33 | 11:49 | 12:09 | |
| | | | 1:19 | 0:29 | 1:23 | 0:28 | 0:51 | 0:54 | 0:28 | 0:58 | 0:35 | 0:22 | 1:23 | 1:23 | 1:16 | 0:20 | |
| | | | 13:11 | 15:30 | 16:35 | 17:58 | 18:50 | 20:18 | 22:28 | 23:16 | 25:40 | 26:13 | 28:19 | 28:50 | 29:15 | 29:28 | 0:13 |
| | | | 1:02 | 2:19 | 1:05 | 1:23 | 0:52 | 1:28 | 2:10 | 0:48 | 2:24 | 0:33 | 2:06 | 0:31 | 0:25 | 0:13 | |
| | | | | | | | | | | | | | | | | | |
| 31 | Matthias Wolfensbe - | 29:40 | 1:38 | 2:27 | 3:42 | 4:20 | 5:14 | 6:10 | 6:44 | 7:31 | 8:01 | 8:30 | 9:39 | 11:37 | 12:57 | 13:16 | |
| | | | 1:38 | 0:49 | 1:15 | 0:38 | 0:54 | 0:56 | 0:34 | 0:47 | 0:30 | 0:29 | 1:09 | 1:58 | 1:20 | 0:19 | |
| | | | 14:35 | 17:14 | 18:26 | 19:54 | 21:06 | 22:07 | 23:26 | 24:02 | 26:33 | 27:03 | 28:46 | 29:10 | 29:29 | 29:40 | 0:11 |
| | | | 1:19 | 2:39 | 1:12 | 1:28 | 1:12 | 1:01 | 1:19 | 0:36 | 2:31 | 0:30 | 1:43 | 0:24 | 0:19 | 0:11 | |
| | | | | | | | | | | | | | | | | | |
| 32 | Lorenz Fritschi OLG Welsikon | 29:48 | 1:14 | 1:53 | 3:09 | 3:44 | 4:27 | 5:24 | 5:45 | 6:30 | 7:03 | 7:28 | 8:36 | 9:43 | 10:56 | 11:12 | |
| | | | 1:14 | 0:39 | 1:16 | 0:35 | 0:43 | 0:57 | 0:21 | 0:45 | 0:33 | 0:25 | 1:08 | 1:07 | 1:13 | 0:16 | |
| | | | 12:58 | 15:38 | 16:47 | 19:06 | 20:15 | 21:19 | 22:34 | 23:13 | 25:56 | 26:26 | 28:46 | 29:16 | 29:37 | 29:48 | 0:11 |
| | | | 1:46 | 2:40 | 1:09 | 2:19 | 1:09 | 1:04 | 1:15 | 0:39 | 2:43 | 0:30 | 2:20 | 0:30 | 0:21 | 0:11 | |
| | | | | | | | | | | | | | | | | | |
| 33 | Lukas Ammann OL Regio Wil | 29:56 | 1:10 | 1:46 | 3:03 | 3:34 | 4:29 | 5:24 | 5:51 | 6:35 | 7:04 | 7:32 | 9:03 | 11:14 | 12:47 | 13:04 | |
| | | | 1:10 | 0:36 | 1:17 | 0:31 | 0:55 | 0:55 | 0:27 | 0:44 | 0:29 | 0:28 | 1:31 | 2:11 | 1:33 | 0:17 | |
| | | | 14:03 | 16:28 | 17:40 | 19:09 | 20:06 | 21:07 | 22:16 | 23:07 | 25:56 | 26:31 | 28:47 | 29:19 | 29:44 | 29:56 | 0:12 |
| | | | 0:59 | 2:25 | 1:12 | 1:29 | 0:57 | 1:01 | 1:09 | 0:51 | 2:49 | 0:35 | 2:16 | 0:32 | 0:25 | 0:12 | |
| | | | | 16:11 | | | | | | | | | | | | | |
| 34 | Thomas Zimmerman - | 30:00 | 1:01 | 1:38 | 2:57 | 3:32 | 4:19 | 5:09 | 5:37 | 6:27 | 6:58 | 7:22 | 8:49 | 10:13 | 11:18 | 11:38 | |
| | | | 1:01 | 0:37 | 1:19 | 0:35 | 0:47 | 0:50 | 0:28 | 0:50 | 0:31 | 0:24 | 1:27 | 1:24 | 1:05 | 0:20 | |

| Pl Name | Zeit | | | | | | | | | | | | | | |
|-------------------------------|--------------|-------------|--------------|---------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| OL Lang Damen (15) | | | | 3.0 km | 70 Hm | 27 P | | | | | | | | | |
| | | 1(35) | 2(38) | 3(39) | 4(41) | 5(42) | 6(45) | 7(46) | 8(47) | 9(61) | 10(48) | 11(50) | 12(59) | 13(57) | 14(53) |
| | | 15(55) | 16(83) | 17(78) | 18(79) | 19(80) | 20(68) | 21(65) | 22(81) | 23(82) | 24(71) | 25(77) | 26(73) | 27(75) | Ziel |
| 1 Katja Brütsch | 22:30 | 0:57 | 1:24 | 2:30 | 2:55 | 3:36 | 4:18 | 4:34 | 5:05 | 5:31 | 5:51 | 6:50 | 7:41 | 8:50 | 9:03 |
| OLG Schaffhausen | | 0:57 | 0:27 | 1:06 | 0:25 | 0:41 | 0:42 | 0:16 | 0:31 | 0:26 | 0:20 | 0:59 | 0:51 | 1:09 | 0:13 |
| | | 9:56 | 11:34 | 12:30 | 13:46 | 14:38 | 15:34 | 16:39 | 17:19 | 19:20 | 19:46 | 21:29 | 21:57 | 22:19 | 22:30 |
| | | 0:53 | 1:38 | 0:56 | 1:16 | 0:52 | 0:56 | 1:05 | 0:40 | 2:01 | 0:26 | 1:43 | 0:28 | 0:22 | 0:11 |
| 2 Martina Kyburz | 22:41 | 0:55 | 1:22 | 2:29 | 2:55 | 3:32 | 4:18 | 4:34 | 5:08 | 5:33 | 5:55 | 7:00 | 8:05 | 9:10 | 9:24 |
| thurgorienta | | 0:55 | 0:27 | 1:07 | 0:26 | 0:37 | 0:46 | 0:16 | 0:34 | 0:25 | 0:22 | 1:05 | 1:05 | 1:05 | 0:14 |
| | | 10:26 | 12:10 | 13:02 | 14:10 | 15:03 | 15:51 | 16:38 | 17:25 | 19:27 | 19:54 | 21:39 | 22:07 | 22:29 | 22:41 |
| | | 1:02 | 1:44 | 0:52 | 1:08 | 0:53 | 0:48 | 0:47 | 0:47 | 2:02 | 0:27 | 1:45 | 0:28 | 0:22 | 0:12 |
| 3 Andrea Good | 24:17 | 1:08 | 1:53 | 3:06 | 3:37 | 4:36 | 5:20 | 5:40 | 6:17 | 6:44 | 7:08 | 8:16 | 9:17 | 10:31 | 10:51 |
| thurgorienta | | 1:08 | 0:45 | 1:13 | 0:31 | 0:59 | 0:44 | 0:20 | 0:37 | 0:27 | 0:24 | 1:08 | 1:01 | 1:14 | 0:20 |
| | | 11:47 | 13:30 | 14:26 | 15:35 | 16:29 | 17:20 | 18:10 | 18:54 | 20:49 | 21:16 | 23:14 | 23:44 | 24:05 | 24:17 |
| | | 0:56 | 1:43 | 0:56 | 1:09 | 0:54 | 0:51 | 0:50 | 0:44 | 1:55 | 0:27 | 1:58 | 0:30 | 0:21 | 0:12 |
| 4 Sabin Tschopp | 24:26 | 1:03 | 1:34 | 2:45 | 3:11 | 3:56 | 4:41 | 5:05 | 5:41 | 6:09 | 6:31 | 7:44 | 8:57 | 9:54 | 10:08 |
| OLG Dachsen | | 1:03 | 0:31 | 1:11 | 0:26 | 0:45 | 0:45 | 0:24 | 0:36 | 0:28 | 0:22 | 1:13 | 1:13 | 0:57 | 0:14 |
| | | 11:35 | 13:47 | 14:36 | 15:44 | 16:33 | 17:32 | 18:27 | 19:10 | 21:07 | 21:32 | 23:23 | 23:51 | 24:14 | 24:26 |
| | | 1:27 | 2:12 | 0:49 | 1:08 | 0:49 | 0:59 | 0:55 | 0:43 | 1:57 | 0:25 | 1:51 | 0:28 | 0:23 | 0:12 |
| 5 Laura Diener | 25:45 | 1:02 | 1:34 | 2:47 | 3:13 | 3:54 | 4:41 | 5:01 | 5:35 | 6:03 | 6:26 | 7:41 | 8:56 | 10:09 | 10:27 |
| OLG Bern | | 1:02 | 0:32 | 1:13 | 0:26 | 0:41 | 0:47 | 0:20 | 0:34 | 0:28 | 0:23 | 1:15 | 1:15 | 1:13 | 0:18 |
| | | 11:27 | 13:28 | 14:29 | 15:45 | 16:40 | 17:36 | 18:34 | 19:21 | 21:42 | 22:13 | 24:34 | 25:07 | 25:32 | 25:45 |
| | | 1:00 | 2:01 | 1:01 | 1:16 | 0:55 | 0:56 | 0:58 | 0:47 | 2:21 | 0:31 | 2:21 | 0:33 | 0:25 | 0:13 |
| 6 Tabea Haberthür | 25:46 | 0:59 | 1:27 | 2:37 | 3:02 | 3:50 | 4:41 | 5:01 | 5:53 | 6:20 | 6:41 | 7:56 | 9:08 | 10:32 | 10:46 |
| OLG Welsikon | | 0:59 | 0:28 | 1:10 | 0:25 | 0:48 | 0:51 | 0:20 | 0:52 | 0:27 | 0:21 | 1:15 | 1:12 | 1:24 | 0:14 |
| | | 11:43 | 13:23 | 14:21 | 15:37 | 16:28 | 17:30 | 18:14 | 18:52 | 22:19 | 22:50 | 24:43 | 25:11 | 25:34 | 25:46 |
| | | 0:57 | 1:40 | 0:58 | 1:16 | 0:51 | 1:02 | 0:44 | 0:38 | 3:27 | 0:31 | 1:53 | 0:28 | 0:23 | 0:12 |
| 7 Monika Riediker | 25:47 | 1:07 | 1:37 | 2:47 | 3:14 | 4:02 | 4:49 | 5:08 | 5:51 | 6:20 | 6:41 | 7:55 | 9:06 | 10:11 | 10:35 |
| thurgorienta | | 1:07 | 0:30 | 1:10 | 0:27 | 0:48 | 0:47 | 0:19 | 0:43 | 0:29 | 0:21 | 1:14 | 1:11 | 1:05 | 0:24 |
| | | 12:18 | 13:58 | 14:56 | 16:13 | 17:04 | 17:58 | 18:47 | 19:36 | 22:15 | 22:43 | 24:42 | 25:11 | 25:33 | 25:47 |
| | | 1:43 | 1:40 | 0:58 | 1:17 | 0:51 | 0:54 | 0:49 | 0:49 | 2:39 | 0:28 | 1:59 | 0:29 | 0:22 | 0:14 |
| 8 Maja Enz | 27:26 | 1:00 | 1:28 | 2:38 | 3:02 | 3:46 | 4:33 | 4:53 | 5:51 | 6:20 | 6:43 | 8:00 | 10:00 | 11:15 | 11:29 |
| OLK Rafzerfeld | | 1:00 | 0:28 | 1:10 | 0:24 | 0:44 | 0:47 | 0:20 | 0:58 | 0:29 | 0:23 | 1:17 | 2:00 | 1:15 | 0:14 |
| | | 12:43 | 14:54 | 15:57 | 17:22 | 18:25 | 19:28 | 20:24 | 21:16 | 23:36 | 24:09 | 26:16 | 26:49 | 27:12 | 27:26 |
| | | 1:14 | 2:11 | 1:03 | 1:25 | 1:03 | 1:03 | 0:56 | 0:52 | 2:20 | 0:33 | 2:07 | 0:33 | 0:23 | 0:14 |
| 9 Cécile Lütolf Fritsc | 29:57 | 1:17 | 2:26 | 3:47 | 4:24 | 5:16 | 6:23 | 6:41 | 7:32 | 8:06 | 8:28 | 9:38 | 11:38 | 13:01 | 13:21 |
| OLG Welsikon | | 1:17 | 1:09 | 1:21 | 0:37 | 0:52 | 1:07 | 0:18 | 0:51 | 0:34 | 0:22 | 1:10 | 2:00 | 1:23 | 0:20 |
| | | 14:29 | 17:06 | 18:10 | 19:28 | 20:44 | 21:56 | 22:42 | 23:15 | 26:07 | 26:36 | 28:48 | 29:23 | 29:46 | 29:57 |
| | | 1:08 | 2:37 | 1:04 | 1:18 | 1:16 | 1:12 | 0:46 | 0:33 | 2:52 | 0:29 | 2:12 | 0:35 | 0:23 | 0:11 |
| 10 Ladina Geiger | 31:56 | 1:14 | 1:51 | 3:16 | 3:53 | 4:51 | 5:52 | 6:14 | 7:04 | 7:39 | 8:07 | 9:33 | 11:21 | 12:48 | 13:05 |
| OL Regio Wil | | 1:14 | 0:37 | 1:25 | 0:37 | 0:58 | 1:01 | 0:22 | 0:50 | 0:35 | 0:28 | 1:26 | 1:48 | 1:27 | 0:17 |
| | | 14:29 | 16:51 | 18:07 | 19:59 | 21:17 | 22:34 | 23:41 | 24:35 | 27:27 | 28:00 | 30:34 | 31:13 | 31:42 | 31:56 |
| | | 1:24 | 2:22 | 1:16 | 1:52 | 1:18 | 1:17 | 1:07 | 0:54 | 2:52 | 0:33 | 2:34 | 0:39 | 0:29 | 0:14 |
| 11 Ursula Bindschädle | 32:24 | 1:29 | 2:34 | 4:00 | 4:40 | 5:38 | 6:45 | 7:17 | 8:12 | 8:45 | 9:12 | 10:37 | 12:06 | 13:45 | 14:01 |
| OLC Winterthur | | 1:29 | 1:05 | 1:26 | 0:40 | 0:58 | 1:07 | 0:32 | 0:55 | 0:33 | 0:27 | 1:25 | 1:29 | 1:39 | 0:16 |
| | | 15:28 | 17:34 | 19:01 | 20:44 | 21:55 | 23:14 | 24:45 | 25:52 | 28:17 | 28:49 | 31:11 | 31:44 | 32:11 | 32:24 |
| | | 1:27 | 2:06 | 1:27 | 1:43 | 1:11 | 1:19 | 1:31 | 1:07 | 2:25 | 0:32 | 2:22 | 0:33 | 0:27 | 0:13 |
| 12 Priska Neff | 35:17 | 1:39 | 2:30 | 4:01 | 4:33 | 5:33 | 6:43 | 7:07 | 7:58 | 8:33 | 8:58 | 10:28 | 12:30 | 14:16 | 14:41 |
| OL Regio Wil | | 1:39 | 0:51 | 1:31 | 0:32 | 1:00 | 1:10 | 0:24 | 0:51 | 0:35 | 0:25 | 1:30 | 2:02 | 1:46 | 0:25 |
| | | 16:22 | 19:15 | 20:24 | 22:45 | 24:09 | 25:33 | 27:01 | 28:06 | 31:18 | 31:51 | 33:55 | 34:33 | 35:00 | 35:17 |
| | | 1:41 | 2:53 | 1:09 | 2:21 | 1:24 | 1:24 | 1:28 | 1:05 | 3:12 | 0:33 | 2:04 | 0:38 | 0:27 | 0:17 |
| 13 Jeanette Stamm | 37:25 | 1:37 | 2:45 | 4:13 | 5:01 | 6:06 | 7:16 | 7:51 | 9:10 | 9:44 | 10:13 | 12:08 | 13:53 | 15:26 | 17:06 |
| OLG St. Gallen/App. | | 1:37 | 1:08 | 1:28 | 0:48 | 1:05 | 1:10 | 0:35 | 1:19 | 0:34 | 0:29 | 1:55 | 1:45 | 1:33 | 1:40 |
| | | 19:27 | 22:27 | 25:09 | 27:09 | 28:38 | 29:57 | 30:56 | 31:41 | 32:52 | 33:29 | 36:07 | 36:41 | 37:10 | 37:25 |
| | | 2:21 | 3:00 | 2:42 | 2:00 | 1:29 | 1:19 | 0:59 | 0:45 | 1:11 | 0:37 | 2:38 | 0:34 | 0:29 | 0:15 |
| 14 Ariane Abegg | 37:50 | 1:40 | 2:22 | 3:55 | 4:33 | 5:36 | 6:38 | 7:07 | 8:03 | 8:38 | 9:09 | 10:30 | 15:39 | 17:40 | 18:01 |
| OLK Rafzerfeld | | 1:40 | 0:42 | 1:33 | 0:38 | 1:03 | 1:02 | 0:29 | 0:56 | 0:35 | 0:31 | 1:21 | 5:09 | 2:01 | 0:21 |
| | | 20:02 | 23:06 | 24:22 | 26:36 | 27:41 | 28:49 | 30:25 | 31:19 | 33:50 | 34:21 | 36:35 | 37:09 | 37:36 | 37:50 |
| | | 2:01 | 3:04 | 1:16 | 2:14 | 1:05 | 1:08 | 1:36 | 0:54 | 2:31 | 0:31 | 2:14 | 0:34 | 0:27 | 0:14 |
| 15 Margrit Schaltegger | 46:47 | 1:46 | 5:10 | 7:12 | 7:57 | 9:11 | 10:34 | 11:20 | 12:31 | 13:18 | 13:49 | 15:31 | 17:38 | 20:37 | 21:33 |
| thurgorienta | | 1:46 | 3:24 | 2:02 | 0:45 | 1:14 | 1:23 | 0:46 | 1:11 | 0:47 | 0:31 | 1:42 | 2:07 | 2:59 | 0:56 |
| | | 25:10 | 28:13 | 29:34 | 31:29 | 33:01 | 34:49 | 36:07 | 37:01 | 41:55 | 42:35 | 45:16 | 45:58 | 46:30 | 46:47 |
| | | 3:37 | 3:03 | 1:21 | 1:55 | 1:32 | 1:48 | 1:18 | 0:54 | 4:54 | 0:40 | 2:41 | 0:42 | 0:32 | 0:17 |

| Pl | Name | Zeit | 1(32) | 2(35) | 3(84) | 4(85) | 5(45) | 6(48) | 7(61) | 8(44) | 9(50) | 10(57) | 11(58) | 12(59) | 13(55) | 14(62) | |
|----------------------------|--|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|-------------|--------------|--------------|--|
| OL Kurz Herren (49) | | | 15(63) | 16(86) | 17(65) | 18(81) | 19(70) | 20(72) | 21(77) | 22(87) | 23(76) | 24(75) | Ziel | | | | |
| 2.6 km | 70 Hm | 24 P | | | | | | | | | | | | | | | |
| 1 | René Haas OLG Schaffhausen | 21:16 | 0:27 | 1:09 | 2:02 | 2:48 | 4:52 | 6:20 | 6:39 | 7:10 | 7:55 | 8:16 | 8:32 | 9:43 | 10:10 | 12:05 | |
| | | | 0:27 | 0:42 | 0:53 | 0:46 | 2:04 | 1:28 | 0:19 | 0:31 | 0:45 | 0:21 | 0:16 | 1:11 | 0:27 | 1:55 | |
| | | | 12:29 | 13:34 | 14:36 | 15:12 | 17:39 | 19:35 | 19:47 | 20:24 | 20:52 | 21:07 | 21:16 | | 13:14 | | |
| | | | 0:24 | 1:05 | 1:02 | 0:36 | 2:27 | 1:56 | 0:12 | 0:37 | 0:28 | 0:15 | 0:09 | | *79 | | |
| 2 | René Müller thurgorienta | 21:35 | 0:29 | 1:24 | 2:18 | 3:06 | 4:33 | 5:18 | 5:42 | 6:14 | 7:05 | 7:31 | 7:46 | 9:01 | 9:31 | 11:02 | |
| | | | 0:29 | 0:55 | 0:54 | 0:48 | 1:27 | 0:45 | 0:24 | 0:32 | 0:51 | 0:26 | 0:15 | 1:15 | 0:30 | 1:31 | |
| | | | 11:28 | 12:40 | 14:10 | 15:05 | 17:32 | 19:36 | 19:51 | 20:32 | 21:07 | 21:24 | 21:35 | | 0:18 | | |
| | | | 0:26 | 1:12 | 1:30 | 0:55 | 2:27 | 2:04 | 0:15 | 0:41 | 0:35 | 0:17 | 0:11 | | *31 | | |
| 3 | Peter Lenherr OLK Rafzerfeld | 21:47 | 0:25 | 1:08 | 1:57 | 2:47 | 4:21 | 5:28 | 5:51 | 6:37 | 7:29 | 7:56 | 8:14 | 9:58 | 10:31 | 13:04 | |
| | | | 0:25 | 0:43 | 0:49 | 0:50 | 1:34 | 1:07 | 0:23 | 0:46 | 0:52 | 0:27 | 0:18 | 1:44 | 0:33 | 2:33 | |
| | | | 13:32 | 14:13 | 15:22 | 15:59 | 17:13 | 19:38 | 19:54 | 20:39 | 21:16 | 21:33 | 21:47 | | | | |
| | | | 0:28 | 0:41 | 1:09 | 0:37 | 1:14 | 2:25 | 0:16 | 0:45 | 0:37 | 0:17 | 0:14 | | | | |
| 4 | Erwin Gartmann OL Regio Wil | 22:42 | 0:33 | 1:12 | 2:07 | 3:02 | 4:44 | 5:47 | 6:11 | 6:48 | 7:41 | 8:07 | 8:25 | 9:48 | 10:16 | 11:56 | |
| | | | 0:33 | 0:39 | 0:55 | 0:55 | 1:42 | 1:03 | 0:24 | 0:37 | 0:53 | 0:26 | 0:18 | 1:23 | 0:28 | 1:40 | |
| | | | 12:22 | 13:27 | 14:42 | 15:37 | 18:25 | 20:26 | 20:39 | 21:20 | 22:10 | 22:28 | 22:42 | | 0:20 | 13:07 | |
| | | | 0:26 | 1:05 | 1:15 | 0:55 | 2:48 | 2:01 | 0:13 | 0:41 | 0:50 | 0:18 | 0:14 | | *31 | *79 | |
| 5 | Thomas Pfarrwaller OLC Winterthur | 22:46 | 0:33 | 1:12 | 2:01 | 3:20 | 5:13 | 6:09 | 6:29 | 7:04 | 8:07 | 8:40 | 8:55 | 10:17 | 10:49 | 12:28 | |
| | | | 0:33 | 0:39 | 0:49 | 1:19 | 1:53 | 0:56 | 0:20 | 0:35 | 1:03 | 0:33 | 0:15 | 1:22 | 0:32 | 1:39 | |
| | | | 12:54 | 13:37 | 15:00 | 15:30 | 18:17 | 20:19 | 20:35 | 21:22 | 22:12 | 22:33 | 22:46 | | | | |
| | | | 0:26 | 0:43 | 1:23 | 0:30 | 2:47 | 2:02 | 0:16 | 0:47 | 0:50 | 0:21 | 0:13 | | | | |
| 6 | Marc Monhart OLG Schaffhausen | 23:17 | 0:32 | 1:18 | 2:13 | 2:59 | 4:40 | 5:25 | 5:47 | 6:22 | 7:22 | 8:03 | 8:18 | 10:25 | 10:52 | 12:40 | |
| | | | 0:32 | 0:46 | 0:55 | 0:46 | 1:41 | 0:45 | 0:22 | 0:35 | 1:00 | 0:41 | 0:15 | 2:07 | 0:27 | 1:48 | |
| | | | 13:06 | 13:54 | 15:27 | 16:20 | 18:41 | 20:52 | 21:08 | 21:53 | 22:42 | 23:01 | 23:17 | | | | |
| | | | 0:26 | 0:48 | 1:33 | 0:53 | 2:21 | 2:11 | 0:16 | 0:45 | 0:49 | 0:19 | 0:16 | | | | |
| 7 | Max Strini OL Amriswil | 23:20 | 0:41 | 1:23 | 2:24 | 3:21 | 5:02 | 5:59 | 6:25 | 7:02 | 7:53 | 8:21 | 8:38 | 10:05 | 10:34 | 12:17 | |
| | | | 0:41 | 0:42 | 1:01 | 0:57 | 1:41 | 0:57 | 0:26 | 0:37 | 0:51 | 0:28 | 0:17 | 1:27 | 0:29 | 1:43 | |
| | | | 12:44 | 13:32 | 15:01 | 15:56 | 18:44 | 21:08 | 21:24 | 22:10 | 22:49 | 23:08 | 23:20 | | | | |
| | | | 0:27 | 0:48 | 1:29 | 0:55 | 2:48 | 2:24 | 0:16 | 0:46 | 0:39 | 0:19 | 0:12 | | | | |
| 8 | Beat Seiterle thurgorienta | 23:46 | 0:29 | 1:08 | 2:03 | 2:54 | 4:44 | 5:38 | 6:02 | 6:41 | 7:34 | 8:01 | 8:22 | 9:50 | 10:32 | 12:48 | |
| | | | 0:29 | 0:39 | 0:55 | 0:51 | 1:50 | 0:54 | 0:24 | 0:39 | 0:53 | 0:27 | 0:21 | 1:28 | 0:42 | 2:16 | |
| | | | 13:16 | 14:03 | 15:40 | 16:42 | 19:22 | 21:40 | 21:55 | 22:35 | 23:12 | 23:31 | 23:46 | | | | |
| | | | 0:28 | 0:47 | 1:37 | 1:02 | 2:40 | 2:18 | 0:15 | 0:40 | 0:37 | 0:19 | 0:15 | | | | |
| 9 | Andreas Dennenmo thurgorienta | 24:33 | 0:33 | 1:26 | 2:20 | 3:08 | 5:02 | 6:17 | 6:41 | 7:20 | 8:16 | 8:45 | 9:03 | 10:38 | 11:10 | 13:31 | |
| | | | 0:33 | 0:53 | 0:54 | 0:48 | 1:54 | 1:15 | 0:24 | 0:39 | 0:56 | 0:29 | 0:18 | 1:35 | 0:32 | 2:21 | |
| | | | 14:00 | 14:43 | 16:07 | 17:04 | 20:00 | 22:19 | 22:34 | 23:21 | 23:57 | 24:18 | 24:33 | | | | |
| | | | 0:29 | 0:43 | 1:24 | 0:57 | 2:56 | 2:19 | 0:15 | 0:47 | 0:36 | 0:21 | 0:15 | | | | |
| 10 | Ernst Baumann OL Regio Wil | 25:04 | 0:36 | 1:28 | 2:29 | 3:18 | 5:12 | 6:07 | 6:34 | 7:18 | 8:22 | 8:52 | 9:11 | 11:11 | 11:44 | 13:33 | |
| | | | 0:36 | 0:52 | 1:01 | 0:49 | 1:54 | 0:55 | 0:27 | 0:44 | 1:04 | 0:30 | 0:19 | 2:00 | 0:33 | 1:49 | |
| | | | 14:03 | 14:56 | 16:35 | 17:15 | 20:05 | 22:41 | 22:59 | 23:49 | 24:31 | 24:50 | 25:04 | | | | |
| | | | 0:30 | 0:53 | 1:39 | 0:40 | 2:50 | 2:36 | 0:18 | 0:50 | 0:42 | 0:19 | 0:14 | | | | |
| 11 | Urs Kreis OL Amriswil | 25:05 | 0:37 | 1:34 | 2:32 | 3:32 | 5:20 | 6:27 | 6:52 | 7:35 | 8:40 | 9:12 | 9:37 | 11:18 | 11:52 | 13:36 | |
| | | | 0:37 | 0:57 | 0:58 | 1:00 | 1:48 | 1:07 | 0:25 | 0:43 | 1:05 | 0:32 | 0:25 | 1:41 | 0:34 | 1:44 | |
| | | | 14:14 | 15:04 | 16:44 | 17:20 | 20:01 | 22:17 | 22:32 | 23:30 | 24:27 | 24:46 | 25:05 | | | | |
| | | | 0:38 | 0:50 | 1:40 | 0:36 | 2:41 | 2:16 | 0:15 | 0:58 | 0:57 | 0:19 | 0:19 | | | | |
| 12 | Thomas Keller thurgorienta | 25:19 | 0:34 | 1:12 | 2:08 | 3:02 | 4:51 | 5:46 | 6:11 | 6:51 | 7:50 | 8:34 | 8:49 | 10:11 | 10:44 | 13:16 | |
| | | | 0:34 | 0:38 | 0:56 | 0:54 | 1:49 | 0:55 | 0:25 | 0:40 | 0:59 | 0:44 | 0:15 | 1:22 | 0:33 | 2:32 | |
| | | | 13:44 | 14:28 | 16:10 | 17:06 | 20:25 | 22:59 | 23:14 | 23:59 | 24:50 | 25:08 | 25:19 | | | | |
| | | | 0:28 | 0:44 | 1:42 | 0:56 | 3:19 | 2:34 | 0:15 | 0:45 | 0:51 | 0:18 | 0:11 | | | | |
| 13 | Felix Engeler OL Amriswil | 25:38 | 0:34 | 1:17 | 2:23 | 3:16 | 5:14 | 6:37 | 7:05 | 7:49 | 8:50 | 9:20 | 9:39 | 11:30 | 12:05 | 13:53 | |
| | | | 0:34 | 0:43 | 1:06 | 0:53 | 1:58 | 1:23 | 0:28 | 0:44 | 1:01 | 0:30 | 0:19 | 1:51 | 0:35 | 1:48 | |
| | | | 14:24 | 15:16 | 16:51 | 17:33 | 20:47 | 23:18 | 23:35 | 24:23 | 25:03 | 25:24 | 25:38 | | | | |
| | | | 0:31 | 0:52 | 1:35 | 0:42 | 3:14 | 2:31 | 0:17 | 0:48 | 0:40 | 0:21 | 0:14 | | | | |
| 14 | Ernst Wunderli OLG Pfäffikon | 25:39 | 0:33 | 1:25 | 2:26 | 3:22 | 5:16 | 6:32 | 6:58 | 7:41 | 8:51 | 9:20 | 9:38 | 11:15 | 11:53 | 14:07 | |
| | | | 0:33 | 0:52 | 1:01 | 0:56 | 1:54 | 1:16 | 0:26 | 0:43 | 1:10 | 0:29 | 0:18 | 1:37 | 0:38 | 2:14 | |
| | | | 14:37 | 15:34 | 17:02 | 18:08 | 21:07 | 23:33 | 23:48 | 24:30 | 25:13 | 25:29 | 25:39 | | | | |
| | | | 0:30 | 0:57 | 1:28 | 1:06 | 2:59 | 2:26 | 0:15 | 0:42 | 0:43 | 0:16 | 0:10 | | | | |
| 15 | Nik Walter OLG Welsikon | 25:44 | 0:34 | 1:17 | 2:18 | 3:31 | 5:36 | 6:30 | 6:59 | 7:40 | 8:43 | 9:19 | 9:38 | 11:25 | 12:00 | 13:51 | |
| | | | 0:34 | 0:43 | 1:01 | 1:13 | 2:05 | 0:54 | 0:29 | 0:41 | 1:03 | 0:36 | 0:19 | 1:47 | 0:35 | 1:51 | |
| | | | 14:24 | 15:20 | 16:57 | 17:53 | 20:54 | 23:29 | 23:43 | 24:29 | 25:09 | 25:31 | 25:44 | | | | |
| | | | 0:33 | 0:56 | 1:37 | 0:56 | 3:01 | 2:35 | 0:14 | 0:46 | 0:40 | 0:22 | 0:13 | | | | |
| 16 | Guido Specker OL Regio Wil | 25:47 | 0:35 | 1:15 | 2:12 | 3:02 | 4:41 | 8:51 | 9:13 | 9:50 | 11:16 | 11:41 | 11:55 | 13:26 | 13:57 | 15:32 | |
| | | | 0:35 | 0:40 | 0:57 | 0:50 | 1:39 | 4:10 | 0:22 | 0:37 | 1:26 | 0:25 | 0:14 | 1:31 | 0:31 | 1:35 | |
| | | | 15:58 | 17:10 | 18:43 | 19:25 | 21:38 | 23:43 | 23:57 | 24:39 | 25:15 | 25:33 | 25:47 | | | | |
| | | | 0:26 | 1:12 | 1:33 | 0:42 | 2:13 | 2:05 | 0:14 | 0:42 | 0:36 | 0:18 | 0:14 | | | | |
| 17 | Stefan Fritschi OLG Welsikon | 26:10 | 0:36 | 1:23 | 2:24 | 3:22 | 5:24 | 6:47 | 7:16 | 8:00 | 9:03 | 9:36 | 9:57 | 11:34 | 12:10 | 14:35 | |
| | | | 0:36 | 0:47 | 1:01 | 0:58 | 2:02 | 1:23 | 0:29 | 0:44 | 1:03 | 0:33 | 0:21 | 1:37 | 0:36 | 2:25 | |
| | | | 15:08 | 16:00 | 17:25 | 18:10 | 21:04 | 23:41 | 23:58 | 24:52 | 25:34 | 25:54 | 26:10 | | | | |
| | | | 0:33 | 0:52 | 1:25 | 0:45 | 2:54 | 2:37 | 0:17 | 0:54 | 0:42 | 0:20 | 0:16 | | | | |
| 18 | Willi Spring thurgorienta | 26:15 | 0:35 | | | | | | | | | | | | | | |

