

| Pl | Name | g | Wohnort | Verein | 2. LäuferIn | 3. Läuferl | Zeit |
|----------------------------|------------------------|----|--------------------|---------------------------|-------------|------------|--------|
| OL Lang Herren (47) | | | | 3.0 km 70 Hm 27 P | | | |
| 1 | Andreas Kyburz | 88 | Winterthur | OLK Fricktal | | | 17:12 |
| 2 | Renato Winteler | 78 | Weinfelden | OLG Welsikon | | | 19:01 |
| 2 | Jonas Brütsch | 98 | Uhwiesen | OLG Schaffhausen | | | 19:01 |
| 4 | Lukas Lombriser | 90 | Winterthur | OLG Basel | | | 19:25 |
| 5 | Corsin Spinatsch | 80 | Buch b. Frauenfeld | thurgorienta | | | 19:30 |
| 6 | Valentin Fritschi | 05 | Winterthur | OLG Welsikon/OLC Wint | | | 20:09 |
| 7 | Marcel Tschopp | 74 | Uhwiesen | OLG Dachsen | | | 20:48 |
| 8 | Andrin Knöpfli | 97 | Humlikon | OLG Welsikon | | | 21:41 |
| 8 | Philip Bruggmann | 71 | Salmsach | OL Amriswil | | | 21:41 |
| 10 | Rolf Reubi | 76 | Weinfelden | thurgorienta | | | 22:14 |
| 11 | Livio Matteo Müller | 05 | Märwil | thurgorienta | | | 22:22 |
| 12 | Simon Seger-Bertschi | 74 | Weinfelden | OL Regio Wil / thurgorien | | | 22:32 |
| 13 | Thomas Müller | 78 | Ennetaach | OL Amriswil | | | 22:37 |
| 14 | Thomas Rusch | 68 | Algetshausen | OL Regio Wil | | | 22:41 |
| 15 | Severin Moser | 62 | Andelfingen | - | | | 23:43 |
| 16 | Andreas Herzog | 84 | Langwiesen | OLG Schaffhausen | | | 24:14 |
| 17 | Elias Ammann | 04 | Wittenwil | OL Regio Wil | | | 24:22 |
| 18 | Patrick Strasser | 71 | Oberhallau | OLG Schaffhausen | | | 25:01 |
| 19 | Peter Grollmann | 68 | Bichwil | OL Regio Wil | | | 25:17 |
| 20 | Urs Wegmüller | 67 | Buch b. Frauenfeld | thurgorienta | | | 26:18 |
| 21 | Emanuel Hörnlmann | 97 | Tuttwil | OL Regio Wil | | | 26:21 |
| 22 | Peter Frischknecht | 66 | Bülach | OLK Rafzerfeld | | | 26:43 |
| 23 | Michael Lüchinger | 85 | Winterthur | OLC Winterthur | | | 27:13 |
| 24 | Christian Gysin | 74 | Frauenfeld | thurgorienta | | | 27:19 |
| 25 | Werner Jäckle | 60 | Steckborn | thurgorienta | | | 28:06 |
| 26 | Didier Grieb | 74 | Herisau | OLG St. Gallen/App. | | | 28:16 |
| 27 | Jack Ott | 71 | Märwil | OL Regio Wil | | | 28:35 |
| 28 | Martin Stamm | 61 | St. Gallen | OLG St. Gallen/App. | | | 28:47 |
| 29 | Peter Grau | 65 | Volketswil | OLG Zürich | | | 29:22 |
| 30 | Heinz Ammann | 68 | Wittenwil | OL Regio Wil | | | 29:28 |
| 31 | Matthias Wolfensberger | 69 | Winterthur | - | | | 29:40 |
| 32 | Lorenz Fritschi | 07 | Winterthur | OLG Welsikon | | | 29:48 |
| 33 | Lukas Ammann | 02 | Wittenwil | OL Regio Wil | | | 29:56 |
| 34 | Thomas Zimmermann | 70 | Rheinau | - | | | 30:00 |
| 35 | Martin Wenk | 66 | Hüttwilen | thurgorienta | | | 30:38 |
| 36 | Urs Gruber | 67 | Rosstrüti | OL Regio Wil | | | 30:46 |
| 37 | Dominik Schegg | 81 | Märwil | OL Regio Wil | | | 31:02 |
| 38 | Reto Viola | 76 | Thalwil | - | | | 31:49 |
| 39 | Urs Denzler | 63 | Truttikon | OLG Welsikon | | | 31:58 |
| 40 | Oliver Schegg | 07 | Märwil | OL Regio Wil | | | 33:27 |
| 41 | Bruno Koch | 58 | Wil | OL Regio Wil | | | 34:09 |
| 42 | Benno Meier | 56 | Henggart | OLG Welsikon | | | 35:37 |
| 43 | Ueli Hauswirth | 47 | Belp | ol norska | | | 36:17 |
| 44 | Paul Brittain | 92 | Dublin | OLK Rafzerfeld | | | 38:06 |
| 45 | Ferdinand Schanz | 44 | Küsnacht ZH | OLC Kapreolo | | | 54:19 |
| | Michael Abegg | 73 | Bülach | OLK Rafzerfeld | | | Fehlst |
| | Jörg Greb | 62 | Aarau | - | | | Fehlst |