| Pl | Name | Zeit | | | | | | | | | | | | | | |
|----------------------------|---|--------------|---------------------|--------|--------|--------|-------------|-------------|--------|--------|-----------------|--------|--------|--------|--------|--------|
| OL Kurz Herren (49) | | | 2.6 km 70 Hm | | | | 24 P | | | | (Forts.) | | | | | |
| | | | 1(32) | 2(35) | 3(84) | 4(85) | 5(45) | 6(48) | 7(61) | 8(44) | 9(50) | 10(57) | 11(58) | 12(59) | 13(55) | 14(62) |
| | | | 15(63) | 16(86) | 17(65) | 18(81) | 19(70) | 20(72) | 21(77) | 22(87) | 23(76) | 24(75) | Ziel | | | |
| 21 | Oliver Brüttsch OLG Schaffhausen | 26:41 | 0:37 | 1:21 | 2:20 | 3:13 | 4:59 | 6:03 | 6:29 | 7:12 | 8:15 | 8:48 | 9:08 | 10:46 | 11:31 | 13:38 |
| | | | 0:37 | 0:44 | 0:59 | 0:53 | 1:46 | 1:04 | 0:26 | 0:43 | 1:03 | 0:33 | 0:20 | 1:38 | 0:45 | 2:07 |
| | | | 14:58 | 16:00 | 17:33 | 18:31 | 21:26 | 24:11 | 24:30 | 25:27 | 26:11 | 26:29 | 26:41 | | | |
| | | | 1:20 | 1:02 | 1:33 | 0:58 | 2:55 | 2:45 | 0:19 | 0:57 | 0:44 | 0:18 | 0:12 | | | |
| 21 | Karl Ott OLG Welsikon | 26:41 | 0:28 | 1:13 | 2:11 | 3:28 | 5:16 | 6:16 | 6:44 | 7:30 | 9:14 | 9:51 | 10:12 | 12:22 | 12:56 | 14:46 |
| | | | 0:28 | 0:45 | 0:58 | 1:17 | 1:48 | 1:00 | 0:28 | 0:46 | 1:44 | 0:37 | 0:21 | 2:10 | 0:34 | 1:50 |
| | | | 15:21 | 16:11 | 17:37 | 18:20 | 21:24 | 24:04 | 24:25 | 25:09 | 26:09 | 26:30 | 26:41 | | | |
| | | | 0:35 | 0:50 | 1:26 | 0:43 | 3:04 | 2:40 | 0:21 | 0:44 | 1:00 | 0:21 | 0:11 | | | |
| 23 | Paul Gehri - | 27:13 | 0:37 | 1:19 | 2:16 | 3:12 | 6:12 | 7:03 | 7:30 | 8:08 | 9:07 | 9:38 | 9:59 | 11:51 | 12:33 | 15:02 |
| | | | 0:37 | 0:42 | 0:57 | 0:56 | 3:00 | 0:51 | 0:27 | 0:38 | 0:59 | 0:31 | 0:21 | 1:52 | 0:42 | 2:29 |
| | | | 15:35 | 16:34 | 17:56 | 19:08 | 21:58 | 24:35 | 24:51 | 25:44 | 26:41 | 27:01 | 27:13 | | | |
| | | | 0:33 | 0:59 | 1:22 | 1:12 | 2:50 | 2:37 | 0:16 | 0:53 | 0:57 | 0:20 | 0:12 | | | |
| 24 | Edi Baumgartner OLV Hindelbank | 27:42 | 0:42 | 1:43 | 2:51 | 3:50 | 5:51 | 7:39 | 8:07 | 8:53 | 10:03 | 10:35 | 10:54 | 12:48 | 13:25 | 15:34 |
| | | | 0:42 | 1:01 | 1:08 | 0:59 | 2:01 | 1:48 | 0:28 | 0:46 | 1:10 | 0:32 | 0:19 | 1:54 | 0:37 | 2:09 |
| | | | 16:04 | 17:02 | 18:30 | 19:08 | 22:37 | 25:09 | 25:26 | 26:18 | 27:01 | 27:24 | 27:42 | | | |
| | | | 0:30 | 0:58 | 1:28 | 0:38 | 3:29 | 2:32 | 0:17 | 0:52 | 0:43 | 0:23 | 0:18 | | | |
| 25 | Martin Koster OL Regio Wil | 28:32 | 0:42 | 1:37 | 2:47 | 3:56 | 6:14 | 7:09 | 7:39 | 8:31 | 9:42 | 10:17 | 10:39 | 12:22 | 12:56 | 15:24 |
| | | | 0:42 | 0:55 | 1:10 | 1:09 | 2:18 | 0:55 | 0:30 | 0:52 | 1:11 | 0:35 | 0:22 | 1:43 | 0:34 | 2:28 |
| | | | 15:58 | 16:48 | 18:30 | 19:34 | 22:50 | 25:58 | 26:15 | 27:12 | 27:55 | 28:17 | 28:32 | | | |
| | | | 0:34 | 0:50 | 1:42 | 1:04 | 3:16 | 3:08 | 0:17 | 0:57 | 0:43 | 0:22 | 0:15 | | | |
| 26 | Martin Seiterle OL Amriswil | 28:54 | 0:35 | 1:19 | 2:49 | 4:36 | 6:29 | 7:33 | 8:03 | 8:48 | 9:57 | 10:31 | 11:00 | 13:01 | 13:47 | 16:04 |
| | | | 0:35 | 0:44 | 1:30 | 1:47 | 1:53 | 1:04 | 0:30 | 0:45 | 1:09 | 0:34 | 0:29 | 2:01 | 0:46 | 2:17 |
| | | | 16:36 | 17:35 | 19:18 | 20:02 | 23:17 | 26:11 | 26:27 | 27:15 | 28:13 | 28:36 | 28:54 | | | |
| | | | 0:32 | 0:59 | 1:43 | 0:44 | 3:15 | 2:54 | 0:16 | 0:48 | 0:58 | 0:23 | 0:18 | | | |
| 27 | Erwin Keller thurgorienta | 29:16 | 0:35 | 1:42 | 2:54 | 4:20 | 6:34 | 7:40 | 8:09 | 9:12 | 10:40 | 11:25 | 11:46 | 13:45 | 14:25 | 16:43 |
| | | | 0:35 | 1:07 | 1:12 | 1:26 | 2:14 | 1:06 | 0:29 | 1:03 | 1:28 | 0:45 | 0:21 | 1:59 | 0:40 | 2:18 |
| | | | 17:57 | 18:56 | 20:43 | 21:20 | 24:23 | 26:18 | 26:32 | 27:21 | 28:45 | 29:02 | 29:16 | | | |
| | | | 1:14 | 0:59 | 1:47 | 0:37 | 3:03 | 1:55 | 0:14 | 0:49 | 1:24 | 0:17 | 0:14 | | | |
| 28 | Peter Kissling OLG Dachsen | 29:18 | 0:39 | 1:22 | 2:23 | 3:24 | 5:51 | 7:25 | 7:54 | 8:42 | 9:50 | 10:24 | 10:44 | 12:40 | 13:20 | 16:07 |
| | | | 0:39 | 0:43 | 1:01 | 1:01 | 2:27 | 1:34 | 0:29 | 0:48 | 1:08 | 0:34 | 0:20 | 1:56 | 0:40 | 2:47 |
| | | | 16:41 | 17:48 | 19:12 | 19:55 | 23:34 | 26:33 | 26:53 | 27:59 | 28:46 | 29:07 | 29:18 | | | |
| | | | 0:34 | 1:07 | 1:24 | 0:43 | 3:39 | 2:59 | 0:20 | 1:06 | 0:47 | 0:21 | 0:11 | | | |
| 29 | Erwin Wälter OLG St. Gallen/App. | 29:44 | 0:36 | 1:23 | 2:33 | 3:36 | 5:34 | 6:46 | 7:15 | 8:01 | 9:11 | 9:45 | 10:04 | 12:52 | 13:32 | 15:56 |
| | | | 0:36 | 0:47 | 1:10 | 1:03 | 1:58 | 1:12 | 0:29 | 0:46 | 1:10 | 0:34 | 0:19 | 2:48 | 0:40 | 2:24 |
| | | | 16:28 | 17:21 | 19:32 | 20:25 | 24:04 | 27:06 | 27:28 | 28:22 | 29:06 | 29:32 | 29:44 | | | |
| | | | 0:32 | 0:53 | 2:11 | 0:53 | 3:39 | 3:02 | 0:22 | 0:54 | 0:44 | 0:26 | 0:12 | | | |
| 30 | Beat Jäckle - | 29:57 | 0:30 | 1:22 | 2:16 | 3:09 | 5:21 | 6:29 | 6:55 | 7:40 | 8:35 | 9:02 | 9:42 | 14:01 | 14:43 | 16:54 |
| | | | 0:30 | 0:52 | 0:54 | 0:53 | 2:12 | 1:08 | 0:26 | 0:45 | 0:55 | 0:27 | 0:40 | 4:19 | 0:42 | 2:11 |
| | | | 17:25 | 18:24 | 20:08 | 21:20 | 24:42 | 27:23 | 27:39 | 28:39 | 29:26 | 29:46 | 29:57 | | | |
| | | | 0:31 | 0:59 | 1:44 | 1:12 | 3:22 | 2:41 | 0:16 | 1:00 | 0:47 | 0:20 | 0:11 | | | |
| 31 | Köbi Jucker OLC Winterthur | 31:00 | 0:45 | 1:41 | 2:53 | 4:02 | 6:01 | 7:19 | 7:46 | 8:36 | 9:48 | 10:36 | 11:06 | 13:38 | 14:57 | 18:09 |
| | | | 0:45 | 0:56 | 1:12 | 1:09 | 1:59 | 1:18 | 0:27 | 0:50 | 1:12 | 0:48 | 0:30 | 2:32 | 1:19 | 3:12 |
| | | | 18:42 | 19:38 | 21:38 | 22:36 | 25:56 | 28:29 | 28:47 | 29:40 | 30:20 | 30:43 | 31:00 | | | |
| | | | 0:33 | 0:56 | 2:00 | 0:58 | 3:20 | 2:33 | 0:18 | 0:53 | 0:40 | 0:23 | 0:17 | | | |
| 32 | Urs Brühlmann OL Amriswil | 32:17 | 0:51 | 1:43 | 2:38 | 3:54 | 5:53 | 8:53 | 9:21 | 10:15 | 12:08 | 12:37 | 12:59 | 15:07 | 15:52 | 19:07 |
| | | | 0:51 | 0:52 | 0:55 | 1:16 | 1:59 | 3:00 | 0:28 | 0:54 | 1:53 | 0:29 | 0:22 | 2:08 | 0:45 | 3:15 |
| | | | 19:59 | 21:01 | 23:03 | 23:47 | 27:04 | 29:42 | 29:55 | 30:48 | 31:44 | 32:04 | 32:17 | | | |
| | | | 0:52 | 1:02 | 2:02 | 0:44 | 3:17 | 2:38 | 0:13 | 0:53 | 0:56 | 0:20 | 0:13 | | | |
| 33 | Walter Tschumi OLG Thun | 33:43 | 0:47 | 1:59 | 3:10 | 5:32 | 8:07 | 9:22 | 9:58 | 10:57 | 12:11 | 12:52 | 13:22 | 15:49 | 16:40 | 19:04 |
| | | | 0:47 | 1:12 | 1:11 | 2:22 | 2:35 | 1:15 | 0:36 | 0:59 | 1:14 | 0:41 | 0:30 | 2:27 | 0:51 | 2:24 |
| | | | 19:44 | 20:48 | 22:38 | 23:27 | 27:17 | 30:21 | 30:42 | 31:46 | 32:58 | 33:24 | 33:43 | | | |
| | | | 0:40 | 1:04 | 1:50 | 0:49 | 3:50 | 3:04 | 0:21 | 1:04 | 1:12 | 0:26 | 0:19 | | | |
| 34 | Daniel Schneebeli OLK Rafzerfeld | 33:57 | 0:43 | 1:33 | 2:48 | 4:00 | 6:02 | 7:05 | 7:36 | 8:25 | 10:12 | 10:47 | 11:13 | 15:15 | 15:53 | 17:49 |
| | | | 0:43 | 0:50 | 1:15 | 1:12 | 2:02 | 1:03 | 0:31 | 0:49 | 1:47 | 0:35 | 0:26 | 4:02 | 0:38 | 1:56 |
| | | | 18:58 | 19:56 | 23:26 | 24:17 | 28:05 | 30:42 | 31:02 | 32:06 | 33:22 | 33:43 | 33:57 | | | |
| | | | 1:09 | 0:58 | 3:30 | 0:51 | 3:48 | 2:37 | 0:20 | 1:04 | 1:16 | 0:21 | 0:14 | | | |
| 35 | Gerhard Egli OL Amriswil | 34:14 | 0:58 | 2:09 | 3:40 | 5:22 | 8:33 | 10:13 | 10:49 | 11:47 | 13:32 | 14:13 | 14:43 | 17:27 | 18:27 | 20:47 |
| | | | 0:58 | 1:11 | 1:31 | 1:42 | 3:11 | 1:40 | 0:36 | 0:58 | 1:45 | 0:41 | 0:30 | 2:44 | 1:00 | 2:20 |
| | | | 21:20 | 22:20 | 23:51 | 24:44 | 28:04 | 30:59 | 31:19 | 32:18 | 33:23 | 33:55 | 34:14 | | | |
| | | | 0:33 | 1:00 | 1:31 | 0:53 | 3:20 | 2:55 | 0:20 | 0:59 | 1:05 | 0:32 | 0:19 | | | |
| 36 | Beat Schlatter OLG Dachsen | 35:09 | 0:57 | 1:57 | 3:24 | 4:34 | 6:59 | 8:54 | 9:32 | 10:31 | 11:44 | 12:22 | 12:46 | 16:19 | 17:00 | 19:48 |
| | | | 0:57 | 1:00 | 1:27 | 1:10 | 2:25 | 1:55 | 0:38 | 0:59 | 1:13 | 0:38 | 0:24 | 3:33 | 0:41 | 2:48 |
| | | | 20:25 | 21:39 | 23:25 | 24:41 | 28:36 | 31:43 | 32:05 | 33:06 | 34:24 | 34:52 | 35:09 | | | |
| | | | 0:37 | 1:14 | 1:46 | 1:16 | 3:55 | 3:07 | 0:22 | 1:01 | 1:18 | 0:28 | 0:17 | | | |
| 37 | Werner Hinder OLC Winterthur | 35:56 | 1:03 | 2:12 | 3:50 | 5:20 | 8:33 | 10:12 | 10:51 | 11:53 | 13:25 | 14:13 | 14:43 | 16:57 | 17:49 | 20:41 |
| | | | 1:03 | 1:09 | 1:38 | 1:30 | 3:13 | 1:39 | 0:39 | 1:02 | 1:32 | 0:48 | 0:30 | 2:14 | 0:52 | 2:52 |
| | | | 21:26 | 22:42 | 24:33 | 25:26 | 29:04 | 32:14 | 32:38 | 33:54 | 35:05 | 35:34 | 35:56 | | | |
| | | | 0:45 | 1:16 | 1:51 | 0:53 | 3:38 | 3:10 | 0:24 | 1:16 | 1:11 | 0:29 | 0:22 | | | |
| 38 | Tobias Steinlin OLC Winterthur | 36:24 | 0:38 | 1:29 | 5:14 | 7:09 | 9:28 | 10:53 | 11:43 | 12:49 | 15:34 | 16:17 | 16:39 | 18:47 | 19:32 | 22:04 |
| | | | 0:38 | 0:51 | 3:45 | 1:55 | 2:19 | | | | | | | | | |