| Pl | Name | g | Wohnort | Verein | 2. LäuferIn | 3. Läuferl | Zeit |
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| OL Lang Damen (15) | | | | 3.0 km 70 Hm 27 P | | | |
| 1 | Katja Brütsch | 00 | Uhwiesen | OLG Schaffhausen | | | 22:30 |
| 2 | Martina Kyburz | 89 | Winterthur | thurgorienta | | | 22:41 |
| 3 | Andrea Good | 74 | Nussbaumen TG | thurgorienta | | | 24:17 |
| 4 | Sabin Tschopp | 75 | Uhwiesen | OLG Dachsen | | | 24:26 |
| 5 | Laura Diener | 95 | Bern | OLG Bern | | | 25:45 |
| 6 | Tabea Habershür | 94 | Henggart | OLG Welsikon | | | 25:46 |
| 7 | Monika Riediker | 71 | Thundorf | thurgorienta | | | 25:47 |
| 8 | MajaENZ | 89 | Bachenbülach | OLK Rafzerfeld | | | 27:26 |
| 9 | Cécile Lütolf Fritschi | 76 | Winterthur | OLG Welsikon | | | 29:57 |
| 10 | Ladina Geiger | 02 | Aadorf | OL Regio Wil | | | 31:56 |
| 11 | Ursula Bindschädler | 57 | Winterthur | OLC Winterthur | | | 32:24 |
| 12 | Priska Neff | 94 | Hosenruck | OL Regio Wil | | | 35:17 |
| 13 | Jeanette Stamm | 62 | St. Gallen | OLG St. Gallen/App. | | | 37:25 |
| 14 | Ariane Abegg | 73 | Bülach | OLK Rafzerfeld | | | 37:50 |
| 15 | Margrit Schaltegger | 52 | Lustdorf | thurgorienta | | | 46:47 |

| Pl | Name | g | Wohnort | Verein | 2. LäuferIn | 3. Läuferl | Zeit |
|--|----------------------|----|--------------------|---------------------|-------------|------------|--------|
| OL Kurz Herren (49) 2.6 km 70 Hm 24 P | | | | | | | |
| 1 | René Haas | 62 | Schaffhausen | OLG Schaffhausen | | | 21:16 |
| 2 | René Müller | 73 | Märwil | thurgorienta | | | 21:35 |
| 3 | Peter Lenherr | 62 | Rafz | OLK Rafzerfeld | | | 21:47 |
| 4 | Erwin Gartmann | 62 | Zuzwil SG | OL Regio Wil | | | 22:42 |
| 5 | Thomas Pfarrwaller | 82 | Seuzach | OLC Winterthur | | | 22:46 |
| 6 | Marc Monhart | 76 | Truttikon | OLG Schaffhausen | | | 23:17 |
| 7 | Max Strini | 68 | Freidorf | OL Amriswil | | | 23:20 |
| 8 | Beat Seiterle | 60 | Frauenfeld | thurgorienta | | | 23:46 |
| 9 | Andreas Dennenmoser | 79 | Frauenfeld | thurgorienta | | | 24:33 |
| 10 | Ernst Baumann | 45 | Schwarzenbach SG | OL Regio Wil | | | 25:04 |
| 11 | Urs Kreis | 55 | Egnach | OL Amriswil | | | 25:05 |
| 12 | Thomas Keller | 05 | Wängi | thurgorienta | | | 25:19 |
| 13 | Felix Engeler | 52 | Amriswil | OL Amriswil | | | 25:38 |
| 14 | Ernst Wunderli | 53 | Hittnau | OLG Pfäffikon | | | 25:39 |
| 15 | Nik Walter | 60 | Winterthur | OLG Welsikon | | | 25:44 |
| 16 | Guido Specker | 68 | Aadorf | OL Regio Wil | | | 25:47 |
| 17 | Stefan Fritschi | 72 | Winterthur | OLG Welsikon | | | 26:10 |
| 18 | Willi Spring | 58 | Ottoberg | thurgorienta | | | 26:15 |
| 19 | Paul Corrodi | 59 | Marthalen | OLG Dachsen | | | 26:21 |
| 20 | Peter Lattmann | 64 | Winterthur | TV Seen | | | 26:40 |
| 21 | Oliver Brütsch | 64 | Uhwiesen | OLG Schaffhausen | | | 26:41 |
| 21 | Karl Ott | 53 | Schlatt | OLG Welsikon | | | 26:41 |
| 23 | Paul Gehri | 70 | Matzingen | - | | | 27:13 |
| 24 | Edi Baumgartner | 44 | Burgdorf | OLV Hindelbank | | | 27:42 |
| 25 | Martin Koster | 62 | Rebstein | OL Regio Wil | | | 28:32 |
| 26 | Martin Seiterle | 58 | Amriswil | OL Amriswil | | | 28:54 |
| 27 | Erwin Keller | 63 | Wängi | thurgorienta | | | 29:16 |
| 28 | Peter Kissling | 59 | Dachsen | OLG Dachsen | | | 29:18 |
| 29 | Erwin Wälter | 62 | Altstätten SG | OLG St. Gallen/App. | | | 29:44 |
| 30 | Beat Jäckle | 95 | Steckborn | - | | | 29:57 |
| 31 | Köbi Jucker | 55 | Rutschwil-Dägerlen | OLC Winterthur | | | 31:00 |
| 32 | Urs Brühlmann | 91 | Hefenhofen | OL Amriswil | | | 32:17 |
| 33 | Walter Tschumi | 41 | Thun | OLG Thun | | | 33:43 |
| 34 | Daniel Schneebeli | 71 | Lufingen | OLK Rafzerfeld | | | 33:57 |
| 35 | Gerhard Egli | 56 | Amriswil | OL Amriswil | | | 34:14 |
| 36 | Beat Schlatter | 44 | Uhwiesen | OLG Dachsen | | | 35:09 |
| 37 | Werner Hinder | 44 | Winterthur | OLC Winterthur | | | 35:56 |
| 38 | Tobias Steinlin | 06 | Winterthur | OLC Winterthur | | | 36:24 |
| 39 | Markus Good | 61 | Nussbaumen TG | thurgorienta | | | 36:45 |
| 40 | Franz Lambrecht | 55 | Egnach | OL Amriswil | | | 36:47 |
| 41 | Werner Schönenberger | 48 | Winterthur | OLG Gallispitz | | | 38:51 |
| 42 | Vinzenz Kneisl | 46 | Brütten | - | | | 42:18 |
| 43 | Hans Bossert | 41 | Wädenswil | OL Zimmerberg | | | 42:53 |
| 44 | Pietro Winteler | 48 | Nürens Dorf | OLG Welsikon | | | 46:15 |
| 45 | Chris Hirt | 45 | Schlatt | OLG Welsikon | | | 46:19 |
| 46 | René Corthay | 41 | Wattwil | OL Zimmerberg | | | 53:29 |
| | Manuel Jacomet | 75 | Frauenfeld | thurgorienta | | | Fehlst |
| | Niklaus Stähli | 45 | Frauenfeld | OL Amriswil | | | Fehlst |
| | Röbi Frei | 40 | Winterthur | OLC Winterthur | | | Aufg |

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|---------------------------|-------------------------|-------------------|--------------------------|-------------|------------|--------|
| OL Kurz Damen (33) | | | 2.6 km 70 Hm 24 P | | | |
| 1 | Heidi Graf | 68 Uesslingen | OL Regio Wil | | | 21:17 |
| 2 | Petra Reubi | 79 Weinfeld | thurgorienta | | | 21:20 |
| 3 | Selina Kolb | 96 Winterthur | | | | 24:06 |
| 4 | Andrea Schefer | 75 Winterthur | OLC Winterthur | | | 24:16 |
| 5 | Claudia Dennenmoser | 82 Frauenfeld | thurgorienta | | | 24:20 |
| 6 | Susanne Wenk | 64 Hüttwilen | thurgorienta | | | 24:35 |
| 7 | Doris Haas | 62 Schaffhausen | OLG Schaffhausen | | | 26:54 |
| 8 | Sabrina Müller | 84 Ennetaach | OL Amriswil | | | 27:13 |
| 9 | Karin Ammann | 73 Wittenwil | OL Regio Wil | | | 27:44 |
| 10 | Silvia Weber | 79 Nussbaumen | thurgorienta | | | 28:16 |
| 11 | Ursi Ott | 70 Märwil | OL Regio Wil | | | 28:36 |
| 12 | Esther Knöpfli | 61 Humlikon | OLG Welsikon | | | 29:28 |
| 13 | Nadja Enz | 93 Glattfelden | OLK Rafzerfeld | | | 29:40 |
| 14 | Nicole Steinlin | 77 Winterthur | OLC Winterthur | | | 29:53 |
| 15 | Lilian Kissling | 64 Dachsen | OLG Dachsen | | | 30:29 |
| 16 | Käthi Schmitter-Grätzer | 66 Rothenthurm | OLG Galgenen | | | 30:32 |
| 17 | Nicole Wolfensberger | 73 Winterthur | OLC Winterthur | | | 31:14 |
| 18 | Angela Sterren | 84 Rossrüti | OL Regio Wil | | | 31:32 |
| 19 | Janine Wenk | 96 | - | | | 31:50 |
| 20 | Claudia Schegg | 82 Märwil | OL Regio Wil | | | 32:03 |
| 21 | Janine Dünner | 70 Volketswil | OLG Zürich | | | 32:39 |
| 22 | Katja Koster | 71 Rebstein | OL Regio Wil | | | 32:59 |
| 23 | Vroni Akeret | 58 Frauenfeld | thurgorienta | | | 34:35 |
| 24 | Daniela Schenk | 63 Weinfeld | thurgorienta | | | 37:34 |
| 25 | Susanne Bertschi | 75 Winterthur | OLC Winterthur | | | 38:01 |
| 26 | Marianne Bandixen | 58 Stein am Rhein | OLG Pfäffikon | | | 38:48 |
| 27 | Heidy Corrodi | 60 Marthalen | OLG Dachsen | | | 40:11 |
| 28 | Marlies Enz | 60 Glattfelden | OLK Rafzerfeld | | | 40:43 |
| 29 | Anna Schnüriger | 46 Winterthur | OLV Zug | | | 41:18 |
| 30 | Rose-Marie Denzler | 63 Truttikon | OLG Welsikon | | | 42:03 |
| 31 | Elisabeth Kreis | 56 Egnach | OL Amriswil | | | 42:30 |
| 32 | Frieda Schanz | 54 Küsnacht ZH | OLC Kapreolo | | | 51:45 |
| | Kathrin Schmid | 71 Rossrüti | OL Regio Wil | | | Fehlst |