| Pl Name | Zeit | | | | | | | | | | | | | | | | |
|-----------------------------|---------------|---------------------|--------|--------|--------|-------------|--------|-----------------|--------|--------|--------|--------|--------|--------|--------|--|--|
| OL Kurz Herren (49) | | 2.6 km 70 Hm | | | | 24 P | | (Forts.) | | | | | | | | | |
| | | 1(32) | 2(35) | 3(84) | 4(85) | 5(45) | 6(48) | 7(61) | 8(44) | 9(50) | 10(57) | 11(58) | 12(59) | 13(55) | 14(62) | | |
| | | 15(63) | 16(86) | 17(65) | 18(81) | 19(70) | 20(72) | 21(77) | 22(87) | 23(76) | 24(75) | Ziel | | | | | |
| 40 Franz Lambrecht | 36:47 | 0:51 | 1:55 | 3:31 | 5:10 | 8:48 | 10:07 | 10:47 | 11:47 | 13:19 | 14:04 | 14:34 | 16:45 | 17:45 | 20:29 | | |
| OL Amriswil | | 0:51 | 1:04 | 1:36 | 1:39 | 3:38 | 1:19 | 0:40 | 1:00 | 1:32 | 0:45 | 0:30 | 2:11 | 1:00 | 2:44 | | |
| | | 21:33 | 22:46 | 25:00 | 25:53 | 29:51 | 33:19 | 33:44 | 34:52 | 35:53 | 36:26 | 36:47 | | | | | |
| | | 1:04 | 1:13 | 2:14 | 0:53 | 3:58 | 3:28 | 0:25 | 1:08 | 1:01 | 0:33 | 0:21 | | | | | |
| 41 Werner Schönenber | 38:51 | 1:04 | 2:19 | 4:08 | 5:50 | 8:24 | 10:07 | 10:41 | 11:46 | 13:11 | 13:51 | 14:21 | 16:50 | 17:54 | 20:52 | | |
| OLG Gallispitz | | 1:04 | 1:15 | 1:49 | 1:42 | 2:34 | 1:43 | 0:34 | 1:05 | 1:25 | 0:40 | 0:30 | 2:29 | 1:04 | 2:58 | | |
| | | 21:30 | 22:58 | 24:47 | 25:38 | 31:40 | 35:13 | 35:35 | 36:41 | 37:55 | 38:22 | 38:51 | | | 0:34 | | |
| | | 0:38 | 1:28 | 1:49 | 0:51 | 6:02 | 3:33 | 0:22 | 1:06 | 1:14 | 0:27 | 0:29 | | | *31 | | |
| 42 Vinzenz Kneisl | 42:18 | 0:49 | 1:54 | 4:12 | 5:45 | 8:35 | 10:37 | 11:12 | 12:09 | 13:51 | 14:35 | 15:04 | 20:24 | 21:34 | 24:28 | | |
| - | | 0:49 | 1:05 | 2:18 | 1:33 | 2:50 | 2:02 | 0:35 | 0:57 | 1:42 | 0:44 | 0:29 | 5:20 | 1:10 | 2:54 | | |
| | | 25:17 | 26:37 | 29:13 | 30:17 | 34:45 | 38:28 | 38:49 | 40:11 | 41:33 | 41:59 | 42:18 | | | | | |
| | | 0:49 | 1:20 | 2:36 | 1:04 | 4:28 | 3:43 | 0:21 | 1:22 | 1:22 | 0:26 | 0:19 | | | | | |
| 43 Hans Bossert | 42:53 | 0:58 | 2:17 | 3:49 | 5:11 | 8:19 | 9:39 | 10:19 | 11:32 | 13:08 | 13:55 | 14:24 | 20:54 | 21:45 | 24:53 | | |
| OL Zimmerberg | | 0:58 | 1:19 | 1:32 | 1:22 | 3:08 | 1:20 | 0:40 | 1:13 | 1:36 | 0:47 | 0:29 | 6:30 | 0:51 | 3:08 | | |
| | | 25:42 | 27:12 | 29:12 | 30:17 | 34:48 | 38:42 | 39:08 | 40:30 | 42:02 | 42:32 | 42:53 | | | | | |
| | | 0:49 | 1:30 | 2:00 | 1:05 | 4:31 | 3:54 | 0:26 | 1:22 | 1:32 | 0:30 | 0:21 | | | | | |
| 44 Pietro Winteler | 46:15 | 0:58 | 2:05 | 3:26 | 4:44 | 7:35 | 9:31 | 10:01 | 11:12 | 13:02 | 14:15 | 14:47 | 21:50 | 22:56 | 27:32 | | |
| OLG Welsikon | | 0:58 | 1:07 | 1:21 | 1:18 | 2:51 | 1:56 | 0:30 | 1:11 | 1:50 | 1:13 | 0:32 | 7:03 | 1:06 | 4:36 | | |
| | | 28:10 | 29:19 | 31:54 | 32:52 | 39:30 | 42:22 | 43:04 | 44:08 | 45:31 | 45:59 | 46:15 | | | 17:18 | | |
| | | 0:38 | 1:09 | 2:35 | 0:58 | 6:38 | 2:52 | 0:42 | 1:04 | 1:23 | 0:28 | 0:16 | | | *57 | | |
| 45 Chris Hirt | 46:19 | 0:55 | 2:12 | 3:49 | 7:00 | 10:21 | 12:01 | 12:49 | 14:20 | 16:43 | 17:40 | 18:15 | 22:23 | 23:32 | 26:28 | | |
| OLG Welsikon | | 0:55 | 1:17 | 1:37 | 3:11 | 3:21 | 1:40 | 0:48 | 1:31 | 2:23 | 0:57 | 0:35 | 4:08 | 1:09 | 2:56 | | |
| | | 27:21 | 29:09 | 31:49 | 32:53 | 37:55 | 41:54 | 42:23 | 43:56 | 45:14 | 45:53 | 46:19 | | | | | |
| | | 0:53 | 1:48 | 2:40 | 1:04 | 5:02 | 3:59 | 0:29 | 1:33 | 1:18 | 0:39 | 0:26 | | | | | |
| 46 René Corthay | 53:29 | 0:57 | 2:15 | 3:34 | 4:49 | 9:44 | 16:26 | 17:02 | 17:57 | 19:33 | 20:29 | 20:59 | 23:27 | 24:21 | 27:42 | | |
| OL Zimmerberg | | 0:57 | 1:18 | 1:19 | 1:15 | 4:55 | 6:42 | 0:36 | 0:55 | 1:36 | 0:56 | 0:30 | 2:28 | 0:54 | 3:21 | | |
| | | 28:23 | 29:35 | 34:25 | 35:14 | 46:35 | 50:11 | 50:32 | 51:41 | 52:39 | 53:08 | 53:29 | | | 32:35 | | |
| | | 0:41 | 1:12 | 4:50 | 0:49 | 11:21 | 3:36 | 0:21 | 1:09 | 0:58 | 0:29 | 0:21 | | | *69 | | |
| | | 42:54 | | | | | | | | | | | | | *84 | | |
| Manuel Jacomet | Fehlst | 0:32 | 1:13 | 2:12 | 4:11 | 6:27 | 7:25 | 7:55 | 8:40 | 9:44 | 10:18 | 10:40 | ---- | 12:06 | 14:19 | | |
| thurgorienta | | 0:32 | 0:41 | 0:59 | 1:59 | 2:16 | 0:58 | 0:30 | 0:45 | 1:04 | 0:34 | 0:22 | | 1:26 | 2:13 | | |
| | | 14:48 | 15:41 | 17:25 | 18:18 | 21:12 | 23:51 | 24:24 | 25:19 | 26:13 | 26:34 | 26:47 | | | | | |
| | | 0:29 | 0:53 | 1:44 | 0:53 | 2:54 | 2:39 | 0:33 | 0:55 | 0:54 | 0:21 | 0:13 | | | | | |
| Niklaus Stähli | Fehlst | 1:32 | 3:21 | 5:38 | ---- | 11:59 | 14:58 | 16:03 | 17:46 | 20:01 | 21:07 | 21:48 | 25:35 | 26:45 | 31:06 | | |
| OL Amriswil | | 1:32 | 1:49 | 2:17 | | 6:21 | 2:59 | 1:05 | 1:43 | 2:15 | 1:06 | 0:41 | 3:47 | 1:10 | 4:21 | | |
| | | 32:16 | 34:13 | 37:38 | 38:58 | 41:36 | 47:00 | 47:36 | 49:21 | 50:51 | 51:38 | 52:13 | | | | | |
| | | 1:10 | 1:57 | 3:25 | 1:20 | 2:38 | 5:24 | 0:36 | 1:45 | 1:30 | 0:47 | 0:35 | | | | | |
| Röbi Frei | Aufg | 1:12 | 2:39 | 4:30 | 6:42 | 10:25 | 12:08 | 13:03 | 14:26 | 16:58 | 18:25 | 19:17 | ---- | ---- | ---- | | |
| OLC Winterthur | | 1:12 | 1:27 | 1:51 | 2:12 | 3:43 | 1:43 | 0:55 | 1:23 | 2:32 | 1:27 | 0:52 | | | | | |
| | | ---- | ---- | 34:36 | 36:04 | 41:24 | 46:20 | 47:04 | 49:10 | ---- | 53:26 | 53:51 | | | | | |
| | | | | 15:19 | 1:28 | 5:20 | 4:56 | 0:44 | 2:06 | | 4:16 | 0:25 | | | | | |

| Pl Name | Zeit | | | 2.6 km | 70 Hm | 24 P | | | | | | | | | | | |
|-------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|--------------|--|--|
| | | 1(32) | 2(35) | 3(84) | 4(85) | 5(45) | 6(48) | 7(61) | 8(44) | 9(50) | 10(57) | 11(58) | 12(59) | 13(55) | 14(62) | | |
| | | 15(63) | 16(86) | 17(65) | 18(81) | 19(70) | 20(72) | 21(77) | 22(87) | 23(76) | 24(75) | Ziel | | | | | |
| OL Kurz Damen (33) | | | | | | | | | | | | | | | | | |
| 1 Heidi Graf | 21:17 | 0:32 | 1:10 | 1:57 | 2:40 | 4:17 | 5:13 | 5:35 | 6:10 | 6:58 | 7:22 | 7:39 | 9:12 | 9:37 | 11:14 | | |
| OL Regio Wil | | 0:32 | 0:38 | 0:47 | 0:43 | 1:37 | 0:56 | 0:22 | 0:35 | 0:48 | 0:24 | 0:17 | 1:33 | 0:25 | 1:37 | | |
| | | 11:38 | 12:17 | 13:33 | 14:21 | 17:12 | 19:20 | 19:34 | 20:15 | 20:48 | 21:06 | 21:17 | | | | | |
| 2 Petra Reubi | 21:20 | 0:24 | 0:39 | 1:16 | 0:48 | 2:51 | 2:08 | 0:14 | 0:41 | 0:33 | 0:18 | 0:11 | | | | | |
| thurgorienta | | 0:29 | 1:04 | 2:02 | 2:56 | 4:38 | 5:30 | 5:51 | 6:24 | 7:22 | 7:52 | 8:17 | 9:36 | 10:08 | 11:34 | | |
| | | 0:29 | 0:35 | 0:58 | 0:54 | 1:42 | 0:52 | 0:21 | 0:33 | 0:58 | 0:30 | 0:25 | 1:19 | 0:32 | 1:26 | | |
| | | 12:00 | 12:38 | 14:07 | 14:54 | 17:09 | 19:13 | 19:27 | 20:08 | 20:52 | 21:08 | 21:20 | | | | | |
| | | 0:26 | 0:38 | 1:29 | 0:47 | 2:15 | 2:04 | 0:14 | 0:41 | 0:44 | 0:16 | 0:12 | | | | | |
| 3 Selina Kolb | 24:06 | 0:44 | 1:26 | 2:35 | 3:59 | 6:01 | 7:01 | 7:26 | 8:08 | 9:12 | 9:42 | 10:10 | 11:39 | 12:12 | 13:49 | | |
| | | 0:44 | 0:42 | 1:09 | 1:24 | 2:02 | 1:00 | 0:25 | 0:42 | 1:04 | 0:30 | 0:28 | 1:29 | 0:33 | 1:37 | | |
| | | 14:18 | 15:03 | 16:51 | 17:38 | 19:55 | 21:59 | 22:17 | 23:02 | 23:35 | 23:53 | 24:06 | | | | | |
| | | 0:29 | 0:45 | 1:48 | 0:47 | 2:17 | 2:04 | 0:18 | 0:45 | 0:33 | 0:18 | 0:13 | | | | | |
| 4 Andrea Schefer | 24:16 | 0:34 | 1:15 | 2:17 | 3:10 | 4:57 | 5:46 | 6:11 | 6:51 | 7:47 | 8:18 | 8:44 | 10:35 | 11:09 | 12:58 | | |
| OLC Winterthur | | 0:34 | 0:41 | 1:02 | 0:53 | 1:47 | 0:49 | 0:25 | 0:40 | 0:56 | 0:31 | 0:26 | 1:51 | 0:34 | 1:49 | | |
| | | 13:26 | 14:09 | 15:59 | 16:48 | 19:27 | 21:49 | 22:04 | 22:51 | 23:44 | 24:02 | 24:16 | | | | | |
| | | 0:28 | 0:43 | 1:50 | 0:49 | 2:39 | 2:22 | 0:15 | 0:47 | 0:53 | 0:18 | 0:14 | | | | | |
| 5 Claudia Dennenmo | 24:20 | 0:37 | 1:25 | 2:30 | 3:27 | 5:47 | 6:38 | 7:03 | 7:44 | 8:46 | 9:25 | 9:40 | 11:22 | 11:57 | 13:47 | | |
| thurgorienta | | 0:37 | 0:48 | 1:05 | 0:57 | 2:20 | 0:51 | 0:25 | 0:41 | 1:02 | 0:39 | 0:15 | 1:42 | 0:35 | 1:50 | | |
| | | 14:13 | 15:00 | 16:21 | 17:11 | 19:54 | 22:11 | 22:26 | 23:12 | 23:48 | 24:08 | 24:20 | | | | | |
| | | 0:26 | 0:47 | 1:21 | 0:50 | 2:43 | 2:17 | 0:15 | 0:46 | 0:36 | 0:20 | 0:12 | | | | | |
| 6 Susanne Wenk | 24:35 | 0:37 | 1:22 | 2:26 | 3:20 | 5:16 | 6:03 | 6:30 | 7:11 | 8:07 | 8:37 | 9:00 | 11:14 | 11:42 | 13:37 | | |
| thurgorienta | | 0:37 | 0:45 | 1:04 | 0:54 | 1:56 | 0:47 | 0:27 | 0:41 | 0:56 | 0:30 | 0:23 | 2:14 | 0:28 | 1:55 | | |
| | | 14:07 | 14:51 | 16:17 | 17:07 | 19:47 | 22:10 | 22:26 | 23:22 | 24:01 | 24:21 | 24:35 | | | | | |
| | | 0:30 | 0:44 | 1:26 | 0:50 | 2:40 | 2:23 | 0:16 | 0:56 | 0:39 | 0:20 | 0:14 | | | | | |
| 7 Doris Haas | 26:54 | 0:43 | 1:25 | 2:27 | 3:42 | 7:06 | 8:00 | 8:22 | 9:01 | 9:58 | 10:33 | 10:52 | 13:10 | 13:39 | 15:21 | | |
| OLG Schaffhausen | | 0:43 | 0:42 | 1:02 | 1:15 | 3:24 | 0:54 | 0:22 | 0:39 | 0:57 | 0:35 | 0:19 | 2:18 | 0:29 | 1:42 | | |
| | | 15:48 | 16:35 | 18:11 | 19:17 | 22:10 | 24:38 | 24:56 | 25:43 | 26:21 | 26:40 | 26:54 | | | | | |
| | | 0:27 | 0:47 | 1:36 | 1:06 | 2:53 | 2:28 | 0:18 | 0:47 | 0:38 | 0:19 | 0:14 | | | | | |
| 8 Sabrina Müller | 27:13 | 0:34 | 1:17 | 2:23 | 3:18 | 5:31 | 6:32 | 6:59 | 7:44 | 9:17 | 10:15 | 10:33 | 12:28 | 12:59 | 15:01 | | |
| OL Amriswil | | 0:34 | 0:43 | 1:06 | 0:55 | 2:13 | 1:01 | 0:27 | 0:45 | 1:33 | 0:58 | 0:18 | 1:55 | 0:31 | 2:02 | | |
| | | 15:32 | 16:22 | 17:54 | 19:00 | 22:06 | 24:45 | 25:03 | 25:51 | 26:35 | 26:58 | 27:13 | | | | | |
| | | 0:31 | 0:50 | 1:32 | 1:06 | 3:06 | 2:39 | 0:18 | 0:48 | 0:44 | 0:23 | 0:15 | | | | | |
| 9 Karin Ammann | 27:44 | 0:48 | 1:44 | 2:48 | 3:52 | 6:02 | 6:54 | 7:23 | 8:13 | 9:19 | 9:52 | 10:16 | 11:57 | 12:38 | 14:44 | | |
| OL Regio Wil | | 0:48 | 0:56 | 1:04 | 1:04 | 2:10 | 0:52 | 0:29 | 0:50 | 1:06 | 0:33 | 0:24 | 1:41 | 0:41 | 2:06 | | |
| | | 15:20 | 16:12 | 18:00 | 19:08 | 22:21 | 25:17 | 25:35 | 26:31 | 27:11 | 27:31 | 27:44 | | | | | |
| | | 0:36 | 0:52 | 1:48 | 1:08 | 3:13 | 2:56 | 0:18 | 0:56 | 0:40 | 0:20 | 0:13 | | | | | |
| 10 Silvia Weber | 28:16 | 0:40 | 1:36 | 2:46 | 3:48 | 5:50 | 7:03 | 7:29 | 8:12 | 9:55 | 10:24 | 10:41 | 13:15 | 13:54 | 15:56 | | |
| thurgorienta | | 0:40 | 0:56 | 1:10 | 1:02 | 2:02 | 1:13 | 0:26 | 0:43 | 1:43 | 0:29 | 0:17 | 2:34 | 0:39 | 2:02 | | |
| | | 16:29 | 17:24 | 19:36 | 20:35 | 23:32 | 25:45 | 25:59 | 26:45 | 27:34 | 27:56 | 28:16 | | | | | |
| | | 0:33 | 0:55 | 2:12 | 0:59 | 2:57 | 2:13 | 0:14 | 0:46 | 0:49 | 0:22 | 0:20 | | | | | |
| 11 Ursi Ott | 28:36 | 0:47 | 1:38 | 2:57 | 4:05 | 6:12 | 7:59 | 8:30 | 9:16 | 10:21 | 10:55 | 11:14 | 14:15 | 15:03 | 16:55 | | |
| OL Regio Wil | | 0:47 | 0:51 | 1:19 | 1:08 | 2:07 | 1:47 | 0:31 | 0:46 | 1:05 | 0:34 | 0:19 | 3:01 | 0:48 | 1:52 | | |
| | | 17:30 | 18:24 | 19:46 | 20:29 | 23:26 | 25:59 | 26:19 | 27:13 | 27:57 | 28:21 | 28:36 | | | | | |
| | | 0:35 | 0:54 | 1:22 | 0:43 | 2:57 | 2:33 | 0:20 | 0:54 | 0:44 | 0:24 | 0:15 | | | | | |
| 12 Esther Knöpfli | 29:28 | 0:41 | 1:31 | 2:36 | 4:11 | 6:19 | 7:13 | 7:46 | 8:48 | 10:30 | 11:03 | 11:23 | 13:38 | 14:24 | 16:47 | | |
| OLG Welsikon | | 0:41 | 0:50 | 1:05 | 1:35 | 2:08 | 0:54 | 0:33 | 1:02 | 1:42 | 0:33 | 0:20 | 2:15 | 0:46 | 2:23 | | |
| | | 17:20 | 18:20 | 20:15 | 21:05 | 24:17 | 27:00 | 27:16 | 28:13 | 28:55 | 29:15 | 29:28 | | | | | |
| | | 0:33 | 1:00 | 1:55 | 0:50 | 3:12 | 2:43 | 0:16 | 0:57 | 0:42 | 0:20 | 0:13 | | | | | |
| 13 Nadja Enz | 29:40 | 0:40 | 1:35 | 2:36 | 3:54 | 6:05 | 7:40 | 8:19 | 9:04 | 10:16 | 10:53 | 11:11 | 12:48 | 13:33 | 15:57 | | |
| OLK Rafzerfeld | | 0:40 | 0:55 | 1:01 | 1:18 | 2:11 | 1:35 | 0:39 | 0:45 | 1:12 | 0:37 | 0:18 | 1:37 | 0:45 | 2:24 | | |
| | | 16:31 | 17:31 | 19:03 | 19:54 | 23:38 | 27:11 | 27:26 | 28:18 | 29:01 | 29:24 | 29:40 | | | | | |
| | | 0:34 | 1:00 | 1:32 | 0:51 | 3:44 | 3:33 | 0:15 | 0:52 | 0:43 | 0:23 | 0:16 | | | | | |
| 14 Nicole Steinlin | 29:53 | 0:46 | 1:37 | 3:06 | 4:19 | 6:53 | 7:59 | 8:29 | 9:13 | 10:22 | 11:00 | 11:20 | 13:53 | 14:33 | 16:56 | | |
| OLC Winterthur | | 0:46 | 0:51 | 1:29 | 1:13 | 2:34 | 1:06 | 0:30 | 0:44 | 1:09 | 0:38 | 0:20 | 2:33 | 0:40 | 2:23 | | |
| | | 17:26 | 18:18 | 20:11 | 21:08 | 24:30 | 27:23 | 27:39 | 28:32 | 29:17 | 29:41 | 29:53 | | | | | |
| | | 0:30 | 0:52 | 1:53 | 0:57 | 3:22 | 2:53 | 0:16 | 0:53 | 0:45 | 0:24 | 0:12 | | | | | |
| 15 Lilian Kissling | 30:29 | 0:40 | 1:31 | 2:50 | 3:54 | 6:34 | 7:56 | 8:25 | 9:16 | 10:29 | 11:06 | 11:31 | 13:48 | 14:28 | 16:42 | | |
| OLG Dachsen | | 0:40 | 0:51 | 1:19 | 1:04 | 2:40 | 1:22 | 0:29 | 0:51 | 1:13 | 0:37 | 0:25 | 2:17 | 0:40 | 2:14 | | |
| | | 17:15 | 18:21 | 19:57 | 21:12 | 24:42 | 27:33 | 27:54 | 28:54 | 29:47 | 30:14 | 30:29 | | | | | |
| | | 0:33 | 1:06 | 1:36 | 1:15 | 3:30 | 2:51 | 0:21 | 1:00 | 0:53 | 0:27 | 0:15 | | | | | |
| 16 Käthi Schmitter-Grä | 30:32 | 0:45 | 1:39 | 2:50 | 4:04 | 6:29 | 7:46 | 8:17 | 9:05 | 10:17 | 10:52 | 11:18 | 13:25 | 14:06 | 16:24 | | |
| OLG Galgenen | | 0:45 | 0:54 | 1:11 | 1:14 | 2:25 | 1:17 | 0:31 | 0:48 | 1:12 | 0:35 | 0:26 | 2:07 | 0:41 | 2:18 | | |
| | | 17:06 | 18:04 | 19:41 | 20:49 | 24:22 | 27:28 | 27:50 | 28:56 | 29:51 | 30:17 | 30:32 | | | | | |
| | | 0:42 | 0:58 | 1:37 | 1:08 | 3:33 | 3:06 | 0:22 | 1:06 | 0:55 | 0:26 | 0:15 | | | | | |
| 17 Nicole Wolfensberg | 31:14 | 0:37 | 1:28 | 2:41 | 3:48 | 5:54 | 7:30 | 7:59 | 8:48 | 10:00 | 10:35 | 10:57 | 14:38 | 15:23 | 18:05 | | |
| OLC Winterthur | | 0:37 | 0:51 | 1:13 | 1:07 | 2:06 | 1:36 | 0:29 | 0:49 | 1:12 | 0:35 | 0:22 | 3:41 | 0:45 | 2:42 | | |
| | | 18:48 | 19:40 | 21:18 | 22:10 | 26:00 | 28:36 | 28:54 | 29:52 | 30:39 | 31:01 | 31:14 | | | | | |
| | | 0:43 | 0:52 | 1:38 | 0:52 | 3:50 | 2:36 | 0:18 | 0:58 | 0:47 | 0:22 | 0:13 | | | | | |
| 18 Angela Sterren | 31:32 | 0:42 | 1:35 | 2:41 | 5:55 | 9:22 | 10:51 | 11:16 | 11:59 | 13:22 | 13:51 | 14:12 | 15:51 | 16:38 | 18:33 | | |
| OL Regio Wil | | 0:42 | 0:53 | 1:06 | 3:14 | 3:27 | 1:29 | 0:25 | 0:43 | 1:23 | 0:29 | 0:21 | 1:39 | 0:47 | 1:55 | | |
| | | 19:13 | 20:42 | 23:08 | 23:46 | 26:34 | 28:59 | 29:17 | 30:06 | 30:52 | 31:18 | 31:32 | | | | | |
| | | 0:40 | 1:29 | 2:26 | 0:38 | 2:48 | 2:25 | 0:18 | 0:49 | 0:46 | 0:26 | 0:14 | | | | | |
| 19 Janine Wenk | 31:50 | 0:48 | 1:46 | 2:49 | 4:20 | 6:36 | 7:36 | 8:08 | 9:05 | 10:31 | 11:10 | 11:29 | 13:25 | 14:01 | 16:04 | | |
| - | | 0:48 | 0:58 | 1:03 | 1:31 | 2:16 | 1:00 | 0:32 | 0:57 | 1:26 | 0:39 | 0:19 | 1:56 | 0:36 | 2:03 | | |
| | | 17:25 | 18:37 | 20:30 | 21:26 | 25:54 | 28:58 | 29:18 | 30:20 | 31:09 | 31:34 | 31:50 | | | | | |
| | | 1:21 | 1:12 | 1:53 | 0:56 | 4:28 | 3:04 | 0:20 | 1:02 | 0:49 | 0:25 | 0:16 | | | | | |
| 20 Claudia Schegg | 32:03 | 0:41 | 1:33 | 3:13 | 4:11 | 6:32 | 7:53 | 8:26 | 9:16 | 10: | | | | | | | |