| Pl | Name | g | Wohnort | Verein | 2. LäuferIn | 3. Läuferl | Zeit |
|------------------------|------------------|----|---------------|--------------------------|-------------|------------|-------|
| OL Junioren (9) | | | | 2.9 km 60 Hm 26 P | | | |
| 1 | Jannis Riediker | 08 | Thundorf | thurgorienta | | | 23:08 |
| 2 | Bastian Schmid | 08 | Rossrüti | OL Regio Wil | | | 24:37 |
| 3 | Raphael Keller | 07 | Wängi | thurgorienta | | | 25:03 |
| 4 | Alexej Schweizer | 09 | Hosenruck | OL Regio Wil | | | 25:36 |
| 5 | Lars Friedli | 08 | Buchackern | OL Amriswil | | | 26:13 |
| 6 | Linus Gysin | 09 | Frauenfeld | thurgorienta | | | 27:09 |
| 7 | Lio Weber | 08 | Nussbaumen | thurgorienta | | | 28:27 |
| 8 | Sven Geiger | 07 | Zuzwil | OL Regio Wil | | | 28:55 |
| 9 | Janik Good | 10 | Nussbaumen TG | thurgorienta | | | 30:38 |

| Pl | Name | g | Wohnort | Verein | 2. LäuferIn | 3. Läuferl | Zeit |
|---------------------------|----------------|----|---------------|--------------------------|-------------|------------|-------|
| OL Juniorinnen (5) | | | | 2.9 km 60 Hm 26 P | | | |
| 1 | Madlaina Reubi | 10 | Weinfelden | thurgorienta | | | 26:02 |
| 2 | Annalia Reubi | 09 | Weinfelden | thurgorienta | | | 30:06 |
| 3 | Winona Weber | 07 | Nussbaumen TG | thurgorienta | | | 32:13 |
| 4 | Lorena Schegg | 09 | Märwil | OL Regio Wil | | | 32:48 |
| 5 | Lea Küttel | 05 | Frauenfeld | thurgorienta | | | 41:53 |

| Pl | Name | g Wohnort | Verein | 2. LäuferIn | 3. Läuferl | Zeit |
|-----------------------------|---------------------|----------------------|--------------------------|-------------|------------|--------|
| FUN Lang Herren (23) | | | 2.3 km 50 Hm 23 P | | | |
| 1 | Christoph Brander | 82 Nussbaumen | PG Hüttwilen | | | 12:46 |
| 2 | Christian Isler | 86 Felben-Wellhausen | PG Felben-Wellhausen | | | 14:04 |
| 3 | Dan Uebersax | 69 Homburg | PG Homburg | | | 14:20 |
| 4 | Frank Schmid | 91 Uesslingen | PG Uesslingen-Buch | | | 15:14 |
| 5 | Walter Kurz | 85 Oberwangen | - | | | 15:56 |
| 6 | Roman Müller | Warth-Weiningen | PG Warth-Weiningen | | | 16:34 |
| 7 | Fredy Zahner | 71 Stettfurt | PG Stettfurt | | | 17:09 |
| 7 | Timon Eugster | 93 Homburg | PG Homburg | | | 17:09 |
| 9 | Ismael Schmitter | 02 Rothenthurm | OLG Galgenen | | | 18:46 |
| 10 | Peter Oehy | 64 Diessenhofen | PG Diessenhofen | | | 18:54 |
| 11 | Lionel Witschi | 90 Stettfurt | PG Stettfurt | | | 19:21 |
| 12 | Peter Brunner | 62 Berg TG | - | | | 20:37 |
| 13 | Benjamin Gentsch | 60 Oberneunforn | PG Neunforn | | | 20:42 |
| 14 | Florian Gerold | 82 Felben-Wellhausen | - | | | 21:35 |
| 15 | Erich Gurtner | 67 Müllheim | PG Müllheim | | | 21:44 |
| 16 | Markus Schär | 56 Weinfelden | thurgorienta | | | 22:51 |
| 17 | Andreas Frankhauser | 80 Engwang | PG Wigoltingen | | | 23:08 |
| 18 | Roger Zehnder | 65 Frauenfeld | OLG Schaffhausen | | | 25:03 |
| 19 | Norbert Bantli | 75 Eschenz | - | | | 25:10 |
| | Florian Witschi | 98 Kefikon | - | | | Fehlst |
| | Roman Germann | 85 Uttwil | - | | | Fehlst |
| | Jürg Baggenstoss | 77 Balterswil | - | | | Fehlst |
| | Sascha Ozmec | 79 Tägerwilen | thurgorienta | | | Fehlst |

| Pl | Name | g Wohnort | Verein | 2. LäuferIn | 3. Läuferl | Zeit |
|----------------------------|-------------------|-------------------|----------------------|-------------|------------|--------|
| FUN Lang Damen (26) | | | | | | |
| 2.3 km 50 Hm 23 P | | | | | | |
| 1 | Nadia Ricklin | 97 St. Gallen | OLG St. Gallen/App. | | | 17:32 |
| 2 | Christine Eugster | 66 Hörhausen | PG Homburg | | | 17:43 |
| 3 | Monika Mörsch | Felben-Wellhausen | PG Felben-Wellhausen | | | 17:52 |
| 4 | Patricia Schmid | 98 Uesslingen | PG Uesslingen-Buch | | | 18:10 |
| 5 | Petra Brunner | 72 Berg TG | - | | | 18:24 |
| 6 | Melanie Meister | 93 Weisslingen | - | | | 19:32 |
| 7 | Franziska Gurtner | 72 Müllheim | PG Müllheim | | | 19:37 |
| 8 | Alexandra Bamert | 92 Hosentruck | OL Regio Wil | | | 19:40 |
| 9 | Anja Boltshauser | Warth-Weiningen | PG Warth-Weiningen | | | 20:22 |
| 10 | Luzia Schmid | 74 Homburg | PG Homburg | | | 21:00 |
| 11 | Martina Hofer | Neunforn | PG Neunforn | | | 21:24 |
| 12 | Rahel Zahner | 01 Stettfurt | PG Stettfurt | | | 21:25 |
| 13 | Janine Welna | 76 Buchackern | OL Amriswil | | | 21:44 |
| 14 | Nicole Ricklin | 68 St. Gallen | OLG St. Gallen/App. | | | 21:46 |
| 15 | Katja Wenk | 97 Hüttwilen | PG Hüttwilen | | | 22:14 |
| 16 | Carola Müller | 79 Illighausen | - | | | 22:49 |
| 17 | Franziska Meier | 94 Weiningen | - | | | 23:17 |
| 18 | Lisa Badertscher | 91 Frauenfeld | PG Warth-Weiningen | | | 24:24 |
| 19 | Julia Neff | 03 Islikon | - | | | 25:10 |
| 20 | Claudia Wyss | 74 Müllheim | - | | | 26:41 |
| 21 | Julia Seiterle | 94 Frauenfeld | - | | | 27:46 |
| 22 | Claudia Litscher | Eschenz | PG Eschenz | | | 28:34 |
| 23 | Claudia Beier | 72 8700 | - | | | 33:50 |
| 24 | Janine Rieser | 96 Uesslingen | PG Thundorf | | | 39:12 |
| | Lara Gansser | Diessenhofen | PG Diessenhofen | | | Fehlst |
| | Andrea Leuzinger | Thundorf | PG Thundorf | | | Fehlst |