| Pl | Name | Zeit | | | | | | | | | | | | | | |
|---------------------------|--|---------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|---------------|---------------|---------------|
| OL Kurz Damen (33) | | | 2.6 km 70 Hm | | | | 24 P | | (Forts.) | | | | | | | |
| | | | 1(32) | 2(35) | 3(84) | 4(85) | 5(45) | 6(48) | 7(61) | 8(44) | 9(50) | 10(57) | 11(58) | 12(59) | 13(55) | 14(62) |
| | | | 15(63) | 16(86) | 17(65) | 18(81) | 19(70) | 20(72) | 21(77) | 22(87) | 23(76) | 24(75) | Ziel | | | |
| 21 | Janine Dünner OLG Zürich | 32:39 | 0:46 0:46 18:19 1:29 | 1:44 0:58 19:26 1:07 | 2:52 1:08 21:06 1:40 | 4:06 1:14 22:10 1:04 | 6:12 2:06 26:00 3:50 | 7:13 1:01 29:11 3:11 | 7:41 0:28 29:29 0:18 | 8:29 0:48 30:25 0:56 | 9:53 1:24 31:56 1:31 | 10:25 0:32 32:21 0:25 | 10:48 0:23 32:39 0:18 | 13:46 2:58 | 14:22 0:36 | 16:50 2:28 |
| 22 | Katja Koster OL Regio Wil | 32:59 | 1:12 1:12 19:14 0:34 | 2:06 0:54 20:15 1:01 | 3:25 1:19 21:56 1:41 | 4:34 1:09 23:05 1:09 | 7:00 2:26 26:53 3:48 | 8:19 1:19 30:16 3:23 | 8:55 0:36 30:34 0:18 | 9:48 0:53 31:27 0:53 | 10:57 1:09 32:13 0:46 | 11:36 0:39 32:43 0:30 | 12:06 0:30 32:59 0:16 | 15:08 3:02 | 15:58 0:50 | 18:40 2:42 |
| 23 | Vroni Akeret thurgorienta | 34:35 | 0:42 0:42 19:54 0:36 | 1:43 1:01 20:53 0:59 | 3:06 1:23 23:03 2:10 | 4:21 1:15 24:27 1:24 | 6:44 2:23 28:08 3:41 | 7:57 1:13 31:33 3:25 | 8:35 0:38 31:55 0:22 | 9:30 0:55 32:57 1:02 | 10:43 1:13 33:50 0:53 | 11:25 0:42 34:19 0:29 | 11:54 0:29 34:35 0:16 | 15:54 4:00 | 16:48 0:54 | 19:18 2:30 |
| 24 | Daniela Schenk thurgorienta | 37:34 | 0:45 0:45 23:06 0:37 | 1:53 1:08 24:16 1:10 | 3:23 1:30 26:57 2:41 | 8:09 4:46 27:59 1:02 | 10:30 2:21 31:38 3:39 | 11:57 1:27 34:21 2:43 | 12:37 0:40 34:42 0:21 | 13:35 0:58 35:47 1:05 | 15:44 2:09 36:51 1:04 | 16:25 0:41 37:17 0:26 | 16:56 0:31 37:34 0:17 | 19:10 2:14 | 19:59 0:49 | 22:29 2:30 |
| 25 | Susanne Bertschi OLC Winterthur | 38:01 | 0:43 0:43 23:38 0:41 | 1:37 0:54 24:41 1:03 | 2:55 1:18 26:38 1:57 | 4:06 1:11 27:45 1:07 | 9:59 5:53 31:42 3:57 | 11:47 1:48 35:10 3:28 | 12:18 0:31 35:29 0:19 | 13:15 0:57 36:27 0:58 | 15:01 1:46 37:17 0:50 | 15:50 0:49 37:43 0:26 | 16:17 0:27 38:01 0:18 | 18:44 2:27 | 19:49 1:05 | 22:57 3:08 |
| 26 | Marianne Bandixen OLG Pfäffikon | 38:48 | 0:52 0:52 21:46 0:46 | 2:04 1:12 23:14 1:28 | 3:42 1:38 25:37 2:23 | 5:01 1:19 26:40 1:03 | 7:53 2:52 31:08 4:28 | 9:32 1:39 35:04 3:56 | 10:17 0:45 35:31 0:27 | 11:27 1:10 36:38 1:07 | 13:02 1:35 37:47 1:09 | 13:51 0:49 38:25 0:38 | 14:19 0:28 38:48 0:23 | 17:06 2:47 | 17:59 0:53 | 21:00 3:01 |
| 27 | Heidy Corrodi OLG Dachsen | 40:11 | 1:00 1:00 23:46 0:52 | 2:12 1:12 25:07 2:12 | 4:54 2:42 27:22 2:15 | 6:34 1:40 28:18 0:56 | 9:40 3:06 32:25 4:07 | 12:02 2:22 36:24 3:59 | 12:46 0:44 36:46 0:22 | 13:56 1:10 38:09 1:23 | 15:36 1:40 39:13 1:04 | 16:22 0:46 39:45 0:32 | 16:48 0:26 40:11 0:26 | 19:28 2:40 | 20:15 0:47 | 22:54 2:39 |
| 28 | Marlies Enz OLK Rafzerfeld | 40:43 | 1:00 1:00 22:46 0:53 | 2:09 1:09 23:59 1:13 | 3:46 1:37 26:56 2:57 | 5:25 1:39 28:30 1:34 | 8:25 3:00 32:50 4:20 | 9:42 1:17 36:38 3:48 | 10:25 0:43 37:02 0:24 | 11:33 1:08 38:38 1:36 | 13:08 1:35 39:45 1:07 | 15:11 2:03 40:17 0:32 | 15:42 0:31 40:43 0:26 | 18:06 2:24 | 18:58 0:52 | 21:53 2:55 |
| 29 | Anna Schnüriger OLV Zug | 41:18 | 1:00 1:00 23:34 0:44 | 2:22 1:22 24:50 1:16 | 3:50 1:28 26:50 2:00 | 5:05 1:15 27:42 0:52 | 8:01 2:56 32:31 4:49 | 9:59 1:58 36:05 3:34 | 10:36 0:37 36:32 0:27 | 11:39 1:03 38:48 2:16 | 13:25 1:46 40:20 1:32 | 14:06 0:41 40:54 0:34 | 14:34 0:28 41:18 0:24 | 19:09 4:35 | 19:56 0:47 | 22:50 2:54 |
| 30 | Rose-Marie Denzler OLG Welsikon | 42:03 | 0:48 0:48 24:15 0:42 | 2:02 1:14 26:01 1:46 | 3:26 1:24 28:31 2:30 | 4:50 1:24 29:46 1:15 | 7:29 2:39 34:19 4:33 | 11:41 4:12 37:50 3:31 | 12:14 0:33 38:11 0:21 | 13:13 0:59 39:32 1:21 | 15:32 2:19 41:09 1:37 | 16:19 0:47 41:43 0:34 | 16:47 0:28 42:03 0:20 | 19:24 2:37 | 20:11 0:47 | 23:33 3:22 |
| 31 | Elisabeth Kreis OL Amriswil | 42:30 | 0:53 0:53 26:01 0:46 | 2:14 1:21 27:25 1:24 | 3:41 1:27 29:06 1:41 | 5:03 1:22 30:30 1:24 | 10:58 5:55 36:22 3:00 | 13:15 2:17 39:22 0:22 | 13:46 0:31 39:44 0:22 | 14:48 1:02 40:56 1:12 | 16:45 1:57 41:44 0:48 | 17:33 0:48 42:10 0:26 | 18:12 0:39 42:30 0:20 | 21:34 3:22 | 22:22 0:48 | 25:15 2:53 |
| 32 | Frieda Schanz OLC Kapreolo | 51:45 | 1:13 1:13 30:22 1:01 | 2:35 1:22 32:43 2:21 | 4:24 1:49 35:56 3:13 | 6:44 2:20 37:03 1:07 | 10:04 3:20 43:23 6:20 | 11:35 1:31 47:07 3:44 | 12:20 0:45 47:30 0:23 | 13:35 1:15 49:08 1:38 | 15:37 2:02 50:44 1:36 | 18:17 2:40 51:18 0:34 | 18:43 0:26 51:45 0:27 | 24:36 5:53 | 25:31 0:55 | 29:21 3:50 |
| | Kathrin Schmid OL Regio Wil | Fehlst | 1:53 1:53 19:43 1:17 | 2:38 0:45 20:38 0:55 | 3:37 0:59 ----- 2:05 | 5:20 1:43 22:43 2:05 | 7:14 1:54 25:57 3:14 | 8:51 1:37 28:22 2:25 | 9:17 0:26 28:39 0:17 | 10:05 0:48 29:26 0:47 | 11:41 1:36 30:06 0:40 | 12:11 0:30 30:29 0:23 | 12:30 0:19 30:43 0:14 | 15:48 3:18 | 16:29 0:41 | 18:26 1:57 |

| Pl Name | Zeit | | | | | | | | | | | | | | |
|--------------------------------------|--------------|--------------|--------------|---------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| OL Juniorinnen (5) | | | | 2.9 km | 60 Hm | 26 P | | | | | | | | | |
| | | 1(31) | 2(35) | 3(34) | 4(40) | 5(43) | 6(41) | 7(42) | 8(45) | 9(46) | 10(44) | 11(61) | 12(48) | 13(50) | |
| | | 15(58) | 16(59) | 17(55) | 18(83) | 19(78) | 20(79) | 21(80) | 22(67) | 23(81) | 24(71) | 25(73) | 26(75) | Ziel | |
| 1 Madlaina Reubi thurgorienta | 26:02 | 0:20 | 1:13 | 1:59 | 3:30 | 4:48 | 5:21 | 6:08 | 7:15 | 7:37 | 8:12 | 8:49 | 9:18 | 10:29 | 10:55 |
| | | 0:20 | 0:53 | 0:46 | 1:31 | 1:18 | 0:33 | 0:47 | 1:07 | 0:22 | 0:35 | 0:37 | 0:29 | 1:11 | 0:26 |
| | | 11:12 | 12:58 | 13:30 | 15:17 | 16:18 | 18:19 | 19:39 | 20:14 | 21:34 | 22:54 | 25:20 | 25:50 | 26:02 | |
| | | 0:17 | 1:46 | 0:32 | 1:47 | 1:01 | 2:01 | 1:20 | 0:35 | 1:20 | 1:20 | 2:26 | 0:30 | 0:12 | |
| | | 24:58 | | | | | | | | | | | | | |
| | | *72 | | | | | | | | | | | | | |
| 2 Annalia Reubi thurgorienta | 30:06 | 0:20 | 1:05 | 2:52 | 4:25 | 5:26 | 5:52 | 6:49 | 8:12 | 8:31 | 9:09 | 10:01 | 10:23 | 11:36 | 12:04 |
| | | 0:20 | 0:45 | 1:47 | 1:33 | 1:01 | 0:26 | 0:57 | 1:23 | 0:19 | 0:38 | 0:52 | 0:22 | 1:13 | 0:28 |
| | | 12:28 | 14:18 | 15:03 | 17:13 | 18:22 | 19:52 | 22:24 | 23:29 | 25:00 | 26:41 | 29:25 | 29:52 | 30:06 | |
| | | 0:24 | 1:50 | 0:45 | 2:10 | 1:09 | 1:30 | 2:32 | 1:05 | 1:31 | 1:41 | 2:44 | 0:27 | 0:14 | |
| | | 3:28 | | | | | | | | | | | | | |
| | | *38 | | | | | | | | | | | | | |
| 3 Winona Weber thurgorienta | 32:13 | 0:31 | 1:34 | 3:03 | 4:04 | 5:09 | 5:53 | 6:47 | 7:44 | 8:13 | 8:52 | 9:34 | 9:58 | 11:12 | 11:39 |
| | | 0:31 | 1:03 | 1:29 | 1:01 | 1:05 | 0:44 | 0:54 | 0:57 | 0:29 | 0:39 | 0:42 | 0:24 | 1:14 | 0:27 |
| | | 12:07 | 14:24 | 14:59 | 17:14 | 18:45 | 20:57 | 22:44 | 23:20 | 25:00 | 28:28 | 31:32 | 31:59 | 32:13 | |
| | | 0:28 | 2:17 | 0:35 | 2:15 | 1:31 | 2:12 | 1:47 | 0:36 | 1:40 | 3:28 | 3:04 | 0:27 | 0:14 | |
| | | 27:57 | | | | | | | | | | | | | |
| | | *70 | | | | | | | | | | | | | |
| 4 Lorena Schegg OL Regio Wil | 32:48 | 0:17 | 1:01 | 4:40 | 5:27 | 6:24 | 6:56 | 9:36 | 10:38 | 10:57 | 11:39 | 12:19 | 12:40 | 14:12 | 14:31 |
| | | 0:17 | 0:44 | 3:39 | 0:47 | 0:57 | 0:32 | 2:40 | 1:02 | 0:19 | 0:42 | 0:40 | 0:21 | 1:32 | 0:19 |
| | | 14:49 | 16:40 | 17:11 | 19:18 | 20:36 | 22:16 | 23:22 | 23:55 | 25:19 | 29:02 | 32:12 | 32:37 | 32:48 | |
| | | 0:18 | 1:51 | 0:31 | 2:07 | 1:18 | 1:40 | 1:06 | 0:33 | 1:24 | 3:43 | 3:10 | 0:25 | 0:11 | |
| | | 31:57 | | | | | | | | | | | | | |
| | | *74 | | | | | | | | | | | | | |
| 5 Lea Küttel thurgorienta | 41:53 | 0:25 | 1:23 | 3:15 | 4:22 | 5:53 | 6:37 | 7:35 | 9:04 | 9:30 | 10:03 | 10:53 | 11:35 | 13:13 | 13:45 |
| | | 0:25 | 0:58 | 1:52 | 1:07 | 1:31 | 0:44 | 0:58 | 1:29 | 0:26 | 0:33 | 0:50 | 0:42 | 1:38 | 0:32 |
| | | 14:14 | 18:28 | 19:16 | 22:37 | 24:57 | 27:10 | 29:47 | 30:22 | 32:54 | 37:32 | 41:08 | 41:40 | 41:53 | |
| | | 0:29 | 4:14 | 0:48 | 3:21 | 2:20 | 2:13 | 2:37 | 0:35 | 2:32 | 4:38 | 3:36 | 0:32 | 0:13 | |

| Pl | Name | Zeit | 2.3 km | | 50 Hm | | 23 P | | 6(41) | 7(42) | 8(48) | 9(46) | 10(50) | 11(51) | 12(56) | 13(62) | 14(63) |
|-----------------------------|--------------------------|--------------|-------------|-------------|-------------|-------------|-------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|--------|
| | | | 1(32) | 2(35) | 3(38) | 4(40) | 5(43) | 6(41) | 7(42) | 8(48) | 9(46) | 10(50) | 11(51) | 12(56) | 13(62) | 14(63) | |
| | | | 15(79) | 16(69) | 17(68) | 18(54) | 19(37) | 20(70) | 21(72) | 22(74) | 23(75) | Ziel | | | | | |
| FUN Lang Herren (23) | | | | | | | | | | | | | | | | | |
| 1 | Christoph Brander | 12:46 | 0:21 | 0:52 | 1:16 | 1:49 | 2:33 | 2:54 | 3:33 | 4:07 | 4:43 | 5:04 | 5:22 | 5:45 | 7:17 | 7:38 | |
| | PG Hüttwilen | | <i>0:21</i> | <i>0:31</i> | <i>0:24</i> | <i>0:33</i> | 0:44 | <i>0:21</i> | 0:39 | <i>0:34</i> | <i>0:36</i> | <i>0:21</i> | 0:18 | 0:23 | 1:32 | 0:21 | |
| | | | 8:03 | 8:34 | 8:54 | 9:13 | 9:56 | 10:24 | 11:59 | 12:19 | 12:38 | 12:46 | | | | | |
| | | | <i>0:25</i> | 0:31 | 0:20 | 0:19 | 0:43 | 0:28 | 1:35 | 0:20 | 0:19 | 0:08 | | | | | |
| 2 | Christian Isler | 14:04 | 0:21 | 0:52 | 1:21 | 1:54 | 2:35 | 3:00 | 3:39 | 4:18 | 5:24 | 5:48 | 6:13 | 6:39 | 8:27 | 8:55 | |
| | PG Felben-Wellhau | | <i>0:21</i> | <i>0:31</i> | 0:29 | 0:33 | 0:41 | 0:25 | 0:39 | 0:39 | 1:06 | 0:24 | 0:25 | 0:26 | 1:48 | 0:28 | |
| | | | 9:22 | 9:52 | 10:16 | 10:32 | 11:18 | 11:43 | 13:14 | 13:33 | 13:54 | 14:04 | | | | | |
| | | | 0:27 | 0:30 | 0:24 | 0:16 | 0:46 | 0:25 | 1:31 | 0:19 | 0:21 | 0:10 | | | | | |
| 3 | Dan Uebersax | 14:20 | 0:21 | 0:53 | 1:17 | 1:51 | 2:40 | 3:04 | 3:45 | 4:24 | 5:04 | 5:38 | 6:07 | 6:41 | 8:14 | 8:37 | |
| | PG Homburg | | <i>0:21</i> | 0:32 | 0:24 | 0:34 | 0:49 | 0:24 | 0:41 | 0:39 | 0:40 | 0:34 | 0:29 | 0:34 | 1:33 | 0:23 | |
| | | | 9:09 | 9:43 | 10:06 | 10:21 | 11:23 | 11:51 | 13:28 | 13:48 | 14:09 | 14:20 | | | | | |
| | | | 0:32 | 0:34 | 0:23 | 0:15 | 1:02 | 0:28 | 1:37 | 0:20 | 0:21 | 0:11 | | | | | |
| 4 | Frank Schmid | 15:14 | 0:23 | 0:57 | 1:48 | 2:23 | 3:10 | 3:37 | 4:21 | 4:59 | 5:49 | 6:14 | 6:37 | 7:05 | 8:46 | 9:13 | |
| | PG Uesslingen-Buc | | 0:23 | 0:34 | 0:51 | 0:35 | 0:47 | 0:27 | 0:44 | 0:38 | 0:50 | 0:25 | 0:23 | 0:28 | 1:41 | 0:27 | |
| | | | 9:48 | 10:28 | 10:55 | 11:17 | 12:06 | 12:38 | 14:17 | 14:41 | 15:04 | 15:14 | | | | | |
| | | | 0:35 | 0:40 | 0:27 | 0:22 | 0:49 | 0:32 | 1:39 | 0:24 | 0:23 | 0:10 | | | | | |
| 5 | Walter Kurz | 15:56 | 0:24 | 1:00 | 1:29 | 2:10 | 3:00 | 3:27 | 4:15 | 4:58 | 5:49 | 6:14 | 6:31 | 6:54 | 8:43 | 9:07 | |
| | - | | 0:24 | 0:36 | 0:29 | 0:41 | 0:50 | 0:27 | 0:48 | 0:43 | 0:51 | 0:25 | 0:17 | 0:23 | 1:49 | 0:24 | |
| | | | 9:40 | 10:17 | 10:42 | 11:41 | 12:35 | 13:09 | 15:02 | 15:24 | 15:45 | 15:56 | | | | | |
| | | | 0:33 | 0:37 | 0:25 | 0:59 | 0:54 | 0:34 | 1:53 | 0:22 | 0:21 | 0:11 | | | | | |
| 6 | Roman Müller | 16:34 | 0:23 | 1:02 | 1:34 | 2:11 | 3:00 | 3:26 | 4:11 | 4:53 | 5:54 | 6:19 | 7:00 | 7:25 | 9:29 | 9:56 | |
| | PG Warth-Weininge | | 0:23 | 0:39 | 0:32 | 0:37 | 0:49 | 0:26 | 0:45 | 0:42 | 1:01 | 0:25 | 0:41 | 0:25 | 2:04 | 0:27 | |
| | | | 10:34 | 11:11 | 11:36 | 12:02 | 13:08 | 13:40 | 15:33 | 15:57 | 16:22 | 16:34 | | | | | |
| | | | 0:38 | 0:37 | 0:25 | 0:26 | 1:06 | 0:32 | 1:53 | 0:24 | 0:25 | 0:12 | | | | | |
| 7 | Fredy Zahner | 17:09 | 0:29 | 1:07 | 2:05 | 2:44 | 3:34 | 4:00 | 4:46 | 5:31 | 6:28 | 7:36 | 7:53 | 8:21 | 10:02 | 10:32 | |
| | PG Stettfurt | | 0:29 | 0:38 | 0:58 | 0:39 | 0:50 | 0:26 | 0:46 | 0:45 | 0:57 | 1:08 | 0:17 | 0:28 | 1:41 | 0:30 | |
| | | | 11:30 | 12:15 | 12:43 | 13:11 | 14:00 | 14:29 | 16:12 | 16:35 | 16:58 | 17:09 | | 7:11 | | | |
| | | | 0:58 | 0:45 | 0:28 | 0:28 | 0:49 | 0:29 | 1:43 | 0:23 | 0:23 | 0:11 | | *51 | | | |
| 7 | Timon Eugster | 17:09 | 0:27 | 1:05 | 1:43 | 2:21 | 3:14 | 3:44 | 4:35 | 5:41 | 6:40 | 7:07 | 7:37 | 7:59 | 9:48 | 10:18 | |
| | PG Homburg | | 0:27 | 0:38 | 0:38 | 0:38 | 0:53 | 0:30 | 0:51 | 1:06 | 0:59 | 0:27 | 0:30 | 0:22 | 1:49 | 0:30 | |
| | | | 10:49 | 11:33 | 12:01 | 12:29 | 13:31 | 14:06 | 15:58 | 16:23 | 16:51 | 17:09 | | | | | |
| | | | 0:31 | 0:44 | 0:28 | 0:28 | 1:02 | 0:35 | 1:52 | 0:25 | 0:28 | 0:18 | | | | | |
| 9 | Ismael Schmitter | 18:46 | 0:26 | 1:05 | 1:58 | 2:40 | 3:43 | 4:16 | 5:08 | 5:55 | 6:47 | 7:12 | 7:54 | 8:21 | 10:25 | 10:58 | |
| | OLG Galgenen | | 0:26 | 0:39 | 0:53 | 0:42 | 1:03 | 0:33 | 0:52 | 0:47 | 0:52 | 0:25 | 0:42 | 0:27 | 2:04 | 0:33 | |
| | | | 11:42 | 12:23 | 12:51 | 13:15 | 14:59 | 15:35 | 17:48 | 18:13 | 18:36 | 18:46 | | 14:19 | | | |
| | | | 0:44 | 0:41 | 0:28 | 0:24 | 1:44 | 0:36 | 2:13 | 0:25 | 0:23 | 0:10 | | *66 | | | |
| 10 | Peter Oehy | 18:54 | 0:25 | 1:00 | 1:36 | 2:13 | 3:16 | 3:41 | 4:19 | 5:05 | 5:54 | 6:18 | 6:39 | 10:12 | 11:59 | 12:28 | |
| | PG Diessenhofen | | 0:25 | 0:35 | 0:36 | 0:37 | 1:03 | 0:25 | 0:38 | 0:46 | 0:49 | 0:24 | 0:21 | 3:33 | 1:47 | 0:29 | |
| | | | 12:58 | 13:39 | 14:04 | 14:23 | 15:21 | 15:57 | 17:56 | 18:20 | 18:42 | 18:54 | | | | | |
| | | | 0:30 | 0:41 | 0:25 | 0:19 | 0:58 | 0:36 | 1:59 | 0:24 | 0:22 | 0:12 | | | | | |
| 11 | Lionel Witschi | 19:21 | 0:33 | 1:12 | 1:47 | 2:34 | 3:32 | 4:01 | 4:57 | 5:46 | 6:45 | 7:15 | 7:41 | 8:15 | 11:13 | 11:48 | |
| | PG Stettfurt | | 0:33 | 0:39 | 0:35 | 0:47 | 0:58 | 0:29 | 0:56 | 0:49 | 0:59 | 0:30 | 0:26 | 0:34 | 2:58 | 0:35 | |
| | | | 12:31 | 13:18 | 13:50 | 14:17 | 15:22 | 16:02 | 18:15 | 18:43 | 19:09 | 19:21 | | 0:18 | | | |
| | | | 0:43 | 0:47 | 0:32 | 0:27 | 1:05 | 0:40 | 2:13 | 0:28 | 0:26 | 0:12 | | *31 | | | |
| 12 | Peter Brunner | 20:37 | 0:31 | 1:13 | 2:08 | 2:58 | 3:59 | 4:33 | 5:29 | 6:24 | 7:23 | 7:59 | 8:27 | 9:13 | 11:42 | 12:22 | |
| | - | | 0:31 | 0:42 | 0:55 | 0:50 | 1:01 | 0:34 | 0:56 | 0:55 | 0:59 | 0:36 | 0:28 | 0:46 | 2:29 | 0:40 | |
| | | | 13:03 | 13:54 | 14:33 | 14:57 | 16:23 | 17:05 | 19:21 | 19:50 | 20:21 | 20:37 | | | | | |
| | | | 0:41 | 0:51 | 0:39 | 0:24 | 1:26 | 0:42 | 2:16 | 0:29 | 0:31 | 0:16 | | | | | |
| 13 | Benjamin Gentsch | 20:42 | 0:30 | 1:14 | 2:08 | 2:58 | 4:12 | 4:50 | 5:49 | 6:48 | 7:49 | 8:21 | 8:47 | 9:18 | 11:48 | 12:19 | |
| | PG Neunforn | | 0:30 | 0:44 | 0:54 | 0:50 | 1:14 | 0:38 | 0:59 | 0:59 | 1:01 | 0:32 | 0:26 | 0:31 | 2:30 | 0:31 | |
| | | | 13:01 | 13:47 | 14:30 | 14:52 | 16:00 | 16:47 | 19:21 | 19:54 | 20:30 | 20:42 | | | | | |
| | | | 0:42 | 0:46 | 0:43 | 0:22 | 1:08 | 0:47 | 2:34 | 0:33 | 0:36 | 0:12 | | | | | |
| 14 | Florian Gerold | 21:35 | 0:27 | 1:05 | 2:04 | 3:20 | 4:16 | 6:02 | 6:55 | 7:42 | 8:42 | 9:17 | 10:21 | 11:00 | 13:09 | 13:40 | |
| | - | | 0:27 | 0:38 | 0:59 | 1:16 | 0:56 | 1:46 | 0:53 | 0:47 | 1:00 | 0:35 | 1:04 | 0:39 | 2:09 | 0:31 | |
| | | | 14:32 | 15:22 | 16:00 | 16:42 | 17:54 | 18:30 | 20:27 | 20:55 | 21:21 | 21:35 | | | | | |
| | | | 0:52 | 0:50 | 0:38 | 0:42 | 1:12 | 0:36 | 1:57 | 0:28 | 0:26 | 0:14 | | | | | |
| 15 | Erich Gurtner | 21:44 | 0:29 | 1:09 | 1:48 | 2:35 | 3:44 | 4:21 | 5:21 | 6:12 | 7:20 | 7:52 | 8:21 | 9:46 | 11:55 | 12:28 | |
| | PG Müllheim | | 0:29 | 0:40 | 0:39 | 0:47 | 1:09 | 0:37 | 1:00 | 0:51 | 1:08 | 0:32 | 0:29 | 1:25 | 2:09 | 0:33 | |
| | | | 13:04 | 13:52 | 15:55 | 16:21 | 17:29 | 18:12 | 20:36 | 21:03 | 21:31 | 21:44 | | | | | |
| | | | 0:36 | 0:48 | 2:03 | 0:26 | 1:08 | 0:43 | 2:24 | 0:27 | 0:28 | 0:13 | | | | | |
| 16 | Markus Schär | 22:51 | 0:34 | 1:26 | 2:12 | 3:02 | 4:11 | 4:48 | 5:54 | 7:03 | 8:20 | 8:54 | 9:35 | 10:31 | 12:58 | 13:38 | |
| | thurgorienta | | 0:34 | 0:52 | 0:46 | 0:50 | 1:09 | 0:37 | 1:06 | 1:09 | 1:17 | 0:34 | 0:41 | 0:56 | 2:27 | 0:40 | |
| | | | 14:41 | 15:48 | 16:24 | 16:50 | 18:08 | 18:54 | 21:31 | 22:06 | 22:37 | 22:51 | | | | | |
| | | | 1:03 | 1:07 | 0:36 | 0:26 | 1:18 | 0:46 | 2:37 | 0:35 | 0:31 | 0:14 | | | | | |
| 17 | Andreas Frankhaus | 23:08 | 0:34 | 1:25 | 2:35 | 3:37 | 4:44 | 5:18 | 6:20 | 7:12 | 8:22 | 8:54 | 9:23 | 10:05 | 12:36 | 13:15 | |
| | PG Wigoltingen | | 0:34 | 0:51 | 1:10 | 1:02 | 1:07 | 0:34 | 1:02 | 0:52 | 1:10 | 0:32 | 0:29 | 0:42 | 2:31 | 0:39 | |
| | | | 14:13 | 15:32 | 16:10 | 16:56 | 18:15 | 19:04 | 21:44 | 22:18 | 22:52 | 23:08 | | | | | |
| | | | 0:58 | 1:19 | 0:38 | 0:46 | 1:19 | | | | | | | | | | |

| Pl Name | Zeit | | | | | | | | | | | | | | |
|-----------------------------|---------------|---------------------|--------|--------|--------|-------------|-----------------|--------|--------|--------|--------|--------|--------|--------|--------|
| FUN Lang Herren (23) | | 2.3 km 50 Hm | | | | 23 P | (Forts.) | | | | | | | | |
| | | 1(32) | 2(35) | 3(38) | 4(40) | 5(43) | 6(41) | 7(42) | 8(48) | 9(46) | 10(50) | 11(51) | 12(56) | 13(62) | 14(63) |
| | | 15(79) | 16(69) | 17(68) | 18(54) | 19(37) | 20(70) | 21(72) | 22(74) | 23(75) | Ziel | | | | |
| Roman Germann | Fehlst | ---- | 1:05 | 1:52 | 2:36 | 3:44 | 4:12 | 5:00 | 5:42 | 7:19 | 7:46 | 8:09 | 8:39 | 10:28 | 11:28 |
| - | | | 1:05 | 0:47 | 0:44 | 1:08 | 0:28 | 0:48 | 0:42 | 1:37 | 0:27 | 0:23 | 0:30 | 1:49 | 1:00 |
| | | 12:11 | 12:46 | 13:13 | 13:30 | 14:32 | 15:03 | 16:50 | 17:17 | 17:41 | 17:53 | | 0:14 | | |
| | | 0:43 | 0:35 | 0:27 | 0:17 | 1:02 | 0:31 | 1:47 | 0:27 | 0:24 | 0:12 | | *31 | | |
| Jürg Baggenstoss | Fehlst | 0:27 | ---- | 2:01 | 2:43 | 3:38 | 4:05 | 4:51 | 5:36 | 6:24 | 6:49 | 7:14 | 7:45 | 9:38 | 10:05 |
| - | | 0:27 | | 1:34 | 0:42 | 0:55 | 0:27 | 0:46 | 0:45 | 0:48 | 0:25 | 0:25 | 0:31 | 1:53 | 0:27 |
| | | 10:42 | 11:21 | 13:27 | 13:56 | 15:10 | 15:44 | 17:40 | 18:01 | 18:23 | 18:34 | | 0:16 | 11:57 | 14:38 |
| | | 0:37 | 0:39 | 2:06 | 0:29 | 1:14 | 0:34 | 1:56 | 0:21 | 0:22 | 0:11 | | *31 | *67 | *36 |
| Sascha Ozmec | Fehlst | ---- | 1:06 | 1:59 | 4:52 | 5:40 | 7:32 | 8:09 | 8:51 | 10:52 | 11:21 | 11:59 | 12:41 | 15:18 | 15:45 |
| thurgorienta | | | 1:06 | 0:53 | 2:53 | 0:48 | 1:52 | 0:37 | 0:42 | 2:01 | 0:29 | 0:38 | 0:42 | 2:37 | 0:27 |
| | | 16:40 | 17:19 | 17:47 | 18:08 | 18:58 | 19:35 | 21:24 | 21:48 | 22:13 | 22:26 | | 0:18 | | |
| | | 0:55 | 0:39 | 0:28 | 0:21 | 0:50 | 0:37 | 1:49 | 0:24 | 0:25 | 0:13 | | *31 | | |

| Pl | Name | Zeit | | | | | | | | | | | | | | |
|---------------------|---------------------------------------|-------|-------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|--------------|
| FUN Lang Damen (26) | | | 2.3 km | 50 Hm | 23 P | | | | | | | | | | | |
| | | | 1(32) | 2(35) | 3(38) | 4(40) | 5(43) | 6(41) | 7(42) | 8(48) | 9(46) | 10(50) | 11(51) | 12(56) | 13(62) | 14(63) |
| | | | 15(79) | 16(69) | 17(68) | 18(54) | 19(37) | 20(70) | 21(72) | 22(74) | 23(75) | Ziel | | | | |
| 1 | Nadia Ricklin OLG St. Gallen/App. | 17:32 | 0:30 | 1:13 | 1:50 | 2:37 | 3:40 | 4:08 | 5:00 | 5:46 | 6:59 | 7:31 | 7:56 | 8:25 | 10:17 | 10:45 |
| | | | 0:30 | 0:43 | 0:37 | 0:47 | 1:03 | 0:28 | 0:52 | 0:46 | 1:13 | 0:32 | 0:25 | 0:29 | 1:52 | 0:28 |
| | | | 11:18 | 11:59 | 12:26 | 12:43 | 13:45 | 14:24 | 16:31 | 16:56 | 17:20 | 17:32 | | | | |
| | | | 0:33 | 0:41 | 0:27 | 0:17 | 1:02 | 0:39 | 2:07 | 0:25 | 0:24 | 0:12 | | | | |
| 2 | Christine Eugster PG Homburg | 17:43 | 0:25 | 1:03 | 2:00 | 2:34 | 3:29 | 3:59 | 4:43 | 5:25 | 6:26 | 6:50 | 7:19 | 7:56 | 10:02 | 10:56 |
| | | | 0:25 | 0:38 | 0:57 | 0:34 | 0:55 | 0:30 | 0:44 | 0:42 | 1:01 | 0:24 | 0:29 | 0:37 | 2:06 | 0:54 |
| | | | 11:50 | 12:28 | 12:56 | 13:26 | 14:18 | 14:50 | 16:41 | 17:05 | 17:30 | 17:43 | | | | |
| | | | 0:54 | 0:38 | 0:28 | 0:30 | 0:52 | 0:32 | 1:51 | 0:24 | 0:25 | 0:13 | | | | |
| 3 | Monika Mörsch PG Felben-Wellhau | 17:52 | 0:25 | 0:59 | 1:31 | 2:13 | 3:02 | 4:53 | 5:31 | 6:29 | 7:23 | 7:50 | 8:18 | 8:49 | 10:35 | 11:10 |
| | | | 0:25 | 0:34 | 0:32 | 0:42 | 0:49 | 1:51 | 0:38 | 0:58 | 0:54 | 0:27 | 0:28 | 0:31 | 1:46 | 0:35 |
| | | | 11:55 | 12:26 | 12:50 | 13:24 | 14:16 | 14:56 | 16:49 | 17:15 | 17:39 | 17:52 | | | | |
| | | | 0:45 | 0:31 | 0:24 | 0:34 | 0:52 | 0:40 | 1:53 | 0:26 | 0:24 | 0:13 | | | | |
| 4 | Patricia Schmid PG Uesslingen-Buc | 18:10 | 0:26 | 1:02 | 1:41 | 2:23 | 3:23 | 3:54 | 4:46 | 5:36 | 6:34 | 7:02 | 7:28 | 8:00 | 10:11 | 10:38 |
| | | | 0:26 | 0:36 | 0:39 | 0:42 | 1:00 | 0:31 | 0:52 | 0:50 | 0:58 | 0:28 | 0:26 | 0:32 | 2:11 | 0:27 |
| | | | 11:17 | 12:00 | 12:33 | 12:53 | 14:05 | 14:46 | 17:05 | 17:31 | 17:56 | 18:10 | | | | |
| | | | 0:39 | 0:43 | 0:33 | 0:20 | 1:12 | 0:41 | 2:19 | 0:26 | 0:25 | 0:14 | | | | |
| 5 | Petra Brunner - | 18:24 | 0:26 | 1:02 | 1:33 | 2:16 | 3:16 | 3:52 | 4:38 | 5:27 | 6:16 | 6:41 | 7:04 | 7:36 | 9:56 | 10:22 |
| | | | 0:26 | 0:36 | 0:31 | 0:43 | 1:00 | 0:36 | 0:46 | 0:49 | 0:49 | 0:25 | 0:23 | 0:32 | 2:20 | 0:26 |
| | | | 11:15 | 12:02 | 12:28 | 13:18 | 14:23 | 15:02 | 17:19 | 17:45 | 18:12 | 18:24 | | | | |
| | | | 0:53 | 0:47 | 0:26 | 0:50 | 1:05 | 0:39 | 2:17 | 0:26 | 0:27 | 0:12 | | | | |
| 6 | Melanie Meister - | 19:32 | 0:37 | 1:25 | 2:17 | 3:06 | 4:17 | 4:48 | 5:44 | 6:37 | 7:36 | 8:07 | 8:32 | 9:00 | 11:11 | 11:40 |
| | | | 0:37 | 0:48 | 0:52 | 0:49 | 1:11 | 0:31 | 0:56 | 0:53 | 0:59 | 0:31 | 0:25 | 0:28 | 2:11 | 0:29 |
| | | | 12:17 | 13:01 | 13:30 | 13:57 | 15:14 | 15:59 | 18:23 | 18:50 | 19:19 | 19:32 | | | | |
| | | | 0:37 | 0:44 | 0:29 | 0:27 | 1:17 | 0:45 | 2:24 | 0:27 | 0:29 | 0:13 | | | | |
| 7 | Franziska Gurtner PG Müllheim | 19:37 | 0:31 | 1:09 | 1:53 | 3:30 | 4:28 | 5:00 | 5:46 | 6:38 | 7:43 | 8:11 | 8:42 | 9:17 | 11:14 | 11:56 |
| | | | 0:31 | 0:38 | 0:44 | 1:37 | 0:58 | 0:32 | 0:46 | 0:52 | 1:05 | 0:28 | 0:31 | 0:35 | 1:57 | 0:42 |
| | | | 12:36 | 13:18 | 13:50 | 14:15 | 15:44 | 16:23 | 18:21 | 18:52 | 19:24 | 19:37 | | | | |
| | | | 0:40 | 0:42 | 0:32 | 0:25 | 1:29 | 0:39 | 1:58 | 0:31 | 0:32 | 0:13 | | | | |
| 8 | Alexandra Bamert OL Regio Wil | 19:40 | 0:30 | 1:10 | 1:55 | 2:41 | 3:43 | 4:11 | 5:05 | 5:57 | 6:52 | 7:24 | 7:48 | 8:22 | 10:57 | 11:27 |
| | | | 0:30 | 0:40 | 0:45 | 0:46 | 1:02 | 0:28 | 0:54 | 0:52 | 0:55 | 0:32 | 0:24 | 0:34 | 2:35 | 0:30 |
| | | | 12:10 | 13:11 | 13:50 | 14:14 | 15:20 | 16:09 | 18:29 | 18:58 | 19:27 | 19:40 | | | | |
| | | | 0:43 | 1:01 | 0:39 | 0:24 | 1:06 | 0:49 | 2:20 | 0:29 | 0:29 | 0:13 | | | | |
| 9 | Anja Boltshauer PG Warth-Weininge | 20:22 | 0:33 | 1:25 | 2:04 | 2:56 | 3:51 | 4:22 | 5:19 | 6:06 | 7:31 | 7:58 | 8:59 | 9:46 | 11:36 | 12:38 |
| | | | 0:33 | 0:52 | 0:39 | 0:52 | 0:55 | 0:31 | 0:57 | 0:47 | 1:25 | 0:27 | 1:01 | 0:47 | 1:50 | 1:02 |
| | | | 13:33 | 14:18 | 14:53 | 15:21 | 16:30 | 17:07 | 19:10 | 19:40 | 20:09 | 20:22 | | | | |
| | | | 0:55 | 0:45 | 0:35 | 0:28 | 1:09 | 0:37 | 2:03 | 0:30 | 0:29 | 0:13 | | | | |
| 10 | Luzia Schmid PG Homburg | 21:00 | 0:28 | 1:12 | 1:59 | 2:42 | 3:40 | 4:08 | 5:24 | 6:09 | 7:05 | 7:30 | 7:58 | 11:10 | 13:00 | 14:12 |
| | | | 0:28 | 0:44 | 0:47 | 0:43 | 0:58 | 0:28 | 1:16 | 0:45 | 0:56 | 0:25 | 0:28 | 3:12 | 1:50 | 1:12 |
| | | | 14:58 | 15:40 | 16:05 | 16:26 | 17:27 | 18:04 | 19:57 | 20:21 | 20:47 | 21:00 | | | | |
| | | | 0:46 | 0:42 | 0:25 | 0:21 | 1:01 | 0:37 | 1:53 | 0:24 | 0:26 | 0:13 | | | | |
| 11 | Martina Hofer PG Neunforn | 21:24 | 0:30 | 1:16 | 2:18 | 3:10 | 4:10 | 4:52 | 5:37 | 6:33 | 7:59 | 8:30 | 9:03 | 9:38 | 11:54 | 12:38 |
| | | | 0:30 | 0:46 | 1:02 | 0:52 | 1:00 | 0:42 | 0:45 | 0:56 | 1:26 | 0:31 | 0:33 | 0:35 | 2:16 | 0:44 |
| | | | 13:28 | 14:23 | 15:11 | 15:59 | 17:26 | 18:04 | 20:14 | 20:40 | 21:12 | 21:24 | | | | |
| | | | 0:50 | 0:55 | 0:48 | 0:48 | 1:27 | 0:38 | 2:10 | 0:26 | 0:32 | 0:12 | | | | |
| 12 | Rahel Zahner PG Stettfurt | 21:25 | 0:27 | 1:12 | 1:55 | 2:41 | 3:45 | 4:22 | 5:10 | 6:01 | 7:24 | 7:55 | 8:20 | 8:50 | 11:29 | 12:38 |
| | | | 0:27 | 0:45 | 0:43 | 0:46 | 1:04 | 0:37 | 0:48 | 0:51 | 1:23 | 0:31 | 0:25 | 0:30 | 2:39 | 1:09 |
| | | | 13:25 | 14:18 | 14:46 | 15:12 | 16:35 | 17:22 | 20:13 | 20:43 | 21:12 | 21:25 | | | | |
| | | | 0:47 | 0:53 | 0:28 | 0:26 | 1:23 | 0:47 | 2:51 | 0:30 | 0:29 | 0:13 | | | | |
| 13 | Janine Welna OL Amriswil | 21:44 | 0:35 | 1:22 | 2:31 | 3:27 | 4:42 | 5:13 | 6:11 | 7:04 | 8:08 | 8:40 | 9:07 | 9:50 | 12:33 | 13:04 |
| | | | 0:35 | 0:47 | 1:09 | 0:56 | 1:15 | 0:31 | 0:58 | 0:53 | 1:04 | 0:32 | 0:27 | 0:43 | 2:43 | 0:31 |
| | | | 13:44 | 14:31 | 15:03 | 15:29 | 17:08 | 17:55 | 20:28 | 20:58 | 21:28 | 21:44 | | | | |
| | | | 0:40 | 0:47 | 0:32 | 0:26 | 1:39 | 0:47 | 2:33 | 0:30 | 0:30 | 0:16 | | | | |
| 14 | Nicole Ricklin OLG St. Gallen/App. | 21:46 | 0:34 | 1:29 | 2:16 | 3:11 | 4:19 | 4:52 | 5:51 | 6:44 | 7:50 | 8:27 | 9:00 | 9:44 | 12:03 | 12:43 |
| | | | 0:34 | 0:55 | 0:47 | 0:55 | 1:08 | 0:33 | 0:59 | 0:53 | 1:06 | 0:37 | 0:33 | 0:44 | 2:19 | 0:40 |
| | | | 13:25 | 14:12 | 14:49 | 16:28 | 18:01 | 18:39 | 20:40 | 21:06 | 21:33 | 21:46 | | | | |
| | | | 0:42 | 0:47 | 0:37 | 1:39 | 1:33 | 0:38 | 2:01 | 0:26 | 0:27 | 0:13 | | | | |
| 15 | Katja Wenk PG Hüttwilen | 22:14 | 0:33 | 1:18 | 1:57 | 2:51 | 4:04 | 4:42 | 5:47 | 6:46 | 7:56 | 8:31 | 8:59 | 9:35 | 12:23 | 12:58 |
| | | | 0:33 | 0:45 | 0:39 | 0:54 | 1:13 | 0:38 | 1:05 | 0:59 | 1:10 | 0:35 | 0:28 | 0:36 | 2:48 | 0:35 |
| | | | 13:45 | 14:39 | 15:14 | 15:36 | 17:01 | 17:57 | 20:53 | 21:25 | 21:59 | 22:14 | | | | |
| | | | 0:47 | 0:54 | 0:35 | 0:22 | 1:25 | 0:56 | 2:56 | 0:32 | 0:34 | 0:15 | | | | |
| 16 | Carola Müller - | 22:49 | 0:36 | 1:32 | 2:15 | 3:18 | 4:25 | 5:09 | 6:16 | 7:20 | 8:07 | 8:42 | 9:19 | 10:14 | 13:11 | 13:45 |
| | | | 0:36 | 0:56 | 0:43 | 1:03 | 1:07 | 0:44 | 1:07 | 1:04 | 0:47 | 0:35 | 0:37 | 0:55 | 2:57 | 0:34 |
| | | | 14:37 | 15:32 | 16:08 | 16:40 | 18:09 | 18:52 | 21:28 | 22:04 | 22:35 | 22:49 | | | | |
| | | | 0:52 | 0:55 | 0:36 | 0:32 | 1:29 | 0:43 | 2:36 | 0:36 | 0:31 | 0:14 | | | | |
| 17 | Franziska Meier - | 23:17 | 0:29 | 1:15 | 2:28 | 3:18 | 4:25 | 5:02 | 6:02 | 6:58 | 7:56 | 8:32 | 9:45 | 10:29 | 13:08 | 14:20 |
| | | | 0:29 | 0:46 | 1:13 | 0:50 | 1:07 | 0:37 | 1:00 | 0:56 | 0:58 | 0:36 | 1:13 | 0:44 | 2:39 | 1:12 |
| | | | 15:15 | 16:09 | 16:49 | 17:12 | 18:34 | 19:24 | 22:02 | 22:32 | 23:04 | 23:17 | | | | |
| | | | 0:55 | 0:54 | 0:40 | 0:23 | 1:22 | 0:50 | 2:38 | 0:30 | 0:32 | 0:13 | | | | |
| 18 | Lisa Badertscher PG Warth-Weininge | 24:24 | 0:38 | 1:31 | 2:15 | 3:11 | 4:25 | 5:16 | 6:13 | 7:12 | 8:31 | 9:05 | 9:35 | 10:11 | 12:47 | 14:10 |
| | | | 0:38 | 0:53 | 0:44 | 0:56 | 1:14 | 0:51 | 0:57 | 0:59 | 1:19 | 0:34 | 0:30 | 0:36 | 2:36 | 1:23 |
| | | | 15:05 | 16:01 | 16:37 | 17:03 | 19:20 | 20:10 | 22:57 | 23:29 | 24:03 | 24:24 | | | | |
| | | | 0:55 | 0:56 | 0:36 | 0:26 | 2:17 | 0:50 | 2:47 | 0:32 | 0:34 | 0:21 | | | | |
| 19 | Julia Neff | 25:10 | 0:31 | 1:52 | 4:17 | 5:05 | 6:05 | 8:23 | 9:04 | 9:59 | 10:55 | 11:26 | 12:17 | 12:57 | 15:44 | 16:55 |
| | | | 0:31 | 1:21 | 2:25 | 0:48 | 1:00 | 2:18 | 0:41 | 0:55 | 0:56 | 0:31 | 0:51 | 0:40 | 2:47 | 1:11 |
| | | | 17:39 | 18:25 | 19:05 | 19:38 | 20:51 | 21:29 | 23:45 | 24:17 | 24:51 | 25:10 | | | | |
| | | | 0:44 | 0:46 | 0:40 | 0:33 | 1:13 | 0:38 | 2:16 | 0:32 | 0:34 | 0:19 | | | | |
| 20 | Claudia Wyss - | 26:41 | 0:31 | 1:21 | 6:26 | 7:05 | 8:06 | 9:04 | 9:59 | 12:29 | 13:33 | 14:06 | 14:39 | 15:10 | 17:33 | 18:12 |
| | | | 0:31 | 0:50 | 5:05 | 0:39 | 1:01 | 0:58 | 0:55 | 2:30 | 1:04 | 0:33 | 0:33 | 0:31 | 2:23 | 0:39 |
| | | | 19:13 | 20:02 | 20:58 | 21:18 | 22:21 | 23:04 | 25:27 | 25:57 | 26:27 | 26:41 | | | | |
| | | | 1:01 | 0:49 | 0:56 | 0:20 | 1:03 | 0:43 | 2:23 | 0:30 | 0:30 | 0:14 | | | | |

| Pl Name | Zeit | | | | | | | | | | | | | | | |
|----------------------------|---------------|---------------------|--------|--------|--------|-------------|-----------------|--------|--------|--------|--------|-------------|--------|--------|--------|--|
| FUN Lang Damen (26) | | 2.3 km 50 Hm | | | | 23 P | (Forts.) | | | | | | | | | |
| | | 1(32) | 2(35) | 3(38) | 4(40) | 5(43) | 6(41) | 7(42) | 8(48) | 9(46) | 10(50) | 11(51) | 12(56) | 13(62) | 14(63) | |
| | | 15(79) | 16(69) | 17(68) | 18(54) | 19(37) | 20(70) | 21(72) | 22(74) | 23(75) | Ziel | | | | | |
| 21 Julia Seiterle | 27:46 | 0:34 | 1:24 | 2:22 | 3:07 | 4:10 | 5:20 | 6:17 | 7:10 | 8:09 | 8:40 | 9:10 | 10:23 | 14:35 | 15:06 | |
| - | | 0:34 | 0:50 | 0:58 | 0:45 | 1:03 | 1:10 | 0:57 | 0:53 | 0:59 | 0:31 | 0:30 | 1:13 | 4:12 | 0:31 | |
| | | 15:49 | 16:40 | 19:40 | 20:20 | 23:28 | 24:04 | 26:29 | 27:03 | 27:32 | 27:46 | | | | | |
| | | 0:43 | 0:51 | 3:00 | 0:40 | 3:08 | 0:36 | 2:25 | 0:34 | 0:29 | 0:14 | | | | | |
| 22 Claudia Litscher | 28:34 | 0:43 | 1:49 | 3:36 | 5:09 | 6:14 | 6:58 | 7:48 | 8:50 | 10:38 | 11:09 | 11:37 | 12:10 | 16:50 | 17:22 | |
| PG Eschenz | | 0:43 | 1:06 | 1:47 | 1:33 | 1:05 | 0:44 | 0:50 | 1:02 | 1:48 | 0:31 | 0:28 | 0:33 | 4:40 | 0:32 | |
| | | 18:56 | 19:47 | 22:25 | 22:57 | 24:11 | 24:51 | 27:00 | 27:43 | 28:17 | 28:34 | | | | | |
| | | 1:34 | 0:51 | 2:38 | 0:32 | 1:14 | 0:40 | 2:09 | 0:43 | 0:34 | 0:17 | | | | | |
| 23 Claudia Beier | 33:50 | 0:51 | 2:06 | 3:55 | 5:19 | 6:44 | 7:37 | 9:05 | 10:14 | 11:30 | 14:23 | 14:57 | 15:41 | 21:05 | 21:55 | |
| - | | 0:51 | 1:15 | 1:49 | 1:24 | 1:25 | 0:53 | 1:28 | 1:09 | 1:16 | 2:53 | 0:34 | 0:44 | 5:24 | 0:50 | |
| | | 22:58 | 24:08 | 25:01 | 25:36 | 27:37 | 28:32 | 31:59 | 32:44 | 33:33 | 33:50 | | | | | |
| | | 1:03 | 1:10 | 0:53 | 0:35 | 2:01 | 0:55 | 3:27 | 0:45 | 0:49 | 0:17 | | | | | |
| 24 Janine Rieser | 39:12 | 0:36 | 1:26 | 13:45 | 14:28 | 15:37 | 18:30 | 19:34 | 20:29 | 21:25 | 21:59 | 23:14 | 23:59 | 26:17 | 26:52 | |
| PG Thundorf | | 0:36 | 0:50 | 12:19 | 0:43 | 1:09 | 2:53 | 1:04 | 0:55 | 0:56 | 0:34 | 1:15 | 0:45 | 2:18 | 0:35 | |
| | | 27:30 | 30:51 | 31:36 | 32:46 | 34:38 | 35:18 | 37:37 | 38:19 | 38:56 | 39:12 | | | 3:43 | 4:20 | |
| | | 0:38 | 3:21 | 0:45 | 1:10 | 1:52 | 0:40 | 2:19 | 0:42 | 0:37 | 0:16 | | | *39 | *41 | |
| Lara Gansser | Fehlst | 0:55 | 1:46 | ----- | 3:31 | 9:45 | 10:14 | 11:04 | 11:47 | 12:35 | 13:01 | 13:24 | 13:49 | 15:40 | 16:43 | |
| PG Diessenhofen | | 0:55 | 0:51 | | 1:45 | 6:14 | 0:29 | 0:50 | 0:43 | 0:48 | 0:26 | 0:23 | 0:25 | 1:51 | 1:03 | |
| | | 17:35 | 18:26 | 19:10 | ----- | 21:55 | 22:30 | 24:19 | 24:44 | 25:12 | 25:25 | | 5:01 | 7:09 | 19:56 | |
| | | 0:52 | 0:51 | 0:44 | | 2:45 | 0:35 | 1:49 | 0:25 | 0:28 | 0:13 | | *42 | *48 | *35 | |
| | | 20:39 | | | | | | | | | | | | | | |
| | | *36 | | | | | | | | | | | | | | |
| Andrea Leuzinger | Fehlst | 0:37 | ----- | 3:24 | 4:14 | 5:31 | 6:07 | 7:12 | 8:22 | 9:27 | 10:01 | 10:33 | 11:10 | 14:34 | 15:12 | |
| PG Thundorf | | 0:37 | | 2:47 | 0:50 | 1:17 | 0:36 | 1:05 | 1:10 | 1:05 | 0:34 | 0:32 | 0:37 | 3:24 | 0:38 | |
| | | 16:13 | 17:14 | 17:55 | 18:19 | 19:42 | 20:35 | 24:29 | 24:59 | 25:32 | 25:49 | | | | | |
| | | 1:01 | 1:01 | 0:41 | 0:24 | 1:23 | 0:53 | 3:54 | 0:30 | 0:33 | 0:17 | | | | | |