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| FUN Kurz Herren (23) | | | 1.9 km 30 Hm 23 P | | | |
| 1 | Patrick Schiess | 76 Hüttwilen | PG Hüttwilen | | | 9:48 |
| 2 | Adrian Mischler | 97 Hüttwilen | PG Hüttwilen | | | 11:41 |
| 3 | Philipp Spring | 84 Müllheim Dorf | PG Müllheim | | | 12:18 |
| 4 | Nicolas Mischler | 94 Aadorf | - | | | 12:23 |
| 5 | Hansjörg Gasser | 67 Uesslingen | PG Uesslingen-Buch | | | 13:28 |
| 6 | Pascal Metzger | 98 Wigoltingen | - | | | 13:41 |
| 7 | Janis Gehri | 02 Matzingen | - | | | 13:59 |
| 8 | Marlene Berliat | Warth-Weiningen | PG Warth-Weiningen | | | 14:32 |
| 9 | Martin Götz | 65 Oberneunforn | - | | | 14:44 |
| 10 | Walter Ebinger | 44 Frauenfeld | PG Gachnang | | | 16:01 |
| 11 | Stefan Sigrist | 62 Wängi | - | | | 16:06 |
| 12 | Joel Kaufmann | 03 Stettfurt | PG Stettfurt | | | 16:15 |
| 13 | Claude Besançon | 58 Oberneunforn | PG Neunforn | | | 16:16 |
| 14 | Peter Friedli | 47 Diessenhofen | OL Diessenhofen | | | 17:24 |
| 15 | Dominik Spycher | Eschenz | PG Eschenz | | | 18:11 |
| 16 | Rolf Keller | Homburg | PG Homburg | | | 19:26 |
| 17 | Bruno Haldenstein | 63 Lustdorf | PG Thundorf | | | 20:08 |
| 18 | André Eugster | 65 Hörhausen | PG Homburg | | | 21:42 |
| 19 | Damian Cajacob | 94 Frauenfeld | | Wassmann Odin | | 21:43 |
| 20 | Pascal Rabault | 99 France | - | Tim | | 26:56 |
| 21 | Leana Gredig | 04 Oberneunforn | - | Silvan Bächli | Sven Hart | 1:20:09 |
| | Richard Häfeli | Stettfurt | PG Stettfurt | | | Fehlst |
| | Michi Schaltegger | 90 Lustdorf | thurgorienta | | | Aufg |

| Pl | Name | g Wohnort | Verein | 2. LäuferIn | 3. Läuferl | Zeit |
|----------------------------|----------------------|------------------------|--------------------------|-------------------|------------|--------|
| FUN Kurz Damen (24) | | | 1.9 km 30 Hm 23 P | | | |
| 1 | Laila Gurtner | 03 Müllheim | PG Müllheim | | | 11:19 |
| 2 | Daniela Schiess | 80 Hüttwilen | PG Hüttwilen | | | 11:41 |
| 3 | Sara Meister | 02 Warth-Weiningen | PG Warth-Weiningen | | | 12:52 |
| 4 | Isabelle Keller | 85 Homburg | PG Homburg | | | 13:10 |
| 5 | Tabea Meister | 05 Warth-Weiningen | - | | | 14:33 |
| 6 | Jana Gasser | 04 Uesslingen | PG Uesslingen-Buch | | | 14:47 |
| 7 | Ursina Arnold | Warth-Weiningen | PG Warth-Weiningen | | | 16:17 |
| 8 | Anke Thim | 64 Eschenz | PG Eschenz | | | 16:21 |
| 9 | Daria Grunder | Neunforn | PG Neunforn | | | 16:55 |
| 10 | Rilana Müller | 05 Weinfeldern | - | | | 17:26 |
| 11 | Selina Berglas | 04 Arnegg | - | | | 18:49 |
| 12 | Judith Austel | 89 Felben-Wellhausen | PG Felben-Wellhausen | | | 18:50 |
| 13 | Beatrice Haldenstein | 67 Lustdorf | PG Thundorf | | | 19:02 |
| 14 | Sophie Gubser | 04 Ellikon an der Thur | - | Stefani Gasser | | 19:23 |
| 15 | Sabrina Kreuzer | Felben-Wellhausen | PG Felben-Wellhausen | | | 20:13 |
| 16 | Katrin Geiger | 70 Aadorf | OL Regio Wil | Mitarbeiterin TKB | | 20:20 |
| 17 | Nicole Häfeli | Stettfurt | PG Stettfurt | | | 20:22 |
| 18 | Dorina Truniger | 70 Wigoltingen | PG Wigoltingen | | | 20:54 |
| 19 | Doris Tinner | 79 Gachnang | PG Gachnang | Claudia Althaus | | 22:44 |
| 20 | Susanna Klaus | 96 Münchwilen | - | | | 24:02 |
| 21 | Elsbeth Haslinger | 42 Brütten | BC Effretikon | | | 24:38 |
| 22 | Susi Gansser | 67 Diessenhofen | PG Diessenhofen | | | 26:10 |
| 23 | Therese Lenherr | 63 Rafz | - | | | 26:23 |
| | Mona Geiger | 08 Aadorf | OL Regio Wil | | | Fehlst |

| Pl Name | g Wohnort | Verein | 2. LäuferIn | 3. Läuferl | Zeit |
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| Sek Herren (3) | | 2.0 km 35 Hm 21 P | | | |
| 1 Yanik Specker | 06 Aadorf | OL Regio Wil | | | 13:27 |
| 2 Janis Berglas | 07 Arnegg | - | | | 17:04 |
| 3 Florian Umlaut | 08 Oberneunforn | - | Indermaur Nicola | | 28:35 |