| Pl | Name | Zeit | | | | | | | | | | | | | | |
|----------------------|--------------------------------------|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| FUN Kurz Herren (23) | | | 1.9 km | 30 Hm | 23 P | | | | | | | | | | | |
| | | | 1(31) | 2(66) | 3(35) | 4(85) | 5(60) | 6(43) | 7(41) | 8(47) | 9(46) | 10(49) | 11(50) | 12(51) | 13(56) | 14(80) |
| | | | 15(67) | 16(68) | 17(54) | 18(37) | 19(82) | 20(71) | 21(72) | 22(73) | 23(75) | Ziel | | | | |
| 1 | Patrick Schiess PG Hüttwilen | 9:48 | 0:13 | 0:50 | 1:11 | 1:44 | 2:05 | 2:23 | 2:45 | 2:58 | 3:26 | 3:38 | 3:55 | 4:14 | 4:43 | 4:57 |
| | | | 0:13 | 0:37 | 0:21 | 0:33 | 0:21 | 0:18 | 0:22 | 0:13 | 0:28 | 0:12 | 0:17 | 0:19 | 0:29 | 0:14 |
| | | | 5:25 | 5:48 | 6:00 | 6:45 | 7:06 | 7:28 | 9:04 | 9:21 | 9:39 | 9:48 | | | | |
| | | | 0:28 | 0:23 | 0:12 | 0:45 | 0:21 | 0:22 | 1:36 | 0:17 | 0:18 | 0:09 | | | | |
| 2 | Adrian Mischler PG Hüttwilen | 11:41 | 0:17 | 0:41 | 1:03 | 1:42 | 2:06 | 2:27 | 2:52 | 3:10 | 3:51 | 4:05 | 4:25 | 4:48 | 5:17 | 5:34 |
| | | | 0:17 | 0:24 | 0:22 | 0:39 | 0:24 | 0:21 | 0:25 | 0:18 | 0:41 | 0:14 | 0:20 | 0:23 | 0:29 | 0:17 |
| | | | 6:00 | 6:29 | 6:47 | 7:38 | 8:23 | 8:48 | 10:47 | 11:10 | 11:32 | 11:41 | | | | |
| | | | 0:26 | 0:29 | 0:18 | 0:51 | 0:45 | 0:25 | 1:59 | 0:23 | 0:22 | 0:09 | | | | |
| 3 | Philipp Spring PG Müllheim | 12:18 | 0:15 | 0:37 | 1:02 | 1:34 | 1:57 | 2:17 | 2:43 | 2:55 | 4:10 | 4:24 | 4:43 | 5:06 | 5:31 | 5:46 |
| | | | 0:15 | 0:22 | 0:25 | 0:32 | 0:23 | 0:20 | 0:26 | 0:12 | 1:15 | 0:14 | 0:19 | 0:23 | 0:25 | 0:15 |
| | | | 6:15 | 6:57 | 7:15 | 8:09 | 8:33 | 8:59 | 10:55 | 11:15 | 11:35 | 12:18 | | | | |
| | | | 0:29 | 0:42 | 0:18 | 0:54 | 0:24 | 0:26 | 1:56 | 0:20 | 0:20 | 0:43 | | | | |
| 4 | Nicolas Mischler - | 12:23 | 0:20 | 0:48 | 1:15 | 1:59 | 2:28 | 2:54 | 3:33 | 3:49 | 4:30 | 4:49 | 5:12 | 5:38 | 6:05 | 6:24 |
| | | | 0:20 | 0:28 | 0:27 | 0:44 | 0:29 | 0:26 | 0:39 | 0:16 | 0:41 | 0:19 | 0:23 | 0:26 | 0:27 | 0:19 |
| | | | 6:52 | 7:23 | 7:40 | 8:36 | 9:00 | 9:29 | 11:23 | 11:46 | 12:11 | 12:23 | | | | |
| | | | 0:28 | 0:31 | 0:17 | 0:56 | 0:24 | 0:29 | 1:54 | 0:23 | 0:25 | 0:12 | | | | |
| 5 | Hansjörg Gasser PG Uesslingen-Buc | 13:28 | 0:15 | 0:58 | 1:21 | 2:07 | 2:37 | 3:01 | 3:33 | 4:00 | 4:41 | 5:01 | 5:23 | 5:47 | 6:16 | 6:34 |
| | | | 0:15 | 0:43 | 0:23 | 0:46 | 0:30 | 0:24 | 0:32 | 0:27 | 0:41 | 0:20 | 0:22 | 0:24 | 0:29 | 0:18 |
| | | | 7:13 | 7:52 | 8:17 | 9:18 | 9:59 | 10:25 | 12:13 | 12:34 | 12:58 | 13:28 | | | | |
| | | | 0:39 | 0:39 | 0:25 | 1:01 | 0:41 | 0:26 | 1:48 | 0:21 | 0:24 | 0:30 | | | | |
| 6 | Pascal Metzger - | 13:41 | 0:17 | 0:44 | 1:12 | 1:58 | 2:27 | 3:05 | 3:50 | 4:18 | 5:04 | 5:23 | 5:46 | 6:13 | 6:40 | 7:04 |
| | | | 0:17 | 0:27 | 0:28 | 0:46 | 0:29 | 0:38 | 0:45 | 0:28 | 0:46 | 0:19 | 0:23 | 0:27 | 0:27 | 0:24 |
| | | | 7:40 | 8:37 | 8:57 | 9:54 | 10:20 | 10:53 | 12:40 | 13:03 | 13:28 | 13:41 | | | | |
| | | | 0:36 | 0:57 | 0:20 | 0:57 | 0:26 | 0:33 | 1:47 | 0:23 | 0:25 | 0:13 | | | | |
| 7 | Janis Gehri - | 13:59 | 0:16 | 0:41 | 1:04 | 1:46 | 2:20 | 2:42 | 3:11 | 3:44 | 4:29 | 4:47 | 5:39 | 6:03 | 6:29 | 6:51 |
| | | | 0:16 | 0:25 | 0:23 | 0:42 | 0:34 | 0:22 | 0:29 | 0:33 | 0:45 | 0:18 | 0:52 | 0:24 | 0:26 | 0:22 |
| | | | 7:16 | 7:48 | 8:13 | 9:28 | 9:53 | 10:25 | 13:00 | 13:22 | 13:47 | 13:59 | | | | |
| | | | 0:25 | 0:32 | 0:25 | 1:15 | 0:25 | 0:32 | 2:35 | 0:22 | 0:25 | 0:12 | | | | |
| 8 | Marlene Berliat PG Warth-Weininge | 14:32 | 0:17 | 0:45 | 1:12 | 2:11 | 2:39 | 3:04 | 3:35 | 3:53 | 4:45 | 5:00 | 5:24 | 5:57 | 6:28 | 6:50 |
| | | | 0:17 | 0:28 | 0:27 | 0:59 | 0:28 | 0:25 | 0:31 | 0:18 | 0:52 | 0:15 | 0:24 | 0:33 | 0:31 | 0:22 |
| | | | 7:20 | 8:09 | 9:04 | 10:19 | 10:47 | 11:16 | 13:28 | 13:51 | 14:17 | 14:32 | | | | |
| | | | 0:30 | 0:49 | 0:55 | 1:15 | 0:28 | 0:29 | 2:12 | 0:23 | 0:26 | 0:15 | | | | |
| 9 | Martin Götz - | 14:44 | 0:15 | 0:45 | 1:07 | 1:47 | 2:14 | 2:39 | 3:16 | 3:54 | 4:48 | 5:04 | 5:29 | 6:45 | 7:28 | 7:50 |
| | | | 0:15 | 0:30 | 0:22 | 0:40 | 0:27 | 0:25 | 0:37 | 0:38 | 0:54 | 0:16 | 0:25 | 1:16 | 0:43 | 0:22 |
| | | | 8:22 | 9:05 | 9:30 | 10:34 | 10:59 | 11:30 | 13:43 | 14:07 | 14:31 | 14:44 | | | | |
| | | | 0:32 | 0:43 | 0:25 | 1:04 | 0:25 | 0:31 | 2:13 | 0:24 | 0:24 | 0:13 | | | | |
| 10 | Walter Ebinger PG Gachnang | 16:01 | 0:16 | 0:48 | 1:14 | 1:56 | 2:26 | 2:55 | 3:28 | 3:50 | 4:35 | 4:53 | 5:20 | 6:49 | 7:40 | 8:01 |
| | | | 0:16 | 0:32 | 0:26 | 0:42 | 0:30 | 0:29 | 0:33 | 0:22 | 0:45 | 0:18 | 0:27 | 1:29 | 0:51 | 0:21 |
| | | | 8:33 | 9:05 | 9:25 | 10:52 | 11:24 | 11:58 | 14:48 | 15:16 | 15:44 | 16:01 | | | | |
| | | | 0:32 | 0:32 | 0:20 | 1:27 | 0:32 | 0:34 | 2:50 | 0:28 | 0:28 | 0:17 | | | | |
| 11 | Stefan Sigrist - | 16:06 | 0:18 | 0:51 | 1:22 | 2:12 | 2:46 | 3:15 | 3:51 | 4:10 | 4:54 | 5:31 | 5:56 | 6:24 | 7:11 | 7:32 |
| | | | 0:18 | 0:33 | 0:31 | 0:50 | 0:34 | 0:29 | 0:36 | 0:19 | 0:44 | 0:37 | 0:25 | 0:28 | 0:47 | 0:21 |
| | | | 8:48 | 9:32 | 10:05 | 11:15 | 11:48 | 12:23 | 14:58 | 15:26 | 15:53 | 16:06 | | | | |
| | | | 1:16 | 0:44 | 0:33 | 1:10 | 0:33 | 0:35 | 2:35 | 0:28 | 0:27 | 0:13 | | | | |
| 12 | Joel Kaufmann PG Stettfurt | 16:15 | 0:17 | 1:45 | 2:10 | 3:19 | 3:48 | 4:10 | 4:59 | 5:24 | 6:12 | 6:27 | 6:51 | 7:40 | 8:19 | 8:40 |
| | | | 0:17 | 1:28 | 0:25 | 1:09 | 0:29 | 0:22 | 0:49 | 0:25 | 0:48 | 0:15 | 0:24 | 0:49 | 0:39 | 0:21 |
| | | | 10:19 | 10:58 | 11:15 | 12:10 | 12:40 | 13:09 | 15:10 | 15:36 | 16:03 | 16:15 | | | | |
| | | | 1:39 | 0:39 | 0:17 | 0:55 | 0:30 | 0:29 | 2:01 | 0:26 | 0:27 | 0:12 | | | | |
| 13 | Claude Besançon PG Neunforn | 16:16 | 0:14 | 2:40 | 3:00 | 3:35 | 3:57 | 4:23 | 5:02 | 6:30 | 7:07 | 7:21 | 7:41 | 8:05 | 8:50 | 9:09 |
| | | | 0:14 | 2:26 | 0:20 | 0:35 | 0:22 | 0:26 | 0:39 | 1:28 | 0:37 | 0:14 | 0:20 | 0:24 | 0:45 | 0:19 |
| | | | 9:44 | 10:33 | 10:54 | 11:55 | 12:51 | 13:16 | 15:14 | 15:39 | 16:03 | 16:16 | | 12:30 | | |
| | | | 0:35 | 0:49 | 0:21 | 1:01 | 0:56 | 0:25 | 1:58 | 0:25 | 0:24 | 0:13 | | *70 | | |
| 14 | Peter Friedli OL Diessenhofen | 17:24 | 0:21 | 0:54 | 1:28 | 2:20 | 2:58 | 3:26 | 4:13 | 4:40 | 5:37 | 5:59 | 6:28 | 7:02 | 7:36 | 8:39 |
| | | | 0:21 | 0:33 | 0:34 | 0:52 | 0:38 | 0:28 | 0:47 | 0:27 | 0:57 | 0:22 | 0:29 | 0:34 | 0:34 | 1:03 |
| | | | 9:11 | 10:03 | 10:32 | 11:41 | 13:02 | 13:33 | 16:07 | 16:35 | 17:05 | 17:24 | | 12:25 | | |
| | | | 0:32 | 0:52 | 0:29 | 1:09 | 1:21 | 0:31 | 2:34 | 0:28 | 0:30 | 0:19 | | *70 | | |
| 15 | Dominik Spycher PG Eschenz | 18:11 | 0:19 | 0:49 | 1:17 | 2:01 | 2:33 | 2:59 | 4:49 | 5:16 | 6:14 | 6:36 | 7:01 | 7:38 | 8:42 | 9:08 |
| | | | 0:19 | 0:30 | 0:28 | 0:44 | 0:32 | 0:26 | 1:50 | 0:27 | 0:58 | 0:22 | 0:25 | 0:37 | 1:04 | 0:26 |
| | | | 11:06 | 11:41 | 12:32 | 13:42 | 14:45 | 15:16 | 17:06 | 17:29 | 17:56 | 18:11 | | | | |
| | | | 1:58 | 0:35 | 0:51 | 1:10 | 1:03 | 0:31 | 1:50 | 0:23 | 0:27 | 0:15 | | | | |
| 16 | Rolf Keller PG Homburg | 19:26 | 0:15 | 0:41 | 1:07 | 3:12 | 3:41 | 4:01 | 4:30 | 4:59 | 5:44 | 6:00 | 6:29 | 6:58 | 7:33 | 7:51 |
| | | | 0:15 | 0:26 | 0:26 | 2:05 | 0:29 | 0:20 | 0:29 | 0:29 | 0:45 | 0:16 | 0:29 | 0:29 | 0:35 | 0:18 |
| | | | 8:28 | 13:27 | 13:50 | 15:41 | 16:04 | 16:33 | 18:22 | 18:46 | 19:13 | 19:26 | | | | |
| | | | 0:37 | 4:59 | 0:23 | 1:51 | 0:23 | 0:29 | 1:49 | 0:24 | 0:27 | 0:13 | | | | |
| 17 | Bruno Haldenstein PG Thundorf | 20:08 | 0:22 | 1:03 | 1:36 | 2:34 | 3:08 | 3:38 | 4:20 | 5:09 | 6:08 | 7:07 | 7:35 | 8:03 | 9:15 | 9:46 |
| | | | 0:22 | 0:41 | 0:33 | 0:58 | 0:34 | 0:30 | 0:42 | 0:49 | 0:59 | 0:59 | 0:28 | 0:28 | 1:12 | 0:31 |
| | | | 11:06 | 11:52 | 12:45 | 14:32 | 15:14 | 15:53 | 18:49 | 19:17 | 19:50 | 20:08 | | | | |
| | | | 1:20 | 0:46 | 0:53 | 1:47 | 0:42 | 0:39 | 2:56 | 0:28 | 0:33 | 0:18 | | | | |
| 18 | André Eugster PG Homburg | 21:42 | 0:22 | 0:59 | 1:38 | 2:47 | 3:26 | 4:02 | 4:50 | 5:17 | 6:19 | 6:43 | 7:11 | 7:44 | 8:30 | 9:07 |
| | | | 0:22 | 0:37 | 0:39 | 1:09 | 0:39 | 0:36 | 0:48 | 0:27 | 1:02 | 0:24 | 0:28 | 0:33 | 0:46 | 0:37 |
| | | | 12:11 | 14:14 | 14:44 | 16:19 | 16:59 | 17:38 | 20:23 | 20:49 | 21:25 | 21:42 | | | | |
| | | | 3:04 | 2:03 | 0:30 | 1:35 | 0:40 | 0:39 | 2:45 | 0:26 | 0:36 | 0:17 | | | | |
| 19 | Damian Cajacob | 21:43 | 0:19 | 0:46 | 1:11 | 5:32 | 6:00 | 6:27 | 9:48 | 11:34 | 12:26 | 12:46 | 13:10 | 13:35 | 14:08 | 14:27 |
| | | | 0:19 | 0:27 | 0:25 | 4:21 | 0:28 | 0:27 | 3:21 | 1:46 | 0:52</ | | | | | |

| Pl Name | Zeit | | | | | | | | | | | | | | |
|-----------------------------|----------------|---------------------|--------|--------|--------|-------------|-----------------|---------|---------|---------|---------|--------|--------|--------|--------|
| FUN Kurz Herren (23) | | 1.9 km 30 Hm | | | | 23 P | <i>(Forts.)</i> | | | | | | | | |
| | | 1(31) | 2(66) | 3(35) | 4(85) | 5(60) | 6(43) | 7(41) | 8(47) | 9(46) | 10(49) | 11(50) | 12(51) | 13(56) | 14(80) |
| | | 15(67) | 16(68) | 17(54) | 18(37) | 19(82) | 20(71) | 21(72) | 22(73) | 23(75) | Ziel | | | | |
| 21 Leana Gredig | 1:20:09 | 0:22 | 1:09 | 1:43 | 2:42 | 22:16 | 22:51 | 24:13 | 24:28 | 25:16 | 25:49 | 26:28 | 31:05 | 31:51 | 32:53 |
| - | | 0:22 | 0:47 | 0:34 | 0:59 | 19:34 | 0:35 | 1:22 | 0:15 | 0:48 | 0:33 | 0:39 | 4:37 | 0:46 | 1:02 |
| | | 35:05 | 54:09 | 55:11 | 56:28 | 58:11 | 1:14:35 | 1:17:29 | 1:18:20 | 1:19:30 | 1:20:09 | | | | |
| | | 2:12 | 19:04 | 1:02 | 1:17 | 1:43 | 16:24 | 2:54 | 0:51 | 1:10 | 0:39 | | | | |
| Richard Häfeli | Fehlst | ---- | 0:45 | 1:13 | 1:55 | 2:23 | 2:45 | 3:16 | 3:43 | 4:18 | 4:34 | 4:57 | 5:25 | 5:55 | 6:25 |
| PG Stettfurt | | | 0:45 | 0:28 | 0:42 | 0:28 | 0:22 | 0:31 | 0:27 | 0:35 | 0:16 | 0:23 | 0:28 | 0:30 | 0:30 |
| | | 6:58 | 7:31 | 7:52 | 8:48 | 9:40 | 10:07 | 11:55 | 12:16 | 12:40 | 12:55 | | | | |
| | | 0:33 | 0:33 | 0:21 | 0:56 | 0:52 | 0:27 | 1:48 | 0:21 | 0:24 | 0:15 | | | | |
| Michi Schaltegger | Aufg | 1:17 | 3:33 | 5:10 | ---- | 9:49 | 10:59 | ---- | 12:28 | 16:26 | 1:10:44 | ---- | 0:00 | 0:00 | ---- |
| thurgorienta | | 1:17 | 2:16 | 1:37 | ---- | 4:39 | 1:10 | ---- | 1:29 | 3:58 | 54:18 | | | | |
| | | ---- | ---- | ---- | ---- | ---- | ---- | ---- | ---- | ---- | 1:56:53 | | 2:16 | 7:11 | 13:16 |
| | | | | | | | | | | | 46:09 | | *32 | *34 | *44 |
| | | 19:00 | 21:21 | 22:47 | 26:18 | 27:37 | 28:43 | 29:36 | 32:36 | 35:03 | 36:41 | 38:05 | 40:52 | 42:35 | 44:21 |
| | | *45 | *61 | *48 | *51 | *53 | *58 | *57 | *56 | *67 | *68 | *35 | *34 | *84 | *40 |
| | | 47:34 | 48:50 | 51:06 | 53:01 | 0:00 | 0:00 | 0:00 | 0:00 | | | | | | |
| | | *43 | *47 | *44 | *61 | *53 | *58 | *57 | *53 | | | | | | |

| Pl | Name | Zeit | | | | | | | | | | | | | | |
|----------------------------|----------------------------|--------------|-------------|-------------|---------------|--------------|-------------|-------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|
| FUN Kurz Damen (24) | | | | | 1.9 km | 30 Hm | 23 P | | | | | | | | | |
| | | | 1(31) | 2(66) | 3(35) | 4(85) | 5(60) | 6(43) | 7(41) | 8(47) | 9(46) | 10(49) | 11(50) | 12(51) | 13(56) | 14(80) |
| | | | 15(67) | 16(68) | 17(54) | 18(37) | 19(82) | 20(71) | 21(72) | 22(73) | 23(75) | Ziel | | | | |
| 1 | Laila Gurtner | 11:19 | 0:13 | 0:36 | 0:56 | 1:36 | 1:58 | 2:17 | 2:42 | 3:09 | 3:55 | 4:10 | 4:28 | 4:48 | 5:12 | 5:28 |
| | PG Müllheim | | <i>0:13</i> | <i>0:23</i> | <i>0:20</i> | 0:40 | <i>0:22</i> | <i>0:19</i> | <i>0:25</i> | 0:27 | 0:46 | <i>0:15</i> | <i>0:18</i> | <i>0:20</i> | 0:24 | <i>0:16</i> |
| | | | 5:54 | 6:24 | 6:42 | 7:46 | 8:10 | 8:34 | 10:26 | 10:46 | 11:06 | 11:19 | | | | |
| | | | <i>0:26</i> | 0:30 | 0:18 | 1:04 | 0:24 | <i>0:24</i> | <i>1:52</i> | <i>0:20</i> | <i>0:20</i> | 0:13 | | | | |
| 2 | Daniela Schiess | 11:41 | 0:13 | 0:46 | 1:08 | 1:43 | 2:07 | 2:28 | 3:01 | 3:25 | 4:03 | 4:18 | 4:37 | 4:58 | 5:21 | 5:41 |
| | PG Hüttwilen | | <i>0:13</i> | 0:33 | 0:22 | 0:35 | 0:24 | 0:21 | 0:33 | 0:24 | 0:38 | 0:15 | 0:19 | 0:21 | 0:23 | 0:20 |
| | | | 6:11 | 6:38 | 7:11 | 8:04 | 8:27 | 8:53 | 10:47 | 11:10 | 11:31 | 11:41 | | | | |
| | | | 0:30 | 0:27 | 0:33 | 0:53 | 0:23 | 0:26 | 1:54 | 0:23 | 0:21 | 0:10 | | | | |
| 3 | Sara Meister | 12:52 | 0:15 | 0:39 | 1:04 | 1:44 | 2:14 | 2:38 | 3:05 | 3:23 | 4:02 | 4:30 | 4:53 | 5:18 | 5:58 | 6:15 |
| | PG Warth-Weininge | | 0:15 | 0:24 | 0:25 | 0:40 | 0:30 | 0:24 | 0:27 | 0:18 | 0:39 | 0:28 | 0:23 | 0:25 | 0:40 | 0:17 |
| | | | 7:00 | 7:31 | 7:49 | 8:53 | 9:18 | 9:46 | 11:52 | 12:15 | 12:39 | 12:52 | | | | |
| | | | 0:45 | 0:31 | 0:18 | 1:04 | 0:25 | 0:28 | 2:06 | 0:23 | 0:24 | 0:13 | | | | |
| 4 | Isabelle Keller | 13:10 | 0:15 | 0:43 | 1:09 | 1:52 | 2:19 | 2:41 | 3:11 | 3:34 | 4:24 | 4:39 | 4:59 | 5:23 | 5:48 | 6:20 |
| | PG Homburg | | 0:15 | 0:28 | 0:26 | 0:43 | 0:27 | 0:22 | 0:30 | 0:23 | 0:50 | 0:15 | 0:20 | 0:24 | 0:25 | 0:32 |
| | | | 6:53 | 7:25 | 7:41 | 8:39 | 9:34 | 10:04 | 12:09 | 12:35 | 12:58 | 13:10 | | | | |
| | | | 0:33 | 0:32 | 0:16 | 0:58 | 0:55 | 0:30 | 2:05 | 0:26 | 0:23 | 0:12 | | | | |
| 5 | Tabea Meister | 14:33 | 0:15 | 0:40 | 1:04 | 1:43 | 2:14 | 2:39 | 3:11 | 3:37 | 4:27 | 4:44 | 5:07 | 5:37 | 6:11 | 6:30 |
| | - | | 0:15 | 0:25 | 0:24 | 0:39 | 0:31 | 0:25 | 0:32 | 0:26 | 0:50 | 0:17 | 0:23 | 0:30 | 0:34 | 0:19 |
| | | | 7:12 | 7:49 | 8:17 | 9:32 | 10:37 | 11:09 | 13:24 | 13:52 | 14:19 | 14:33 | | | | |
| | | | 0:42 | 0:37 | 0:28 | 1:15 | 1:05 | 0:32 | 2:15 | 0:28 | 0:27 | 0:14 | | | | |
| 6 | Jana Gasser | 14:47 | 0:17 | 0:45 | 1:14 | 2:05 | 2:41 | 3:08 | 3:49 | 4:07 | 5:04 | 5:22 | 5:56 | 6:33 | 7:07 | 7:32 |
| | PG Uesslingen-Buc | | 0:17 | 0:28 | 0:29 | 0:51 | 0:36 | 0:27 | 0:41 | 0:18 | 0:57 | 0:18 | 0:34 | 0:37 | 0:34 | 0:25 |
| | | | 8:06 | 8:47 | 9:07 | 10:31 | 10:58 | 11:34 | 13:47 | 14:10 | 14:35 | 14:47 | | | | |
| | | | 0:34 | 0:41 | 0:20 | 1:24 | 0:27 | 0:36 | 2:13 | 0:23 | 0:25 | 0:12 | | | | |
| 7 | Ursina Arnold | 16:17 | 0:19 | 0:50 | 1:18 | 2:05 | 2:37 | 3:03 | 3:47 | 4:12 | 4:56 | 5:15 | 5:43 | 6:58 | 7:32 | 7:53 |
| | PG Warth-Weininge | | 0:19 | 0:31 | 0:28 | 0:47 | 0:32 | 0:26 | 0:44 | 0:25 | 0:44 | 0:19 | 0:28 | 1:15 | 0:34 | 0:21 |
| | | | 8:30 | 9:16 | 9:38 | 11:05 | 12:11 | 12:45 | 15:05 | 15:32 | 16:03 | 16:17 | | | | |
| | | | 0:37 | 0:46 | 0:22 | 1:27 | 1:06 | 0:34 | 2:20 | 0:27 | 0:31 | 0:14 | | | | |
| 8 | Anke Thim | 16:21 | 0:20 | 1:28 | 1:58 | 2:42 | 3:22 | 4:04 | 4:43 | 5:11 | 6:06 | 6:31 | 6:52 | 7:21 | 7:58 | 8:22 |
| | PG Eschenz | | 0:20 | 1:08 | 0:30 | 0:44 | 0:40 | 0:42 | 0:39 | 0:28 | 0:55 | 0:25 | 0:21 | 0:29 | 0:37 | 0:24 |
| | | | 9:19 | 9:59 | 10:19 | 11:22 | 12:42 | 13:13 | 15:14 | 15:38 | 16:05 | 16:21 | | | | |
| | | | 0:57 | 0:40 | 0:20 | 1:03 | 1:20 | 0:31 | 2:01 | 0:24 | 0:27 | 0:16 | | | | |
| 9 | Daria Grunder | 16:55 | 0:18 | 0:45 | 1:14 | 2:02 | 2:35 | 3:09 | 3:47 | 4:05 | 4:53 | 5:11 | 5:43 | 6:13 | 6:55 | 7:27 |
| | PG Neunforn | | 0:18 | 0:27 | 0:29 | 0:48 | 0:33 | 0:34 | 0:38 | 0:18 | 0:48 | 0:18 | 0:32 | 0:30 | 0:42 | 0:32 |
| | | | 8:10 | 8:58 | 9:28 | 10:59 | 11:39 | 12:28 | 15:36 | 16:11 | 16:40 | 16:55 | | | | |
| | | | 0:43 | 0:48 | 0:30 | 1:31 | 0:40 | 0:49 | 3:08 | 0:35 | 0:29 | 0:15 | | | | |
| 10 | Rilana Müller | 17:26 | 0:19 | 0:53 | 1:23 | 2:16 | 2:47 | 3:17 | 4:08 | 5:03 | 5:59 | 6:24 | 6:56 | 7:35 | 8:19 | 8:52 |
| | - | | 0:19 | 0:34 | 0:30 | 0:53 | 0:31 | 0:30 | 0:51 | 0:55 | 0:56 | 0:25 | 0:32 | 0:39 | 0:44 | 0:33 |
| | | | 9:37 | 10:41 | 11:05 | 12:22 | 12:55 | 13:29 | 15:55 | 16:34 | 17:12 | 17:26 | | | | |
| | | | 0:45 | 1:04 | 0:24 | 1:17 | 0:33 | 0:34 | 2:26 | 0:39 | 0:38 | 0:14 | | | | |
| 11 | Selina Berglas | 18:49 | 0:19 | 0:58 | 1:27 | 2:34 | 3:04 | 3:29 | 5:07 | 5:21 | 6:15 | 6:41 | 7:05 | 7:30 | 8:06 | 8:30 |
| | - | | 0:19 | 0:39 | 0:29 | 1:07 | 0:30 | 0:25 | 1:38 | 0:14 | 0:54 | 0:26 | 0:24 | 0:25 | 0:36 | 0:24 |
| | | | 9:29 | 10:23 | 11:07 | 12:30 | 14:18 | 14:46 | 17:30 | 17:57 | 18:37 | 18:49 | | | | |
| | | | 0:59 | 0:54 | 0:44 | 1:23 | 1:48 | 0:28 | 2:44 | 0:27 | 0:40 | 0:12 | | | | |
| 12 | Judith Austel | 18:50 | 0:21 | 1:07 | 1:38 | 2:28 | 3:01 | 3:38 | 6:17 | 6:42 | 7:38 | 8:55 | 9:19 | 9:52 | 10:34 | 10:58 |
| | PG Felben-Wellhau | | 0:21 | 0:46 | 0:31 | 0:50 | 0:33 | 0:37 | 2:39 | 0:25 | 0:56 | 1:17 | 0:24 | 0:33 | 0:42 | 0:24 |
| | | | 11:32 | 12:23 | 12:55 | 14:10 | 14:39 | 15:14 | 17:29 | 18:01 | 18:34 | 18:50 | | | | |
| | | | 0:34 | 0:51 | 0:32 | 1:15 | 0:29 | 0:35 | 2:15 | 0:32 | 0:33 | 0:16 | | | | |
| 13 | Beatrice Haldenstei | 19:02 | 0:22 | 1:05 | 1:42 | 2:47 | 3:24 | 3:57 | 4:39 | 5:06 | 6:02 | 6:25 | 6:54 | 7:26 | 8:28 | 8:52 |
| | PG Thundorf | | 0:22 | 0:43 | 0:37 | 1:05 | 0:37 | 0:33 | 0:42 | 0:27 | 0:56 | 0:23 | 0:29 | 0:32 | 1:02 | 0:24 |
| | | | 10:07 | 10:51 | 11:18 | 12:48 | 13:38 | 14:23 | 17:42 | 18:12 | 18:47 | 19:02 | | | | |
| | | | 1:15 | 0:44 | 0:27 | 1:30 | 0:50 | 0:45 | 3:19 | 0:30 | 0:35 | 0:15 | | | | |
| 14 | Sophie Gubser | 19:23 | 0:24 | 1:10 | 1:37 | 2:26 | 2:57 | 3:26 | 6:36 | 6:51 | 7:50 | 8:10 | 8:40 | 9:16 | 9:54 | 10:24 |
| | - | | 0:24 | 0:46 | 0:27 | 0:49 | 0:31 | 0:29 | 3:10 | 0:15 | 0:59 | 0:20 | 0:30 | 0:36 | 0:38 | 0:30 |
| | | | 11:12 | 12:14 | 12:37 | 14:06 | 14:38 | 15:18 | 18:02 | 18:40 | 19:09 | 19:23 | | | | |
| | | | 0:48 | 1:02 | 0:23 | 1:29 | 0:32 | 0:40 | 2:44 | 0:38 | 0:29 | 0:14 | | | | |
| 15 | Sabrina Kreuzer | 20:13 | 0:27 | 1:50 | 2:31 | 3:45 | 4:27 | 5:01 | 7:40 | 8:04 | 9:00 | 10:17 | 10:41 | 11:14 | 11:56 | 12:20 |
| | PG Felben-Wellhau | | 0:27 | 1:23 | 0:41 | 1:14 | 0:42 | 0:34 | 2:39 | 0:24 | 0:56 | 1:17 | 0:24 | 0:33 | 0:42 | 0:24 |
| | | | 12:54 | 13:45 | 14:17 | 15:32 | 16:01 | 16:37 | 18:49 | 19:24 | 19:53 | 20:13 | | | | |
| | | | 0:34 | 0:51 | 0:32 | 1:15 | 0:29 | 0:36 | 2:12 | 0:35 | 0:29 | 0:20 | | | | |
| 16 | Katrin Geiger | 20:20 | 0:26 | 1:10 | 1:45 | 2:46 | 3:20 | 3:59 | 5:43 | 6:10 | 7:09 | 7:31 | 7:59 | 8:36 | 9:34 | 9:54 |
| | OL Regio Wil | | 0:26 | 0:44 | 0:35 | 1:01 | 0:34 | 0:39 | 1:44 | 0:27 | 0:59 | 0:22 | 0:28 | 0:37 | 0:58 | 0:20 |
| | | | 12:09 | 13:30 | 13:53 | 15:11 | 15:43 | 16:18 | 18:53 | 19:19 | 20:05 | 20:20 | | | | |
| | | | 2:15 | 1:21 | 0:23 | 1:18 | 0:32 | 0:35 | 2:35 | 0:26 | 0:46 | 0:15 | | | | |
| 17 | Nicole Häfeli | 20:22 | 0:42 | 1:29 | 2:06 | 3:17 | 4:12 | 4:46 | 5:30 | 6:06 | 7:08 | 7:33 | 8:02 | 8:43 | 9:28 | 10:01 |
| | PG Stettfurt | | 0:42 | 0:47 | 0:37 | 1:11 | 0:55 | 0:34 | 0:44 | 0:36 | 1:02 | 0:25 | 0:29 | 0:41 | 0:45 | 0:33 |
| | | | 10:48 | 11:39 | 12:12 | 13:49 | 14:29 | 15:18 | 18:43 | 19:22 | 20:03 | 20:22 | | | | |
| | | | 0:47 | 0:51 | 0:33 | 1:37 | 0:40 | 0:49 | 3:25 | 0:39 | 0:41 | 0:19 | | | | |
| 18 | Dorina Truniger | 20:54 | 0:26 | 1:24 | 1:57 | 3:00 | 3:38 | 4:11 | 4:58 | 5:35 | 6:30 | 6:51 | 7:18 | 7:50 | 8:39 | 9:02 |
| | PG Wigoltingen | | 0:26 | 0:58 | 0:33 | 1:03 | 0:38 | 0:33 | 0:47 | 0:37 | 0:55 | 0:21 | 0:27 | 0:32 | 0:49 | 0:23 |

| Pl Name | Zeit | | | | | | | | | | | | | | |
|---|---------------|---------------------|--------|--------|--------|-------------|-----------------|--------|--------|--------|--------|--------|--------|--------|--------|
| FUN Kurz Damen (24) | | 1.9 km 30 Hm | | | | 23 P | (Forts.) | | | | | | | | |
| | | 1(31) | 2(66) | 3(35) | 4(85) | 5(60) | 6(43) | 7(41) | 8(47) | 9(46) | 10(49) | 11(50) | 12(51) | 13(56) | 14(80) |
| | | 15(67) | 16(68) | 17(54) | 18(37) | 19(82) | 20(71) | 21(72) | 22(73) | 23(75) | Ziel | | | | |
| 21 Elsbeth Haslinger BC Effretikon | 24:38 | 0:38 | 1:41 | 2:21 | 3:39 | 4:26 | 5:05 | 5:52 | 6:56 | 8:08 | 8:37 | 9:11 | 10:10 | 11:09 | 11:34 |
| | | 0:38 | 1:03 | 0:40 | 1:18 | 0:47 | 0:39 | 0:47 | 1:04 | 1:12 | 0:29 | 0:34 | 0:59 | 0:59 | 0:25 |
| | | 12:26 | 13:40 | 14:19 | 16:11 | 18:00 | 18:53 | 22:33 | 23:11 | 24:11 | 24:38 | | 17:13 | | |
| 22 Susi Gansser PG Diessenhofen | 26:10 | 0:52 | 1:14 | 0:39 | 1:52 | 1:49 | 0:53 | 3:40 | 0:38 | 1:00 | 0:27 | | | | |
| | | 0:20 | 0:53 | 1:23 | 8:13 | 8:42 | 9:09 | 9:43 | 10:07 | 11:05 | 12:08 | 12:35 | 13:07 | 16:34 | 17:05 |
| | | 0:20 | 0:33 | 0:30 | 6:50 | 0:29 | 0:27 | 0:34 | 0:24 | 0:58 | 1:03 | 0:27 | 0:32 | 3:27 | 0:31 |
| 23 Therese Lenherr - | 26:23 | 17:59 | 19:03 | 19:40 | 21:18 | 21:50 | 22:23 | 24:37 | 25:16 | 25:54 | 26:10 | | | | |
| | | 0:54 | 1:04 | 0:37 | 1:38 | 0:32 | 0:33 | 2:14 | 0:39 | 0:38 | 0:16 | | | | |
| | | 0:34 | 1:33 | 2:26 | 3:50 | 4:46 | 5:35 | 6:34 | 7:03 | 8:41 | 9:14 | 9:52 | 11:15 | 12:24 | 12:58 |
| Mona Geiger OL Regio Wil | Fehlst | 0:34 | 0:59 | 0:53 | 1:24 | 0:56 | 0:49 | 0:59 | 0:29 | 1:38 | 0:33 | 0:38 | 1:23 | 1:09 | 0:34 |
| | | 14:04 | 15:14 | 15:54 | 17:54 | 18:48 | 19:52 | 24:15 | 25:05 | 25:58 | 26:23 | | | | |
| | | 1:06 | 1:10 | 0:40 | 2:00 | 0:54 | 1:04 | 4:23 | 0:50 | 0:53 | 0:25 | | | | |
| Mona Geiger OL Regio Wil | Fehlst | 0:18 | 0:49 | 1:20 | 2:19 | 3:00 | 3:32 | 4:30 | 4:59 | 6:01 | 6:23 | 6:58 | 7:31 | 8:21 | 8:50 |
| | | 0:18 | 0:31 | 0:31 | 0:59 | 0:41 | 0:32 | 0:58 | 0:29 | 1:02 | 0:22 | 0:35 | 0:33 | 0:50 | 0:29 |
| | | 12:40 | 13:42 | 14:04 | 15:24 | ---- | 16:27 | 19:11 | 19:46 | 20:13 | 20:25 | | 10:24 | 16:04 | |
| | | 3:50 | 1:02 | 0:22 | 1:20 | | 1:03 | 2:44 | 0:35 | 0:27 | 0:12 | | *56 | *70 | |

| Pl Name | Zeit | | | | | | | | | | | | | | |
|-------------------------|--------------|-------------|-------------|---------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| Sek Herren (3) | | | | 2.0 km | 35 Hm | 21 P | | | | | | | | | |
| | | 1(31) | 2(66) | 3(35) | 4(84) | 5(64) | 6(39) | 7(43) | 8(47) | 9(44) | 10(49) | 11(50) | 12(51) | 13(80) | 14(69) |
| | | 15(54) | 16(37) | 17(71) | 18(77) | 19(87) | 20(76) | 21(75) | Ziel | | | | | | |
| 1 Yanik Specker | 13:27 | 0:15 | 0:39 | 1:04 | 1:59 | 2:34 | 2:56 | 3:06 | 3:36 | 3:46 | 4:43 | 5:02 | 5:59 | 6:39 | 7:16 |
| OL Regio Wil | | <i>0:15</i> | <i>0:24</i> | <i>0:25</i> | <i>0:55</i> | 0:35 | <i>0:22</i> | <i>0:10</i> | 0:30 | <i>0:10</i> | 0:57 | <i>0:19</i> | 0:57 | <i>0:40</i> | <i>0:37</i> |
| | | 7:38 | 8:40 | 9:25 | 11:31 | 12:22 | 12:55 | 13:15 | 13:27 | | | | | | |
| | | <i>0:22</i> | <i>1:02</i> | <i>0:45</i> | <i>2:06</i> | <i>0:51</i> | <i>0:33</i> | <i>0:20</i> | <i>0:12</i> | | | | | | |
| 2 Janis Berglas | 17:04 | 0:18 | 0:44 | 1:12 | 2:21 | 2:55 | 3:18 | 3:30 | 4:06 | 4:16 | 5:12 | 5:52 | 6:30 | 7:36 | 9:19 |
| - | | 0:18 | 0:26 | 0:28 | 1:09 | 0:34 | 0:23 | 0:12 | 0:36 | 0:10 | 0:56 | 0:40 | 0:38 | 1:06 | 1:43 |
| | | 9:48 | 11:26 | 12:18 | 14:31 | 15:25 | 16:24 | 16:46 | 17:04 | | | | | | |
| | | 0:29 | 1:38 | 0:52 | 2:13 | 0:54 | 0:59 | 0:22 | 0:18 | | | | | | |
| 3 Florian Umlaut | 28:35 | 0:26 | 1:08 | 1:36 | 2:43 | 3:54 | 4:28 | 4:45 | 5:14 | 7:21 | 8:13 | 9:12 | 12:17 | 14:11 | 15:31 |
| - | | 0:26 | 0:42 | 0:28 | 1:07 | 1:11 | 0:34 | 0:17 | 0:29 | 2:07 | 0:52 | 0:59 | 3:05 | 1:54 | 1:20 |
| | | 16:49 | 18:14 | 19:36 | 22:32 | 27:09 | 27:53 | 28:22 | 28:35 | | | | | | |
| | | 1:18 | 1:25 | 1:22 | 2:56 | 4:37 | 0:44 | 0:29 | 0:13 | | | | | | |

| Pl Name | Zeit | | | | | | | | | | | | | | |
|--------------------------|--------------|-------------|-------------|---------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| Sek Damen (5) | | | | 2.0 km | 35 Hm | 21 P | | | | | | | | | |
| | | 1(31) | 2(66) | 3(35) | 4(84) | 5(64) | 6(39) | 7(43) | 8(47) | 9(44) | 10(49) | 11(50) | 12(51) | 13(80) | 14(69) |
| | | 15(54) | 16(37) | 17(71) | 18(77) | 19(87) | 20(76) | 21(75) | Ziel | | | | | | |
| 1 Larina Oswald | 14:42 | 0:17 | 0:44 | 1:10 | 2:14 | 2:48 | 3:20 | 3:30 | 3:59 | 4:09 | 5:08 | 5:31 | 5:54 | 6:45 | 7:43 |
| - | | 0:17 | 0:27 | 0:26 | 1:04 | 0:34 | 0:32 | 0:10 | 0:29 | 0:10 | 0:59 | 0:23 | 0:23 | 0:51 | 0:58 |
| | | 8:14 | 9:15 | 10:13 | 12:33 | 13:28 | 14:14 | 14:31 | 14:42 | | | | | | |
| | | 0:31 | 1:01 | 0:58 | 2:20 | 0:55 | 0:46 | 0:17 | 0:11 | | | | | | |
| 2 Nora Tschopp | 14:46 | 0:18 | 0:52 | 1:20 | 2:25 | 3:05 | 3:33 | 3:43 | 4:14 | 4:25 | 6:02 | 6:24 | 6:46 | 7:34 | 8:17 |
| OLG Dachsen | | 0:18 | 0:34 | 0:28 | 1:05 | 0:40 | 0:28 | 0:10 | 0:31 | 0:11 | 1:37 | 0:22 | 0:22 | 0:48 | 0:43 |
| | | 8:41 | 9:43 | 10:34 | 12:52 | 13:37 | 14:13 | 14:34 | 14:46 | | | | | | |
| | | 0:24 | 1:02 | 0:51 | 2:18 | 0:45 | 0:36 | 0:21 | 0:12 | | | | | | |
| 3 Nina Schneebeli | 17:17 | 0:20 | 0:52 | 1:18 | 2:31 | 3:20 | 3:43 | 3:52 | 4:25 | 4:36 | 5:32 | 5:57 | 6:28 | 7:28 | 8:21 |
| OLK Rafzerfeld | | 0:20 | 0:32 | 0:26 | 1:13 | 0:49 | 0:23 | 0:09 | 0:33 | 0:11 | 0:56 | 0:25 | 0:31 | 1:00 | 0:53 |
| | | 8:47 | 10:33 | 11:31 | 14:45 | 15:50 | 16:36 | 17:03 | 17:17 | | | | | | |
| | | 0:26 | 1:46 | 0:58 | 3:14 | 1:05 | 0:46 | 0:27 | 0:14 | | | | | | |
| 4 Giulia Wyss | 18:34 | 0:19 | 0:55 | 1:24 | 4:04 | 4:45 | 5:13 | 5:25 | 6:03 | 6:22 | 7:20 | 7:46 | 8:21 | 9:24 | 10:43 |
| - | | 0:19 | 0:36 | 0:29 | 2:40 | 0:41 | 0:28 | 0:12 | 0:38 | 0:19 | 0:58 | 0:26 | 0:35 | 1:03 | 1:19 |
| | | 11:25 | 13:09 | 14:06 | 16:16 | 17:16 | 17:55 | 18:18 | 18:34 | | | | | | |
| | | 0:42 | 1:44 | 0:57 | 2:10 | 1:00 | 0:39 | 0:23 | 0:16 | | | | | | |
| 5 Eliane Schnyder | 32:32 | 0:18 | 0:56 | 1:27 | 2:37 | 3:17 | 3:57 | 4:10 | 4:54 | 5:17 | 7:45 | 8:11 | 11:14 | 13:31 | 24:04 |
| - | | 0:18 | 0:38 | 0:31 | 1:10 | 0:40 | 0:40 | 0:13 | 0:44 | 0:23 | 2:28 | 0:26 | 3:03 | 2:17 | 10:33 |
| | | 24:28 | 26:20 | 27:46 | 30:32 | 31:13 | 32:00 | 32:18 | 32:32 | | | | | | |
| | | 0:24 | 1:52 | 1:26 | 2:46 | 0:41 | 0:47 | 0:18 | 0:14 | | | | | | |

| Pl Name | Zeit | | | | | | | | | | | | | | |
|---------------------------|--------------|-------------|--------------|---------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| Primar Herren (8) | | | | 1.9 km | 40 Hm | 20 P | | | | | | | | | |
| | | 1(32) | 2(66) | 3(35) | 4(85) | 5(43) | 6(47) | 7(44) | 8(46) | 9(49) | 10(51) | 11(52) | 12(80) | 13(69) | 14(37) |
| | | 15(70) | 16(72) | 17(77) | 18(87) | 19(76) | 20(75) | Ziel | | | | | | | |
| 1 Leandro Specker | 14:23 | 0:29 | 0:49 | 1:13 | 2:05 | 2:44 | 3:12 | 3:20 | 4:04 | 4:19 | 5:22 | 5:47 | 6:14 | 7:01 | 8:47 |
| OL Regio Wil | | 0:29 | 0:20 | 0:24 | 0:52 | 0:39 | 0:28 | 0:08 | 0:44 | 0:15 | 1:03 | 0:25 | 0:27 | 0:47 | 1:46 |
| | | 9:23 | 11:26 | 11:39 | 12:29 | 13:46 | 14:04 | 14:23 | | | | | | | |
| | | 0:36 | 2:03 | 0:13 | 0:50 | 1:17 | 0:18 | 0:19 | | | | | | | |
| 2 Tiago Müller | 15:36 | 0:33 | 1:35 | 2:06 | 2:55 | 3:37 | 4:08 | 4:24 | 5:19 | 5:39 | 6:24 | 7:11 | 7:42 | 8:33 | 10:08 |
| OL Amriswil | | 0:33 | 1:02 | 0:31 | 0:49 | 0:42 | 0:31 | 0:16 | 0:55 | 0:20 | 0:45 | 0:47 | 0:31 | 0:51 | 1:35 |
| | | 10:59 | 13:08 | 13:23 | 14:25 | 15:06 | 15:26 | 15:36 | | 10:37 | | | | | |
| | | 0:51 | 2:09 | 0:15 | 1:02 | 0:41 | 0:20 | 0:10 | | *82 | | | | | |
| 3 Niila Müggler | 16:00 | 0:28 | 0:51 | 1:20 | 2:47 | 3:33 | 4:09 | 4:19 | 4:53 | 5:11 | 5:51 | 6:17 | 6:59 | 8:02 | 9:54 |
| Kidz Eschenz | | 0:28 | 0:23 | 0:29 | 1:27 | 0:46 | 0:36 | 0:10 | 0:34 | 0:18 | 0:40 | 0:26 | 0:42 | 1:03 | 1:52 |
| | | 10:40 | 13:12 | 13:28 | 14:24 | 15:27 | 15:48 | 16:00 | | | | | | | |
| | | 0:46 | 2:32 | 0:16 | 0:56 | 1:03 | 0:21 | 0:12 | | | | | | | |
| 4 Simeon Sterren | 17:22 | 0:29 | 0:59 | 1:31 | 2:29 | 3:08 | 3:39 | 3:51 | 5:01 | 5:23 | 6:14 | 6:42 | 7:33 | 8:20 | 10:24 |
| OL Regio Wil | | 0:29 | 0:30 | 0:32 | 0:58 | 0:39 | 0:31 | 0:12 | 1:10 | 0:22 | 0:51 | 0:28 | 0:51 | 0:47 | 2:04 |
| | | 11:05 | 13:27 | 13:48 | 15:13 | 16:47 | 17:07 | 17:22 | | | | | | | |
| | | 0:41 | 2:22 | 0:21 | 1:25 | 1:34 | 0:20 | 0:15 | | | | | | | |
| 5 Tim Tschopp | 22:40 | 0:32 | 1:24 | 2:00 | 4:53 | 6:06 | 6:50 | 7:08 | 8:47 | 9:05 | 9:57 | 10:26 | 11:12 | 12:16 | 15:12 |
| OLG Dachsen | | 0:32 | 0:52 | 0:36 | 2:53 | 1:13 | 0:44 | 0:18 | 1:39 | 0:18 | 0:52 | 0:29 | 0:46 | 1:04 | 2:56 |
| | | 16:01 | 18:48 | 19:10 | 20:45 | 21:59 | 22:28 | 22:40 | | | | | | | |
| | | 0:49 | 2:47 | 0:22 | 1:35 | 1:14 | 0:29 | 0:12 | | | | | | | |
| 6 Jonathan Latscha | 24:32 | 0:36 | 1:33 | 2:14 | 5:06 | 5:48 | 6:26 | 6:44 | 7:45 | 8:21 | 9:24 | 9:57 | 10:59 | 12:33 | 17:27 |
| thurgorienta | | 0:36 | 0:57 | 0:41 | 2:52 | 0:42 | 0:38 | 0:18 | 1:01 | 0:36 | 1:03 | 0:33 | 1:02 | 1:34 | 4:54 |
| | | 18:19 | 21:34 | 21:57 | 23:07 | 23:58 | 24:21 | 24:32 | | | | | | | |
| | | 0:52 | 3:15 | 0:23 | 1:10 | 0:51 | 0:23 | 0:11 | | | | | | | |
| 7 Fabian Good | 25:19 | 0:44 | 1:37 | 2:37 | 3:45 | 4:40 | 5:33 | 5:53 | 7:15 | 7:58 | 9:25 | 10:11 | 10:59 | 12:47 | 15:33 |
| thurgorienta | | 0:44 | 0:53 | 1:00 | 1:08 | 0:55 | 0:53 | 0:20 | 1:22 | 0:43 | 1:27 | 0:46 | 0:48 | 1:48 | 2:46 |
| | | 17:05 | 21:14 | 21:43 | 23:28 | 24:51 | 25:08 | 25:19 | | 0:24 | | | | | |
| | | 1:32 | 4:09 | 0:29 | 1:45 | 1:23 | 0:17 | 0:11 | | *31 | | | | | |
| 8 Enyo Weber | 33:08 | 1:08 | 2:27 | 3:11 | 5:27 | 6:39 | 8:12 | 8:40 | 10:10 | 12:02 | 13:33 | 14:57 | 16:38 | 18:44 | 22:12 |
| thurgorienta | | 1:08 | 1:19 | 0:44 | 2:16 | 1:12 | 1:33 | 0:28 | 1:30 | 1:52 | 1:31 | 1:24 | 1:41 | 2:06 | 3:28 |
| | | 23:23 | 26:52 | 27:22 | 29:35 | 31:10 | 31:57 | 33:08 | | | | | | | |
| | | 1:11 | 3:29 | 0:30 | 2:13 | 1:35 | 0:47 | 1:11 | | | | | | | |