| Pl | Name | g | Wohnort | Verein | 2. LäuferIn | 3. Läuferl | Zeit |
|----------------------|-----------------|----|------------|--------------------------|-----------------|------------|-------|
| Sek Damen (5) | | | | 2.0 km 35 Hm 21 P | | | |
| 1 | Larina Oswald | 07 | Hüttlingen | - | Laura Krattiger | | 14:42 |
| 2 | Nora Tschopp | 09 | Uhwiesen | OLG Dachsen | | | 14:46 |
| 3 | Nina Schneebeli | 07 | Lufingen | OLK Rafzerfeld | | | 17:17 |
| 4 | Giulia Wyss | 08 | Müllheim | - | | | 18:34 |
| 5 | Eliane Schnyder | 08 | Tägerschen | - | Noelia | | 32:32 |

| Pl | Name | g | Wohnort | Verein | 2. LäuferIn | 3. Läuferl | Zeit |
|--------------------------|------------------|----|---------------|--------------------------|-------------|------------|-------|
| Primar Herren (8) | | | | 1.9 km 40 Hm 20 P | | | |
| 1 | Leandro Specker | 08 | Aadorf | OL Regio Wil | | | 14:23 |
| 2 | Tiago Müller | 12 | Ennetaach | OL Amriswil | | | 15:36 |
| 3 | Niila Müggler | 09 | Eschenz | Kidz Eschenz | Malin | | 16:00 |
| 4 | Simeon Sterren | 12 | Rossrüti | OL Regio Wil | | | 17:22 |
| 5 | Tim Tschopp | 12 | Uhwiesen | OLG Dachsen | | | 22:40 |
| 6 | Jonathan Latscha | 12 | Frauenfeld | thurgorienta | | | 24:32 |
| 7 | Fabian Good | 12 | Nussbaumen TG | thurgorienta | Wick Carlo | | 25:19 |
| 8 | Enyo Weber | 13 | Nussbaumen | thurgorienta | | | 33:08 |

| Pl | Name | g | Wohnort | Verein | 2. LäuferIn | 3. Läuferl | Zeit |
|--------------------------|----------------------|----|--------------|--------------------------|-------------|------------|--------|
| Primar Damen (12) | | | | 1.9 km 40 Hm 20 P | | | |
| 1 | Martina Tinner | 12 | Gachnang | thurgorienta | | | 15:53 |
| 2 | Nina Friedli | 12 | Buchackern | OL Amriswil | | | 17:18 |
| 3 | Jelena Sterren | 10 | Rossrüti | OL Regio Wil | | | 17:33 |
| 4 | Mona Umlauf | 12 | Oberneunforn | - | | | 18:47 |
| 5 | Muriel Gysin | 12 | Frauenfeld | thurgorienta | | | 19:37 |
| 6 | Ronja Hofer | 09 | Oberneunforn | - | Lisa Umlauf | | 24:31 |
| 7 | Michelle Dennenmoser | 09 | Frauenfeld | thurgorienta | | | 24:57 |
| 8 | Daria Brunner | 11 | Illighausen | - | | | 27:05 |
| 9 | Luisa Fritschi | 09 | Winterthur | OLG Welsikon | | | 28:00 |
| 10 | Minna Bächli | 12 | Märwil | thurgorienta | | | 30:02 |
| 11 | Nerea Schegg | 13 | Märwil | OL Regio Wil | | | 46:22 |
| | Niculina Reubi | 12 | Weinfeldern | thurgorienta | | | Fehlst |