| Pl | Name | Zeit | 1(32) | 2(66) | 3(35) | 4(85) | 5(43) | 6(47) | 7(44) | 8(46) | 9(49) | 10(51) | 11(52) | 12(80) | 13(69) | 14(37) |
|--------------------------|---|---------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|--------------|
| Primar Damen (12) | | | | | | | | | | | | | | | | |
| | | | 15(70) | 16(72) | 17(77) | 18(87) | 19(76) | 20(75) | Ziel | | | | | | | |
| 1 | Martina Tinner thurgorienta | 15:53 | 0:27 | 0:50 | 1:18 | 2:05 | 2:41 | 4:28 | 4:46 | 5:27 | 5:48 | 6:35 | 7:04 | 7:35 | 8:28 | 10:18 |
| | | | 0:27 | 0:23 | 0:28 | 0:47 | 0:36 | 1:47 | 0:18 | 0:41 | 0:21 | 0:47 | 0:29 | 0:31 | 0:53 | 1:50 |
| | | | 10:58 | 13:23 | 13:43 | 14:30 | 15:21 | 15:40 | 15:53 | | | | | | | |
| 2 | Nina Friedli OL Amriswil | 17:18 | 0:40 | 2:25 | 0:20 | 0:47 | 0:51 | 0:19 | 0:13 | | | | | | | |
| | | | 0:33 | 0:56 | 1:33 | 3:17 | 4:02 | 4:47 | 4:57 | 5:47 | 6:13 | 7:01 | 7:28 | 7:57 | 9:26 | 11:06 |
| | | | 0:33 | 0:23 | 0:37 | 1:44 | 0:45 | 0:45 | 0:10 | 0:50 | 0:26 | 0:48 | 0:27 | 0:29 | 1:29 | 1:40 |
| | | | 11:55 | 14:12 | 14:26 | 15:44 | 16:48 | 17:07 | 17:18 | | 0:17 | | | | | |
| 3 | Jelena Sterren OL Regio Wil | 17:33 | 0:49 | 2:17 | 0:14 | 1:18 | 1:04 | 0:19 | 0:11 | | *31 | | | | | |
| | | | 0:26 | 0:54 | 1:23 | 3:13 | 4:00 | 4:36 | 4:51 | 5:37 | 6:14 | 7:07 | 7:46 | 8:50 | 9:48 | 11:35 |
| | | | 0:26 | 0:28 | 0:29 | 1:50 | 0:47 | 0:36 | 0:15 | 0:46 | 0:37 | 0:53 | 0:39 | 1:04 | 0:58 | 1:47 |
| | | | 12:13 | 14:42 | 14:57 | 15:39 | 16:58 | 17:23 | 17:33 | | | | | | | |
| 4 | Mona Umlauf - | 18:47 | 0:41 | 1:15 | 1:47 | 2:49 | 3:43 | 4:18 | 4:33 | 5:20 | 5:40 | 6:30 | 7:06 | 7:49 | 8:56 | 11:06 |
| | | | 0:41 | 0:34 | 0:32 | 1:02 | 0:54 | 0:35 | 0:15 | 0:47 | 0:20 | 0:50 | 0:36 | 0:43 | 1:07 | 2:10 |
| | | | 12:20 | 15:38 | 16:01 | 17:07 | 17:59 | 18:30 | 18:47 | | | | | | | |
| | | | 1:14 | 3:18 | 0:23 | 1:06 | 0:52 | 0:31 | 0:17 | | | | | | | |
| 5 | Muriel Gysin thurgorienta | 19:37 | 0:25 | 0:58 | 1:31 | 2:53 | 3:37 | 4:15 | 4:37 | 6:34 | 7:10 | 8:13 | 8:47 | 9:19 | 10:56 | 12:46 |
| | | | 0:25 | 0:33 | 0:33 | 1:22 | 0:44 | 0:38 | 0:22 | 1:57 | 0:36 | 1:03 | 0:34 | 0:32 | 1:37 | 1:50 |
| | | | 13:43 | 15:53 | 16:18 | 17:49 | 18:50 | 19:20 | 19:37 | | 12:13 | 13:23 | | | | |
| | | | 0:57 | 2:10 | 0:25 | 1:31 | 1:01 | 0:30 | 0:17 | | *36 | *82 | | | | |
| 6 | Ronja Hofer - | 24:31 | 0:32 | 1:07 | 1:43 | 2:40 | 3:37 | 4:38 | 5:05 | 6:41 | 9:09 | 10:25 | 11:04 | 12:00 | 13:04 | 15:21 |
| | | | 0:32 | 0:35 | 0:36 | 0:57 | 0:57 | 1:01 | 0:27 | 1:36 | 2:28 | 1:16 | 0:39 | 0:56 | 1:04 | 2:17 |
| | | | 16:17 | 19:40 | 20:02 | 22:08 | 23:29 | 24:10 | 24:31 | | | | | | | |
| | | | 0:56 | 3:23 | 0:22 | 2:06 | 1:21 | 0:41 | 0:21 | | | | | | | |
| 7 | Michelle Dennenmo thurgorienta | 24:57 | 0:34 | 1:09 | 1:39 | 2:26 | 3:09 | 3:48 | 4:22 | 5:28 | 5:51 | 6:39 | 7:17 | 11:51 | 14:05 | 17:28 |
| | | | 0:34 | 0:35 | 0:30 | 0:47 | 0:43 | 0:39 | 0:34 | 1:06 | 0:23 | 0:48 | 0:38 | 4:34 | 2:14 | 3:23 |
| | | | 18:18 | 21:22 | 21:39 | 22:46 | 24:08 | 24:44 | 24:57 | | | | | | | |
| | | | 0:50 | 3:04 | 0:17 | 1:07 | 1:22 | 0:36 | 0:13 | | | | | | | |
| 8 | Daria Brunner - | 27:05 | 0:43 | 2:02 | 2:45 | 4:08 | 5:06 | 6:17 | 6:40 | 8:19 | 8:49 | 10:12 | 11:12 | 12:11 | 15:00 | 18:35 |
| | | | 0:43 | 1:19 | 0:43 | 1:23 | 0:58 | 1:11 | 0:23 | 1:39 | 0:30 | 1:23 | 1:00 | 0:59 | 2:49 | 3:35 |
| | | | 19:36 | 22:46 | 23:17 | 24:58 | 26:03 | 26:45 | 27:05 | | | | | | | |
| | | | 1:01 | 3:10 | 0:31 | 1:41 | 1:05 | 0:42 | 0:20 | | | | | | | |
| 9 | Luisa Fritschi OLG Welsikon | 28:00 | 0:36 | 1:49 | 2:24 | 6:41 | 7:24 | 10:24 | 10:39 | 11:38 | 12:11 | 13:03 | 15:49 | 16:35 | 18:16 | 20:47 |
| | | | 0:36 | 1:13 | 0:35 | 4:17 | 0:43 | 3:00 | 0:15 | 0:59 | 0:33 | 0:52 | 2:46 | 0:46 | 1:41 | 2:31 |
| | | | 21:30 | 24:43 | 25:30 | 26:31 | 27:21 | 27:48 | 28:00 | | | | | | | |
| | | | 0:43 | 3:13 | 0:47 | 1:01 | 0:50 | 0:27 | 0:12 | | | | | | | |
| 10 | Minna Bächli thurgorienta | 30:02 | 0:39 | 1:16 | 2:08 | 3:48 | 5:29 | 8:10 | 9:42 | 10:51 | 12:28 | 13:50 | 15:27 | 17:12 | 18:40 | 21:03 |
| | | | 0:39 | 0:37 | 0:52 | 1:40 | 1:41 | 2:41 | 1:32 | 1:09 | 1:37 | 1:22 | 1:37 | 1:45 | 1:28 | 2:23 |
| | | | 22:41 | 25:21 | 27:29 | 28:33 | 29:17 | 29:49 | 30:02 | | | | | | | |
| | | | 1:38 | 2:40 | 2:08 | 1:04 | 0:44 | 0:32 | 0:13 | | | | | | | |
| 11 | Nerea Schegg OL Regio Wil | 46:22 | 0:36 | 1:23 | 2:18 | 8:58 | 9:51 | 15:33 | 18:11 | 20:32 | 21:54 | 24:15 | 26:30 | 28:22 | 30:07 | 32:20 |
| | | | 0:36 | 0:47 | 0:55 | 6:40 | 0:53 | 5:42 | 2:38 | 2:21 | 1:22 | 2:21 | 2:15 | 1:52 | 1:45 | 2:13 |
| | | | 33:43 | 36:28 | 36:52 | 44:51 | 45:45 | 46:09 | 46:22 | | | | | | | |
| | | | 1:23 | 2:45 | 0:24 | 7:59 | 0:54 | 0:24 | 0:13 | | | | | | | |
| | Niculina Reubi thurgorienta | Fehlst | 0:34 | ----- | 2:01 | 6:55 | 7:49 | 12:43 | 13:01 | 14:11 | 15:05 | 16:02 | 17:05 | 17:42 | 19:08 | 22:26 |
| | | | 0:34 | | 1:27 | 4:54 | 0:54 | 4:54 | 0:18 | 1:10 | 0:54 | 0:57 | 1:03 | 0:37 | 1:26 | 3:18 |
| | | | 23:20 | 26:31 | 26:58 | 29:12 | 30:35 | 30:55 | 31:19 | | | | | | | |
| | | | 0:54 | 3:11 | 0:27 | 2:14 | 1:23 | 0:20 | 0:24 | | | | | | | |

| Pl Name | Zeit | | | | | | | | | | | | | | |
|----------------------------|---------------|-------------|--------------|---------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| Familien Lang (16) | | | | 2.0 km | 40 Hm | 21 P | | | | | | | | | |
| | | 1(33) | 2(35) | 3(85) | 4(43) | 5(39) | 6(47) | 7(46) | 8(49) | 9(50) | 10(53) | 11(58) | 12(52) | 13(80) | 14(79) |
| | | 15(69) | 16(37) | 17(70) | 18(71) | 19(72) | 20(73) | 21(75) | Ziel | | | | | | |
| 1 Kilian Held | 14:50 | 0:23 | 1:07 | 1:46 | 2:32 | 2:42 | 3:09 | 3:55 | 4:12 | 4:34 | 4:56 | 5:40 | 6:36 | 7:04 | 8:19 |
| - | | 0:23 | 0:44 | 0:39 | 0:46 | 0:10 | 0:27 | 0:46 | 0:17 | 0:22 | 0:22 | 0:44 | 0:56 | 0:28 | 1:15 |
| | | 9:11 | 10:34 | 11:19 | 11:38 | 13:44 | 14:08 | 14:37 | 14:50 | | | | | | |
| | | 0:52 | 1:23 | 0:45 | 0:19 | 2:06 | 0:24 | 0:29 | 0:13 | | | | | | |
| 2 Lars Wirth | 15:37 | 0:28 | 1:25 | 2:16 | 2:57 | 3:09 | 3:40 | 4:39 | 5:00 | 5:28 | 5:45 | 6:03 | 6:48 | 7:10 | 8:26 |
| - | | 0:28 | 0:57 | 0:51 | 0:41 | 0:12 | 0:31 | 0:59 | 0:21 | 0:28 | 0:17 | 0:18 | 0:45 | 0:22 | 1:16 |
| | | 9:12 | 10:51 | 11:34 | 11:50 | 14:11 | 14:36 | 15:27 | 15:37 | | | | | | |
| | | 0:46 | 1:39 | 0:43 | 0:16 | 2:21 | 0:25 | 0:51 | 0:10 | | | | | | |
| 3 Fabienne Schnyder | 16:00 | 0:31 | 1:38 | 2:25 | 3:11 | 3:21 | 4:27 | 5:10 | 5:27 | 5:51 | 6:15 | 6:36 | 7:26 | 7:55 | 9:09 |
| - | | 0:31 | 1:07 | 0:47 | 0:46 | 0:10 | 1:06 | 0:43 | 0:17 | 0:24 | 0:24 | 0:21 | 0:50 | 0:29 | 1:14 |
| | | 10:04 | 11:35 | 12:10 | 12:23 | 14:35 | 15:03 | 15:43 | 16:00 | | | | | | |
| | | 0:55 | 1:31 | 0:35 | 0:13 | 2:12 | 0:28 | 0:40 | 0:17 | | | | | | |
| 4 Levi Brander | 16:21 | 0:26 | 1:23 | 2:10 | 2:56 | 3:09 | 3:47 | 4:34 | 4:51 | 5:13 | 5:39 | 6:04 | 7:04 | 7:37 | 8:50 |
| - | | 0:26 | 0:57 | 0:47 | 0:46 | 0:13 | 0:38 | 0:47 | 0:17 | 0:22 | 0:26 | 0:25 | 1:00 | 0:33 | 1:13 |
| | | 10:30 | 12:04 | 12:45 | 13:02 | 15:21 | 15:46 | 16:11 | 16:21 | | | | | | |
| | | 1:40 | 1:34 | 0:41 | 0:17 | 2:19 | 0:25 | 0:25 | 0:10 | | | | | | |
| 5 Adrian Geiger | 18:00 | 0:29 | 1:25 | 2:15 | 2:57 | 3:12 | 3:44 | 4:41 | 5:00 | 5:25 | 5:52 | 6:12 | 6:59 | 7:33 | 9:06 |
| - | | 0:29 | 0:56 | 0:50 | 0:42 | 0:15 | 0:32 | 0:57 | 0:19 | 0:25 | 0:27 | 0:20 | 0:47 | 0:34 | 1:33 |
| | | 9:54 | 13:11 | 13:52 | 14:21 | 16:27 | 17:02 | 17:40 | 18:00 | | | | | | |
| | | 0:48 | 3:17 | 0:41 | 0:29 | 2:06 | 0:35 | 0:38 | 0:20 | | | | | | |
| 6 Anita Weber | 18:29 | 0:28 | 1:31 | 2:43 | 3:40 | 3:55 | 4:47 | 5:45 | 6:07 | 6:37 | 7:08 | 7:31 | 8:36 | 9:05 | 10:27 |
| - | | 0:28 | 1:03 | 1:12 | 0:57 | 0:15 | 0:52 | 0:58 | 0:22 | 0:30 | 0:31 | 0:23 | 1:05 | 0:29 | 1:22 |
| | | 11:12 | 12:44 | 13:44 | 14:01 | 16:38 | 17:07 | 18:15 | 18:29 | | | | | | |
| | | 0:45 | 1:32 | 1:00 | 0:17 | 2:37 | 0:29 | 1:08 | 0:14 | | | | | | |
| 7 Laurin Fritschi | 19:16 | 0:31 | 1:41 | 2:52 | 3:38 | 3:52 | 4:45 | 5:39 | 6:06 | 6:57 | 7:37 | 8:08 | 9:19 | 9:58 | 11:57 |
| OLG Welsikon | | 0:31 | 1:10 | 1:11 | 0:46 | 0:14 | 0:53 | 0:54 | 0:27 | 0:51 | 0:40 | 0:31 | 1:11 | 0:39 | 1:59 |
| | | 12:57 | 14:47 | 15:38 | 15:57 | 18:09 | 18:38 | 19:03 | 19:16 | | | | | | |
| | | 1:00 | 1:50 | 0:51 | 0:19 | 2:12 | 0:29 | 0:25 | 0:13 | | | | | | |
| 8 Florian Küng | 21:51 | 0:31 | 1:28 | 2:24 | 3:23 | 3:41 | 4:24 | 5:31 | 6:00 | 6:31 | 8:15 | 8:40 | 9:33 | 11:07 | 12:32 |
| - | | 0:31 | 0:57 | 0:56 | 0:59 | 0:18 | 0:43 | 1:07 | 0:29 | 0:31 | 1:44 | 0:25 | 0:53 | 1:34 | 1:25 |
| | | 13:35 | 15:21 | 16:43 | 17:05 | 19:53 | 20:51 | 21:25 | 21:51 | | | | | | |
| | | 1:03 | 1:46 | 1:22 | 0:22 | 2:48 | 0:58 | 0:34 | 0:26 | | | | | | |
| 9 Lukas, Nga Zimmer | 23:35 | 0:32 | 1:25 | 3:16 | 4:11 | 4:32 | 5:16 | 6:45 | 7:10 | 7:41 | 8:14 | 8:46 | 9:47 | 10:23 | 12:31 |
| - | | 0:32 | 0:53 | 1:51 | 0:55 | 0:21 | 0:44 | 1:29 | 0:25 | 0:31 | 0:33 | 0:32 | 1:01 | 0:36 | 2:08 |
| | | 13:48 | 16:27 | 17:45 | 18:18 | 21:58 | 22:43 | 23:18 | 23:35 | | | | | | |
| | | 1:17 | 2:39 | 1:18 | 0:33 | 3:40 | 0:45 | 0:35 | 0:17 | | | | | | |
| 10 Nalina Weber | 23:58 | 1:01 | 2:13 | 3:22 | 4:24 | 4:49 | 5:37 | 6:39 | 7:09 | 7:37 | 8:11 | 8:46 | 9:58 | 10:38 | 12:56 |
| - | | 1:01 | 1:12 | 1:09 | 1:02 | 0:25 | 0:48 | 1:02 | 0:30 | 0:28 | 0:34 | 0:35 | 1:12 | 0:40 | 2:18 |
| | | 14:08 | 16:20 | 17:23 | 17:58 | 22:27 | 22:55 | 23:42 | 23:58 | | | | | | |
| | | 1:12 | 2:12 | 1:03 | 0:35 | 4:29 | 0:28 | 0:47 | 0:16 | | | | | | |
| 11 Raphael Plank | 25:42 | 0:45 | 2:14 | 5:41 | 6:34 | 6:54 | 7:36 | 9:16 | 9:38 | 10:05 | 11:22 | 11:50 | 13:22 | 14:00 | 15:39 |
| - | | 0:45 | 1:29 | 3:27 | 0:53 | 0:20 | 0:42 | 1:40 | 0:22 | 0:27 | 1:17 | 0:28 | 1:32 | 0:38 | 1:39 |
| | | 17:02 | 19:59 | 20:47 | 21:10 | 24:19 | 24:54 | 25:26 | 25:42 | | | | | | |
| | | 1:23 | 2:57 | 0:48 | 0:23 | 3:09 | 0:35 | 0:32 | 0:16 | | | | | | |
| 12 Patrick Geiger | 25:56 | 0:37 | 1:44 | 3:38 | 4:34 | 4:53 | 5:37 | 6:37 | 7:17 | 7:54 | 8:33 | 9:09 | 10:27 | 11:17 | 13:11 |
| OL Regio Wil | | 0:37 | 1:07 | 1:54 | 0:56 | 0:19 | 0:44 | 1:00 | 0:40 | 0:37 | 0:39 | 0:36 | 1:18 | 0:50 | 1:54 |
| | | 14:08 | 16:25 | 17:37 | 18:23 | 22:54 | 24:02 | 25:27 | 25:56 | | | | | | |
| | | 0:57 | 2:17 | 1:12 | 0:46 | 4:31 | 1:08 | 1:25 | 0:29 | | | | | | |
| 13 Mirjam Mele | 29:52 | 0:31 | 1:35 | 6:27 | 7:13 | 7:26 | 9:38 | 13:19 | 13:44 | 14:28 | 15:02 | 15:41 | 17:17 | 18:20 | 21:36 |
| VSBB Berg-Birwink | | 0:31 | 1:04 | 4:52 | 0:46 | 0:13 | 2:12 | 3:41 | 0:25 | 0:44 | 0:34 | 0:39 | 1:36 | 1:03 | 3:16 |
| | | 22:55 | 24:56 | 25:44 | 26:09 | 28:34 | 29:04 | 29:35 | 29:52 | | | | | | |
| | | 1:19 | 2:01 | 0:48 | 0:25 | 2:25 | 0:30 | 0:31 | 0:17 | | | | | | |
| 14 Anni Meier | 46:30 | 7:15 | 9:11 | 10:41 | 12:30 | 12:57 | 14:25 | 17:43 | 18:45 | 19:48 | 20:51 | 21:56 | 23:46 | 24:55 | 28:42 |
| - | | 7:15 | 1:56 | 1:30 | 1:49 | 0:27 | 1:28 | 3:18 | 1:02 | 1:03 | 1:03 | 1:05 | 1:50 | 1:09 | 3:47 |
| | | 30:59 | 35:39 | 37:27 | 38:19 | 43:44 | 44:49 | 45:28 | 46:30 | | | | | | |
| | | 2:17 | 4:40 | 1:48 | 0:52 | 5:25 | 1:05 | 0:39 | 1:02 | | | | | | |
| Marco Brönnimann | Fehlst | ---- | 1:38 | 2:28 | 3:38 | 3:48 | 4:22 | 5:03 | 5:22 | 5:48 | 6:05 | 6:27 | 7:10 | 7:46 | 9:25 |
| - | | | 1:38 | 0:50 | 1:10 | 0:10 | 0:34 | 0:41 | 0:19 | 0:26 | 0:17 | 0:22 | 0:43 | 0:36 | 1:39 |
| | | 10:08 | ----- | 12:48 | 13:06 | 15:56 | 16:20 | 16:51 | 17:01 | | 11:31 | | | | |
| | | 0:43 | | 2:40 | 0:18 | 2:50 | 0:24 | 0:31 | 0:10 | | *36 | | | | |
| Jakob Brander | Disqu | 0:30 | 1:34 | 2:36 | 3:30 | 3:42 | 4:18 | 5:20 | 5:45 | 6:14 | 6:51 | 7:22 | 8:26 | 9:08 | 10:53 |
| - | | 0:30 | 1:04 | 1:02 | 0:54 | 0:12 | 0:36 | 1:02 | 0:25 | 0:29 | 0:37 | 0:31 | 1:04 | 0:42 | 1:45 |
| | | 12:15 | 14:04 | 14:49 | 15:08 | 17:51 | 18:18 | 18:47 | | | | | | | |
| | | 1:22 | 1:49 | 0:45 | 0:19 | 2:43 | 0:27 | 0:29 | | | | | | | |

| Pl Name | Zeit | | | | | | | | | | | | | | |
|---|--------------|---------------------|-------------|-------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|--------------|--------------|
| Sie+Er (9) | | 2.4 km 70 Hm | | | | 23 P | | | | | | | | | |
| | | 1(35) | 2(84) | 3(40) | 4(43) | 5(41) | 6(42) | 7(61) | 8(45) | 9(50) | 10(59) | 11(57) | 12(53) | 13(55) | 14(83) |
| | | 15(63) | 16(86) | 17(65) | 18(81) | 19(82) | 20(71) | 21(72) | 22(74) | 23(75) | Ziel | | | | |
| 1 Claudia Gehrig OL Amriswil | 23:36 | 1:12 | 2:24 | 3:04 | 3:59 | 4:25 | 5:20 | 5:46 | 6:32 | 7:06 | 9:26 | 11:03 | 11:17 | 12:33 | 15:00 |
| | | 1:12 | 1:12 | 0:40 | 0:55 | 0:26 | 0:55 | 0:26 | 0:46 | 0:34 | 2:20 | 1:37 | 0:14 | 1:16 | 2:27 |
| | | 15:28 | 16:17 | 17:34 | 18:27 | 19:29 | 20:00 | 22:14 | 22:49 | 23:22 | 23:36 | | | | |
| 2 Ignaz Stäheli - | 25:30 | 0:28 | 0:49 | 1:17 | 0:53 | 1:02 | 0:31 | 2:14 | 0:35 | 0:33 | 0:14 | | | | |
| | | 1:16 | 2:17 | 2:45 | 3:50 | 4:22 | 5:09 | 5:38 | 6:18 | 6:57 | 8:20 | 10:18 | 10:39 | 11:58 | 14:08 |
| | | 1:16 | 1:01 | 0:28 | 1:05 | 0:32 | 0:47 | 0:29 | 0:40 | 0:39 | 1:23 | 1:58 | 0:21 | 1:19 | 2:10 |
| 3 Michael Denzler OLG Welsikon | 26:30 | 0:32 | 0:48 | 2:03 | 1:10 | 2:31 | 0:47 | 2:10 | 0:28 | 0:38 | 0:15 | | | | |
| | | 1:08 | 2:18 | 2:44 | 4:03 | 4:30 | 5:09 | 5:31 | 6:06 | 6:39 | 8:09 | 9:31 | 9:46 | 11:22 | 14:41 |
| | | 1:08 | 1:10 | 0:26 | 1:19 | 0:27 | 0:39 | 0:22 | 0:35 | 0:33 | 1:30 | 1:22 | 0:15 | 1:36 | 3:19 |
| 4 Koni Bähler - | 27:17 | 15:22 | 16:02 | 17:41 | 18:22 | 21:24 | 21:51 | 25:17 | 25:41 | 26:15 | 26:30 | | | | |
| | | 0:41 | 0:40 | 1:39 | 0:41 | 3:02 | 0:27 | 3:26 | 0:24 | 0:34 | 0:15 | | | | |
| | | 1:25 | 2:43 | 3:18 | 4:26 | 5:03 | 6:13 | 6:45 | 7:31 | 8:16 | 9:32 | 11:05 | 11:29 | 13:16 | 15:50 |
| 5 Stefanie Koch - | 27:21 | 1:25 | 1:18 | 0:35 | 1:08 | 0:37 | 1:10 | 0:32 | 0:46 | 0:45 | 1:16 | 1:33 | 0:24 | 1:47 | 2:34 |
| | | 16:27 | 17:42 | 20:25 | 21:04 | 22:17 | 22:53 | 25:49 | 26:26 | 27:01 | 27:17 | | | | |
| | | 0:37 | 1:15 | 2:43 | 0:39 | 1:13 | 0:36 | 2:56 | 0:37 | 0:35 | 0:16 | | | | |
| 6 Daniel Müller - | 28:13 | 1:15 | 2:16 | 2:41 | 3:41 | 4:14 | 5:09 | 5:45 | 6:40 | 7:20 | 10:04 | 11:10 | 11:27 | 13:05 | 15:59 |
| | | 1:15 | 1:01 | 0:25 | 1:00 | 0:33 | 0:55 | 0:36 | 0:55 | 0:40 | 2:44 | 1:06 | 0:17 | 1:38 | 2:54 |
| | | 16:24 | 17:27 | 19:10 | 19:51 | 23:06 | 23:43 | 26:09 | 26:36 | 27:06 | 27:21 | | | | |
| 7 Sara Wüger - | 38:58 | 0:25 | 1:03 | 1:43 | 0:41 | 3:15 | 0:37 | 2:26 | 0:27 | 0:30 | 0:15 | | | | |
| | | 1:17 | 2:30 | 3:00 | 4:12 | 4:45 | 5:40 | 6:12 | 6:56 | 7:40 | 9:29 | 11:21 | 11:43 | 13:06 | 15:38 |
| | | 1:17 | 1:13 | 0:30 | 1:12 | 0:33 | 0:55 | 0:32 | 0:44 | 0:44 | 1:49 | 1:52 | 0:22 | 1:23 | 2:32 |
| 8 Urs Baumann - | 42:19 | 16:17 | 17:18 | 19:25 | 20:41 | 23:37 | 24:16 | 26:51 | 27:23 | 27:59 | 28:13 | | | | |
| | | 0:39 | 1:01 | 2:07 | 1:16 | 2:56 | 0:39 | 2:35 | 0:32 | 0:36 | 0:14 | | | | |
| | | 1:53 | 3:22 | 3:58 | 5:40 | 6:25 | 7:35 | 8:24 | 9:26 | 10:24 | 13:13 | 15:29 | 16:13 | 18:02 | 21:28 |
| 9 Thomas Bissegger - | 53:19 | 1:53 | 1:29 | 0:36 | 1:42 | 0:45 | 1:10 | 0:49 | 1:02 | 0:58 | 2:49 | 2:16 | 0:44 | 1:49 | 3:26 |
| | | 22:35 | 23:49 | 27:05 | 28:52 | 33:00 | 34:16 | 37:29 | 38:05 | 38:37 | 38:58 | | | | |
| | | 1:07 | 1:14 | 3:16 | 1:47 | 4:08 | 1:16 | 3:13 | 0:36 | 0:32 | 0:21 | | | | |
| 9 Thomas Bissegger - | 53:19 | 2:06 | 3:46 | 4:37 | 5:54 | 6:46 | 8:12 | 8:56 | 10:13 | 11:12 | 15:26 | 19:42 | 20:25 | 22:49 | 27:03 |
| | | 2:06 | 1:40 | 0:51 | 1:17 | 0:52 | 1:26 | 0:44 | 1:17 | 0:59 | 4:14 | 4:16 | 0:43 | 2:24 | 4:14 |
| | | 27:57 | 29:09 | 31:53 | 32:56 | 35:06 | 35:57 | 40:04 | 40:58 | 41:58 | 42:19 | | | | |
| 9 Thomas Bissegger - | 53:19 | 0:54 | 1:12 | 2:44 | 1:03 | 2:10 | 0:51 | 4:07 | 0:54 | 1:00 | 0:21 | | | | |
| | | 2:50 | 5:35 | 6:28 | 8:25 | 9:51 | 12:44 | 13:41 | 15:33 | 16:48 | 19:46 | 22:27 | 23:04 | 26:41 | 30:34 |
| | | 2:50 | 2:45 | 0:53 | 1:57 | 1:26 | 2:53 | 0:57 | 1:52 | 1:15 | 2:58 | 2:41 | 0:37 | 3:37 | 3:53 |
| | | 31:38 | 33:44 | 38:02 | 40:07 | 46:01 | 47:01 | 50:38 | 52:16 | 53:00 | 53:19 | | | | |
| | | 1:04 | 2:06 | 4:18 | 2:05 | 5:54 | 1:00 | 3:37 | 1:38 | 0:44 | 0:19 | | | | |