| Pl | Name | g Wohnort | Verein | 2. LäuferIn | 3. Läuferl | Zeit |
|---------------------------|-----------------------|-------------------|--------------------------|---------------------|------------|--------|
| Familien Kurz (24) | | | 1.8 km 30 Hm 18 P | | | |
| 1 | Isaiah Schiess | 12 8536 | - | | | 11:54 |
| 2 | André Beringer | 78 Oberneunforn | - | Sandra, Edi, Theo | | 15:50 |
| 3 | Andi Brunner | 64 Illighausen | - | Zoe Brunner | | 16:26 |
| 4 | Stephan Berger | Bertschikon | - | | | 17:15 |
| 5 | Matthias Gredig | 66 Affeltrangen | - | Livio,Andrin,Andrea | | 19:41 |
| 6 | Isabel Keller | 85 Hörhausen | - | Aurelie, Mia | | 20:30 |
| 7 | Adrian Schwarzer | 72 Uerschhausen | - | Mia | Levi | 20:58 |
| 8 | Stefan Hüsler | 79 Schaffhausen | OLG Galgenen | Mats | | 21:00 |
| 9 | Jonas Wacker | 84 Wigoltingen | | Sarah, Lea | Nora, Tina | 21:23 |
| 10 | Leonie Steinlin | 09 Winterthur | OLC Winterthur | | | 21:57 |
| 11 | Shoana Schiess | 15 Hüttwilen | - | | | 25:59 |
| 12 | Barbara Gossweiler | 77 Frauenfeld | - | | | 26:02 |
| 13 | Leon Schwarz | 13 Oberneunforn | - | Mila, Nadine, Beat | | 28:26 |
| 14 | Maximilian Gass | 13 Niederneunforn | - | Jakob, Elena | Beni, Ina, | 28:53 |
| 15 | Matti Bächi | 14 Märwil | thurgorienta | | | 29:33 |
| 16 | Alina Berger | 14 Wigoltingen | - | Nino, Mael, Madlai | Leano, Da | 29:44 |
| 17 | Adrian Moser | 75 Frauenfeld | thurgorienta | | | 30:31 |
| 18 | Monika Bräker | 82 St. Gallen | - | Leon | Emma | 31:40 |
| 19 | Evelyn Kurz | 84 Oberwangen | - | | | 31:43 |
| 20 | Carolyn Gasser | 80 Islikon | | Lian Livia | | 33:56 |
| 21 | Pia Moser | 44 Frauenfeld | thurgorienta | | | 34:28 |
| 22 | Ursina Berger-Landolt | 80 Bertschikon | OLG Welsikon | Marielle, Leanne | Flurin | 36:18 |
| 23 | Martin Graf | 80 Wängi | - | Lukas | Selina | 49:56 |
| | Jari Bächi | 13 Märwil | thurgorienta | | | Fehlst |

| Pl | Name | g Wohnort | Verein | 2. LäuferIn | 3. Läuferl | Zeit |
|---------------------------|---------------------|-----------------------|--------------------------|----------------|------------|--------|
| Familien Lang (16) | | | 2.0 km 40 Hm 21 P | | | |
| 1 | Kilian Held | 11 Weiningen TG | - | Silvan | Thomas | 14:50 |
| 2 | Lars Wirth | 05 Niederstetten | - | Timo | Svenja | 15:37 |
| 3 | Fabienne Schnyder | 77 Tägerschen | - | Manfred | Diana | 16:00 |
| 4 | Levi Brander | 08 Nussbaumen | - | Nicola | Salome | 16:21 |
| 5 | Adrian Geiger | 74 Zuzwil | - | Nuria | | 18:00 |
| 6 | Anita Weber | 78 Pfy | - | Ladina, Tim | | 18:29 |
| 7 | Laurin Fritschi | 11 Winterthur | OLG Welsikon | Michel Margrit | | 19:16 |
| 8 | Florian Küng | 72 Oberneunforn | - | Erika | Sebastian, | 21:51 |
| 9 | Lukas, Nga Zimmerma | 80 Warth Weiningen | - | Lyo | Moya | 23:35 |
| 10 | Nalina Weber | 14 Tobel | - | Noam | Christian | 23:58 |
| 11 | Raphael Plank | 70 Pfy | - | Jessica | | 25:42 |
| 12 | Patrick Geiger | 70 Aadorf | OL Regio Wil | Aniol | | 25:56 |
| 13 | Mirjam Mele | 77 Neukirch a.d. Thur | VSBB Berg-Birwinken | Joelle | Neolie | 29:52 |
| 14 | Anni Meier | 58 Oberneunforn | - | Roland, Dyleen | | 46:30 |
| | Marco Brönnimann | 10 Oberneunforn | - | Yvonne | | Fehlst |
| | Jakob Brander | 11 Nussbaumen | - | Joana | Christoph | Disqu |

| Pl | Name | g | Wohnort | Verein | 2. LäuferIn | 3. Läuferl | Zeit |
|-------------------|------------------|----|-----------------|--------------------------|-----------------|------------|-------|
| Sie+Er (9) | | | | 2.4 km 70 Hm 23 P | | | |
| 1 | Claudia Gehrig | 74 | Neukirch-Egnach | OL Amriswil | | | 23:36 |
| 2 | Ignaz Stäheli | 71 | Frauenfeld | - | | | 25:30 |
| 3 | Michael Denzler | 96 | Truttikon | OLG Welsikon | Sabrina Grunder | | 26:30 |
| 4 | Koni Bähler | 73 | Eschenz | - | | | 27:17 |
| 5 | Stefanie Koch | 87 | Frauenfeld | - | Mario Müller | | 27:21 |
| 6 | Daniel Müller | 60 | Mattwil | - | | | 28:13 |
| 7 | Sara Wüger | 74 | Kreuzlingen | - | Rafael, Luca | | 38:58 |
| 8 | Urs Baumann | 48 | Zürich | - | Ortitis Susanne | | 42:19 |
| 9 | Thomas Bissegger | 66 | Weinfelden | - | Sigrid | | 53:19 |